

Loudoun County Department of Parks, Recreation & Community Services

Activity Guide

Summer 2012

INSIDE

Fourth of July
Events

New
Summer Camps

New
Nature Programs

Senior
Summer Trips

GENERAL
REGISTRATION

June 5

SENIOR
REGISTRATION

June 4



www.loudoun.gov/prcs



All fun, all summer long!

PRCS 2012

SUMMER CAMPS

LOUDOUN COUNTY DEPARTMENT OF PARKS, RECREATION & COMMUNITY SERVICES



REGISTRATION
IS ON-GOING
LOUDOUN.GOV/CAMPS



WHAT'S INSIDE

Events, Programs & Classes

June 16, 2012-
August 31, 2012

General Registration for Summer Activities

Begins June 5

Senior Registration

Begins June 4

Summer Camp Registration

Is on-going

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Cover photos: Courtesy Dulles South Multipurpose Center & Franklin Park

ACTIVITY GUIDE SCHEDULE

ONLY the fall Activity Guide is mailed. The winter, spring, and summer Activity Guides are available at PRCS centers and parks, as well as Loudoun County libraries and most County Government buildings. The current guide is always available online at www.loudoun.gov/prcs.

GENERAL INFORMATION: What You Need to Know About ...

GENERAL REGISTRATION

Online and walk-in registration for senior activities only begins at 9:00 a.m. on 6/5/12 for County residents. Online registration for all activities begins at 12:01 a.m. on 6/5/12 for County residents. Walk-in registration at PRCS facilities begins on 6/5/12 for County residents when the facilities open (during normal business hours for each location). Online registration begins at 12:01 a.m. on 6/12/12 for non-residents (including seniors). Walk-in registration at PRCS facilities begins on 6/12/12 for non-residents (including seniors) when the facilities open; in other words, during normal business hours for each location.

MAIL-IN REGISTRATION

Send a completed registration form and payment (check or money order made out to "County of Loudoun") to Loudoun County PRCS, 215 Depot Court, SE, Leesburg, VA

20175. An activity registration form is included in this guide. Forms can also be downloaded from www.loudoun.gov/prcs. Mail-in registrations are processed on a random basis, beginning at 8:30 a.m. on 6/5/12 for residents and 6/12/12 for non-residents. Credit card payments will not be accepted by mail. All mail-in registrations must include payment by check or money order.

ONLINE REGISTRATION

Webtrac is an online registration system for enrolling in PRCS activities using a household identification number and password. A new household account can be requested online at www.loudoun.gov/webtrac. A new account number and password will be sent to your email address in 2-5 business days. With a household ID number and password, you can register and pay for most activities using VISA, Discover, or MasterCard. If you have forgotten your account information, you can

retrieve your ID and password at www.loudoun.gov/webtrac. If you require additional assistance, please contact your local PRCS center/park or the administrative office before the first day of registration!

REGISTRATION FOR LICENSED PROGRAMS

Additional forms and on-site registration are required for licensed programs. Please refer to the corresponding section in this activity guide or www.loudoun.gov/prcs for specific registration procedures for licensed preschool, before & after school programs and licensed summer camps.

PAYMENTS

Registration fees are due at the time of registration, unless otherwise noted. Online registrations must be paid by credit card. Cash, check, money order, or credit card payments

GENERAL INFORMATION: WHAT YOU NEED TO KNOW

can be made in person. Checks or money orders must be made payable to "County of Loudoun" Your social security number or driver's license number must be included on any check in order to process the registration. Payments by check or money order can also be mailed to the PRCS administrative office. Do not send cash or credit card information by mail. Do not include supply fees in total paid. Supply fees are payable to the instructor at the first class.

TAX INFORMATION

A "global childcare statement" can be printed using Webtrac. The option is located under "my account" after logging into Webtrac. A statement can be printed for any calendar year. Please note that the system defaults to 2007, if you do not select the year. Visit www.loudoun.gov/webtrac.

PROGRAM REFUNDS & CANCELLATIONS

Our goal is to ensure quality programs. If you are dissatisfied with the quality of a class/program in which you are currently enrolled, you may request a refund according to the following policy:

Refund requests must be submitted in writing and include an explanation of why the participant is disappointed with the quality of the particular class/program. The written request should be dated and sent by email, fax, or mail directly to the facility manager or program manager offering the class/program. Only written requests will be accepted. The amount of any refund will be prorated based on the number of remaining class/program sessions.

If you need to cancel a class/program registration, and you make the request 15 or more days before the start date, a full refund will be offered - MINUS a 15% administrative fee (to a maximum of \$15). If you cancel a class/program registration 14 or fewer days before the start date, a 50% refund will be offered. Cancellation requests must be submitted in writing. The request should be dated and sent by email, fax, or mail directly to the facility or program manager offering the class/program.

The Department reserves the right to cancel or change a class or activity due to insufficient enrollment or other reasonable cause. A full refund (including any applicable registration fee) will be offered.

FINANCIAL ASSISTANCE

For qualifying families, financial support may be available for reimbursement of the cost of certain Adaptive Recreation activities sponsored by Loudoun County PRCS. The major qualification for respite is MR diagnosis. For more information, call MR Services at 703-777-0377.

NON-RESIDENT FEES

An additional 50 percent of fees will be charged for individuals residing outside of Loudoun County.

NOTICE TO PARTICIPANTS

Participants must recognize that all classes and activities of a physical nature involve some risk and, by registering for a class or activity of this nature, there is an assumption of risk by the participant and/or parent. Loudoun County Department of Parks, Recreation and Community Services is dedicated to providing safe facilities and equipment for all participants, as well as qualified staff.

SUPPLIES AND MATERIALS

Cost of supplies and materials is included in class or activity fee unless otherwise stated. If a supply fee is listed, it must be paid to the instructor on the first day of class.

TRANSPORTATION

When transportation is provided, spaces are filled on a first-come, first-served basis.

TRIP POLICY

There will be no smoking or alcoholic beverages allowed on any vehicles used for Department trips including motor buses. Due to outside costs associated with arranging and booking trips, there will be no refund when a participant cancels a trip registration.

RENTALS

Rental space is available at most centers and parks including rooms, pavilions, and gyms for private parties, meetings, and other activities. Contact the preferred center or manned park directly for available dates, times and rental rates. Rental fees are non-refundable. For unmanned facilities, please call 703-777-0343.

VOLUNTEERS

For information on volunteer opportunities, including PRCS advisory boards and councils, please contact your local center, park or program representative, or call 703-777-0343. Those interested in working with Loudoun residents with disabilities, including Special Olympics and VSA arts, should call 703-771-5010 or 703-777-0438.

PROGRAM ACCESSIBILITY/ADA

The Loudoun County Department of Parks, Recreation and Community Services (PRCS) is committed to complying with the Americans with Disabilities Act (ADA). If you need ac-

commodations in order to participate in PRCS activities, please contact the program or location manager (or PRCS administrative office) two weeks prior to the start of the activity. Phone: 703-777-0343, TTY: 703-771-5352, Email: pres@loudoun.gov.

CLOSINGS/POSTPONEMENTS

In case of inclement weather, public holidays or emergencies, the Department will determine cancellation or postponement of programs. If you are in doubt as to whether or not activities will be held, call the program location or the administrative office at 703-777-0343. For sport league information, call the Sports cancellation line at 703-777-0456.

INCLEMENT WEATHER POLICY

When Loudoun County Government is closed, PRCS facilities are closed and all recreation programs are cancelled.

When Loudoun County Government makes a decision to close after the start of normal business hours, parents must make arrangements to pick up their children from all PRCS programs and locations right away. The facilities will close when the last child has been picked up.

When Loudoun County Schools announce that schools are closed for the day (and the Government is open):

- All PRCS classes, programs, activities and services, except Childcare, are cancelled. PRCS facilities are open for business matters, childcare and drop-in programs. Childcare opens at 8:00A.
- All PRCS programs held in school facilities are cancelled.
- Evening programs held in PRCS facilities scheduled from 5PM until closing may be held; confirm directly with the site offering the activity, or by calling 703-777-0456.

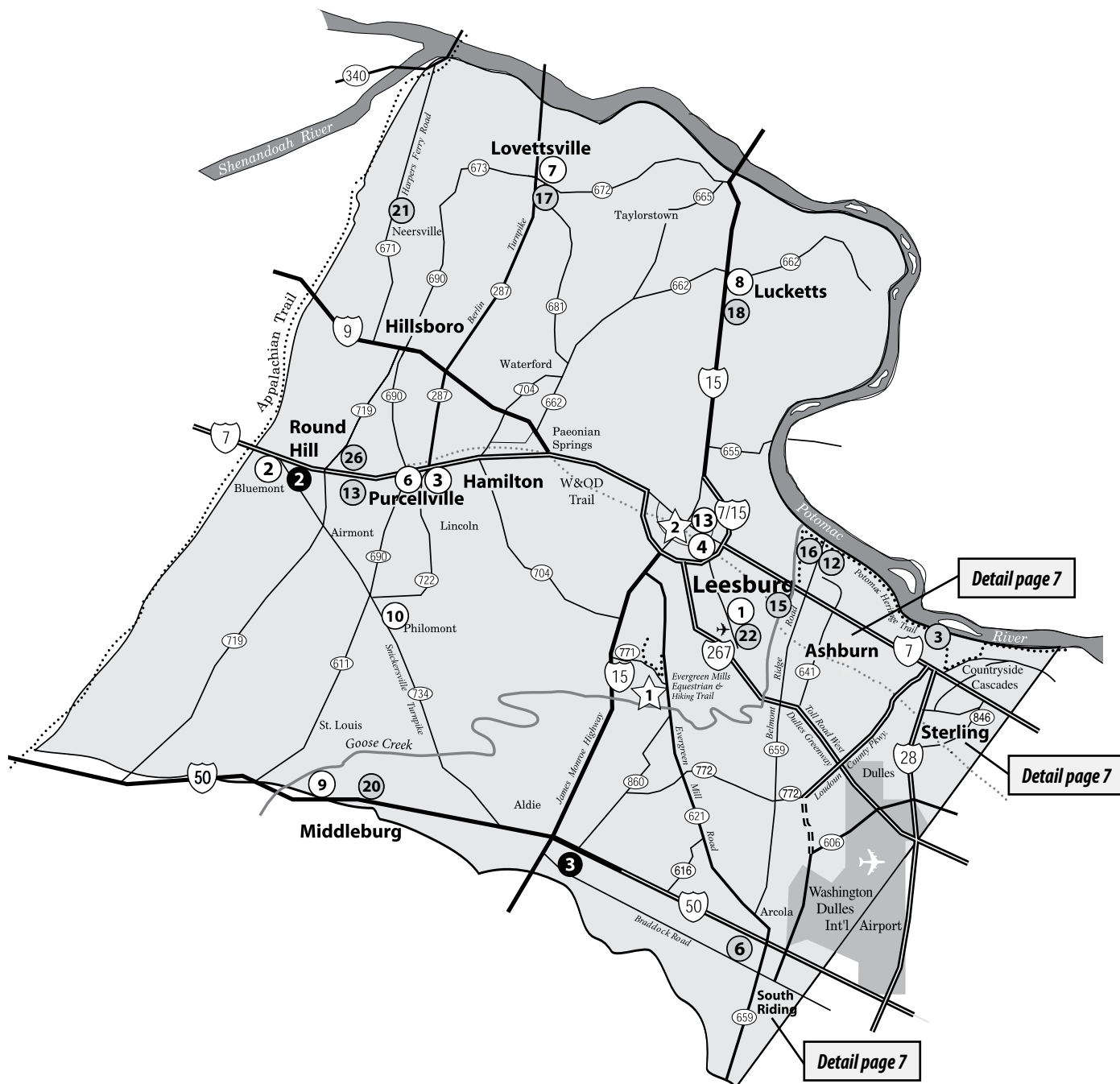
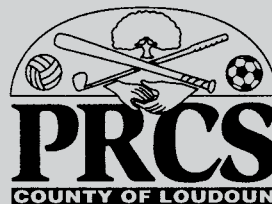
When Loudoun County Schools announce a one-hour delay, all PRCS classes, programs, activities and services operate on time.

When Loudoun County Schools announce a two or more hour delay, all morning PRCS classes, programs, activities and services, except Childcare, are cancelled. Childcare sites open on time. All PRCS facilities will open by 9AM for business matters and drop-in programs.

When Loudoun County schools announce an early dismissal, all evening PRCS classes, programs and activities, including CASA, are cancelled. Childcare sites and Adult Day Center remain open only until the last participant is picked up.

Please keep track of changing weather conditions and call the appropriate PRCS facility or the administrative office at 703-777-0343 with any questions.

FACILITIES MAP



For directions to PRCS facilities, visit www.loudoun.gov/prcs.

KEY TO FACILITIES

PRCS CENTERS ○

- ① **Adult Day Center at Leesburg**
16501 Meadowview Court
Leesburg
703-771-5334
- ② **Bluemont Community Center**
20 High Street
Round Hill *(temp location)*
540-338-4485
- ③ **Carver Center**
200 Willie Palmer Way
Purcellville
571-258-3400
• Adult Day Center at Carver
571-258-3402
- **Claude Moore Community Center (See ⑧)**
46111 Loudoun Park Lane
Sterling
571-258-3500
- **Claude Moore Recreation Center (See ⑧)**
46105 Loudoun Park Lane
Sterling
571-258-3600
- ④ **Douglass Community Center**
405 E. Market Street
Leesburg
703-771-5913
- ⑤ **Dulles South Multipurpose Center**
24950 Riding Center Drive
South Riding, VA
571-258-3456
• Dulles South Senior Activity Center
571-258-3883

Eastern Loudoun Adult Day Center
Opening Summer 2012
45140 Riverside Parkway
Ashburn, VA
571-258-3232
- ⑥ **Loudoun Valley Community Center**
320 W. School Street
Purcellville
540-338-4122
- ⑦ **Lovettsville Community Center**
57 E. Broad Way
Lovettsville
540-822-5284
- ⑧ **Lucketts Community Center**
42361 Lucketts Road
Leesburg
703-771-5281

- ⑨ **Middleburg Community Center**
300 W. Washington Street
Middleburg
540-687-6375
- ⑩ **Philomont Community Center**
36592 Jeb Stuart Road
Philomont
540-338-5882
- ⑪ **Senior Center at Cascades**
21060 Whitfield Place
Sterling
703-430-2397
- ⑫ **Sterling Community Center**
120 Enterprise Street
Sterling
703-430-9480
- ⑬ **The Senior Center of Leesburg**
102 North Street, N.W.
Leesburg
703-777-0257

PARKS & SPORTSPLEXES ○

- ① **Ashburn Park**
43645 Partlow Road
Ashburn
- ② **Beth Miller Park**
20270 Leier Place
Ashburn
- ③ **Bles Park**
44830 Riverside Parkway
Ashburn
- ④ **Brambleton Fields Site**
22389 Belmont Ridge Road
Ashburn
- ⑤ **Briar Patch Park**
21660 Sterling Boulevard
Sterling
- ⑥ **Byrne's Ridge Park**
24915 Mineral Springs Circle
Aldie
- ⑦ **Chick Ford & Ryan Bickel Fields**
21594 Ashburn Village Boulevard
Ashburn
- ⑧ **Claude Moore Park**
21544 Old Vestals Gap Road
Sterling
571-258-3700
• Claude Moore Community Center
• Claude Moore Recreation Center
• Lanesville Heritage Area
• Loudoun Heritage Farm Museum

- ⑨ **Conklin Park**
25701 Donegal Drive
Chantilly
- ⑩ **Countryside Park**
20756 Countryside Boulevard
Sterling
- ⑪ **Edgar Tillett Memorial Park**
21561 Belmont Ridge Road
Ashburn
- ⑫ **Elizabeth Mills Riverfront Park**
44105 Heron Way
Leesburg
• Kephart Bridge Landing
- ⑬ **Franklin Park**
17501 Franklin Park Drive
Purcellville
540-338-7603
• Franklin Park Perf. & Visual Arts Center
- ⑭ **Greg Crittenden Memorial Park**
21401 Windmill Drive
Ashburn
- ⑮ **Keep Loudoun Beautiful Park**
43055 Golf Club Road
Leesburg
• **Kephart Bridge Landing (See ⑫)**
43942 Riverpoint Drive
Leesburg
- ⑯ **Lansdowne Sports Park**
18900 Kipheart Drive
Leesburg
- ⑰ **Lovettsville Community Park**
12565 Milltown Road
Lovettsville (under development)
- ⑱ **Lucketts Community Park**
14560 James Monroe Highway
Leesburg
- ⑲ **Lyndora Park**
43624 Lucketts Bridge Circle
Ashburn
- ⑳ **Mickie Gordon Memorial Park**
22670 Carter's Farm Lane
Middleburg
- ㉑ **Nell Boone Park**
11756 Harper's Ferry Road
Purcellville (Neersville)
- ㉒ **Philip A Bolen Memorial Park**
42405 Claudia Drive
Leesburg
- ㉓ **Potomack Lakes Sportsplex**
20280 Cascades Parkway
Sterling

KEY TO FACILITIES

- 24 **Ray Muth Sr. Memorial Park**
20971 Marbelhead Drive
Ashburn
- 25 **Trailside Park**
20375 Claiborne Parkway
Ashburn
- 26 **Woodgrove Park**
17020 Evening Star Drive
Round Hill

CULTURAL & HISTORIC FACILITIES

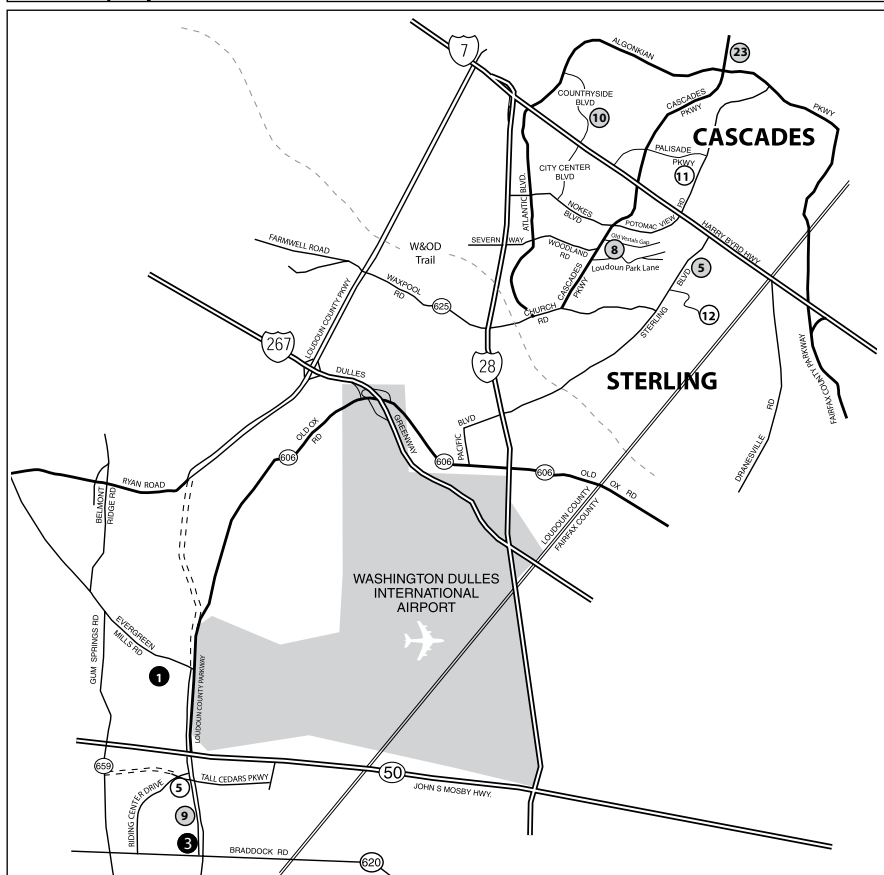
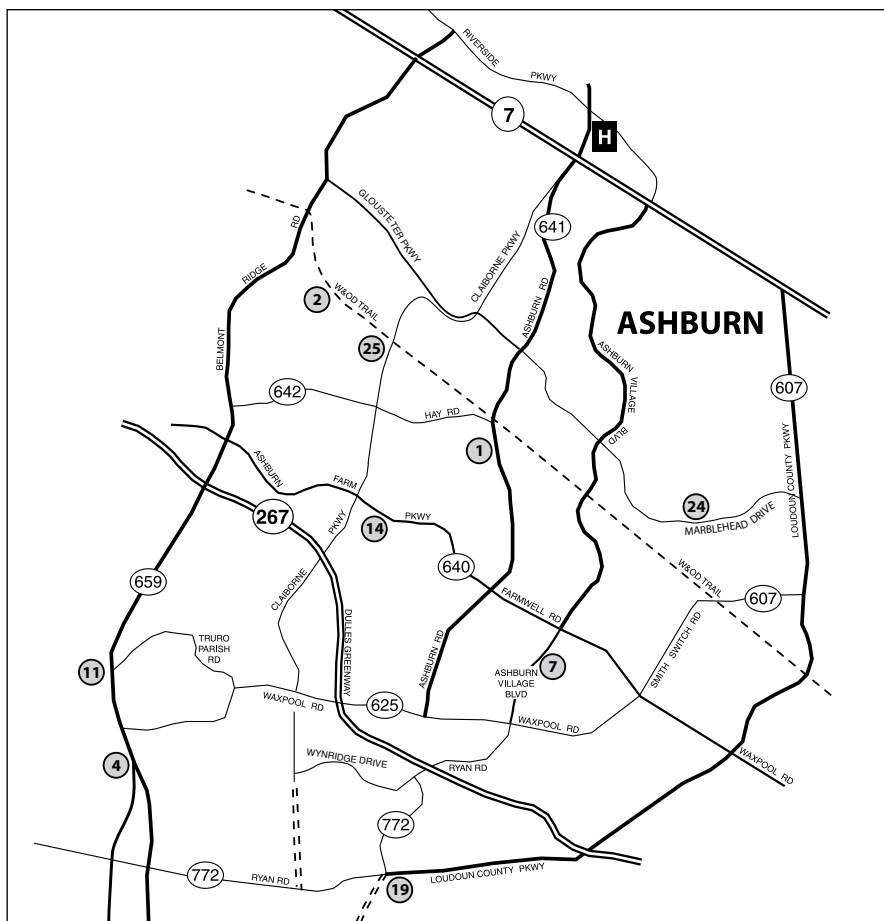
- 1 (Arcola) **Slave Quarters (no inside access)**
25077 Evergreen Mills Road
Sterling
- **Carver Center (See 4)**
- 2 **E.E. Lakes General Store (no inside access)**
18351 Railroad Street
Bluemont
- **Franklin Park Performing & Visual Arts Center (See 13)**
36441 Blueridge View Lane
Purcellville
540-338-7973
- **Lanesville Heritage Area (See 8)**
- **Loudoun Heritage Farm Museum (See 8)**
21668 Heritage Farm Lane
Sterling
571-258-3800
- 3 **Settle-Dean Cabin (no inside access)**
25625 Loudoun County Parkway
Chantilly

OTHER PRCS FACILITIES

- ★ **Banshee Reeks Nature Preserve**
21085 The Woods Road
Leesburg
703-669-0316
- ★ **PRCS Administrative Office**
215 Depot Court, SE
Leesburg
703-777-0343

TRAILS

Evergreen Mills Equestrian & Hiking Trail
21332 The Woods Road (closed temporarily)
Leesburg





2012 Youth Fest



FEATURING



Love Like Woe and Young Forever

the Ready Set

PLUS

Loudoun's top teen bands and singers

Rain or Shine

June 16, 2012 3pm-8pm

Brambleton Town Center

(Entrance at North Star Blvd and Soave Drive—behind Sport and Health)



\$5



Attractions!

Giant Obstacle Course
Rock Wall
Sports Challenges
2nd Annual Manhattan Pizza, Pizza Eating Contest

Exhibits & Fun

Spray Tattoos
Raffle and Prizes
Free bags to first 500 teens!



www.loudounteens.org



Brambleton

A Smart Community

Miller & Smith



92.5
WINC FM



Van Metre
BUILDING TRUST FOR GENERATIONS SINCE 1956
VanMetreHomes.com



STUDIO ROCK
OF NORTHERN VIRGINIA

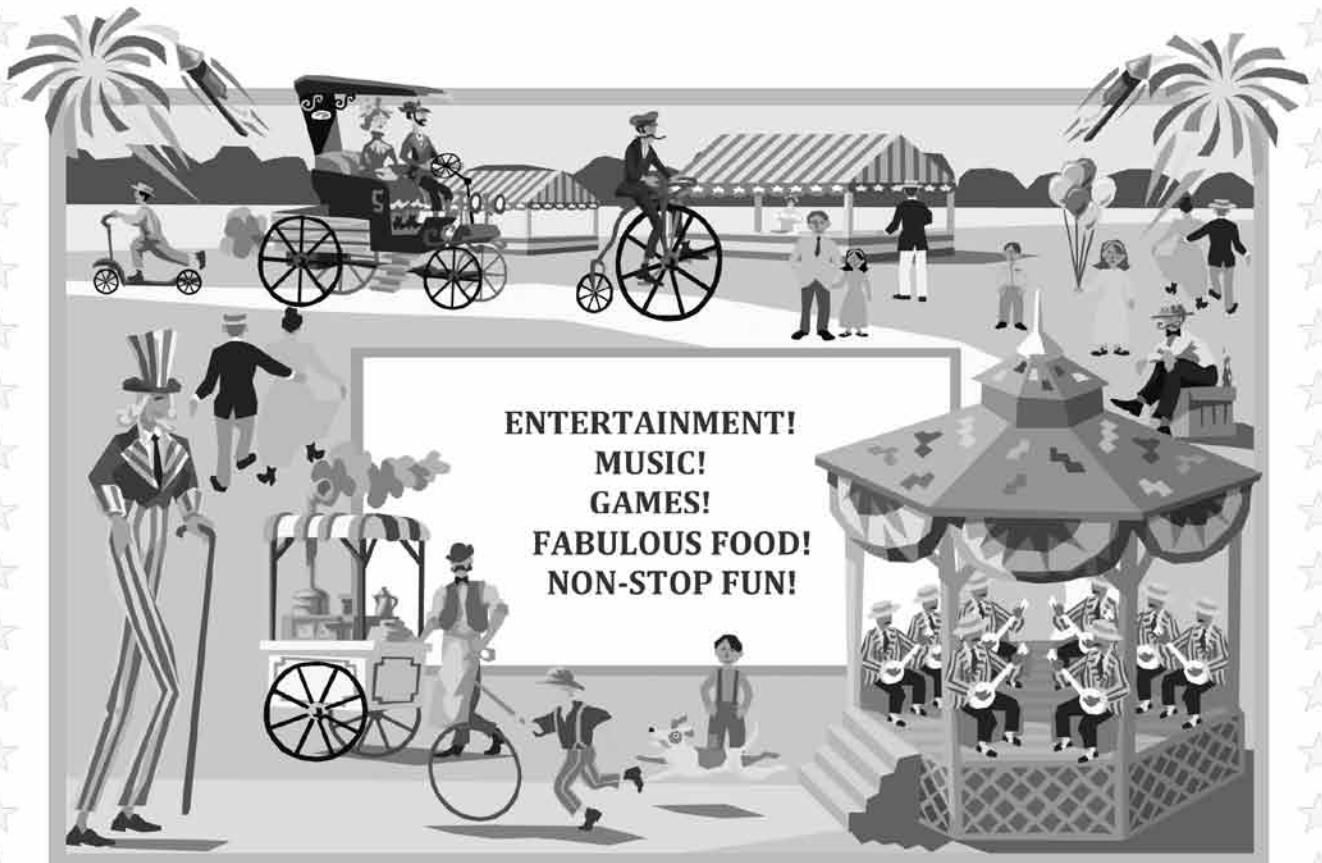


Heritage Landscaping and Brambleton HOA

Get your tickets in advance at www.ticketstobuy.com/youthfest or at any of Loudoun's Manhattan Pizza locations. Advanced sales discounts available.

PLEASE JOIN US!

At the annual "STATE FAIR"
For PRCS Volunteers & their Families
June 7, 2012
6:30 p.m. – 8:00 p.m.



Loudoun County Department of Parks, Recreation & Community Services
www.loudoun.gov/prcs

Join the event on Facebook at www.facebook.com/loudounprcs.

SPECIAL EVENTS COUNTYWIDE

This section lists some of our countywide special events offered by community centers, senior centers, parks and other PRCS facilities, listed in chronological order. Please call the number listed for more information

JUNE

DOUGLASS COMMUNITY YARD SALE

(Ages 18 & up) Bring your old or unwanted items to sell every Saturday of the month at DCC. Price includes general ad in local classified section. Vendors must register in advance to guarantee a space. \$10 per space (+\$5 per table). Call 703-771-5913.

Location: Douglass Community Center

Free Event

Sa	on-going	8:00A-2:00P
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PHILOMONT COMMUNITY YARD SALE

(Ages 18 & up) Bring your old or unwanted items for sale. Space rental price includes general ad in local classified section. Free admission for shoppers. Vendors must register in advance. Call 540-338-5882

Location: Philomont Community Center

411501-01	\$15.00/Space	
Sa	6/9-6/9	8:00A-2:00P
411501-02	\$5.00/Table	
Sa	6/9-6/9	8:00A-2:00P

COMMUNITY YARD SALE

(Ages 18 & up) Our SCC yard sale is held on the second Saturday of the month. Registration includes site space 10x10, 6 foot table, and 1 chair. Price includes general ad in local classified section. Vendors must call or come in to register and pay in advance. Free admission for shoppers. Call 703-430-9480.

Location: Sterling Community Center

403709-01	\$10.00	
Sa	6/9-6/9	8:00A-2:00P

WESTERN LOUDOUN ARTISTS STUDIO TOUR

(All ages) Franklin Park Arts Center is one of many stops on the 6th Annual Western Loudoun Artists Studio Tour, where you can see artists in their studios, creating and selling their work. For more information about this year's self-guided tour, visit www.wlast.org. Call 540-338-7973.

Location: Franklin Park Arts Center (and studios)

Free event

Sa	6/9-6/9	10:00A-5:00P
Su	6/10-6/10	10:00A-5:00P

BUNCEAROO PRESENTS: THE ALTERNATE ROUTES AND BRONZE RADIO RETURN

(All ages) The Alternate Routes' are a band that's never really fit in—in a good way. They've been something of a rogue wave in an ocean of bands. They built a fan base the old fashioned way, by driving around the country in a big, white Ford Econoline van, winning crowds over one-person-at-a-time with solid, catchy songs and an explosive live show. Bronze Radio Return is a band from New England that has just completed their sophomore album which manages to span multiple eras of time and various places, in essence creating a new sonic space. Call 540-338-7973. Purchase tickets online at www.buncearoo.com.

Location: Franklin Park Arts Center

Tickets:	\$15 All Seats	
Sa	6/9-6/9	7:00P

PARENTS' ESCAPE NIGHT

(Ages 2-10) Head out for a night on the town while we take care of the little ones. We guarantee they'll be entertained with our "moonbounce paradise," activities, games, crafts, movies, pizza, drinks and more! Kids will be divided into separate age groups. Call 703-430-9480.

Location: Sterling Community Center

403704-01	\$15.00	
F	6/15-6/15	5:30P-9:00P

STERLING 3-ON-3 STREETBALL TOURNAMENT

(Ages 13 & up) Join SCC for the first annual 3-on-3 street ball tournament! Individuals must pre-register and submit a team registration form. Teams must have a minimum of three and maximum of five players. Teen and adult brackets available. Call 703-430-9480.

Location: Sterling Community Center

403705-01	\$10.00	
Sa	6/23-6/23	9:00A-8:00P

KARAOKE NIGHT

(All ages) Join us for an evening of fun with Karaoke at the pool. This event is included in daily pool admission. For more information, call 540-687-6375.

Location: Middleburg Community Center

Pool Admission

Th	6/28-6/28	5:00P-7:00P
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JULY

DOUGLASS COMMUNITY YARD SALE

(Ages 18 & up) See description for June.

Location: Douglass Community Center

Free Event

Sa	on-going	8:00A-2:00P
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INDEPENDENCE DAY 3-DAY CELEBRATION

(All ages) Our celebration features a Family Pool Party on Sunday, an Outdoor Movie on the Town Green on Monday, and the Parade, "Block" Party, and Fireworks on Tuesday. You must pre-register for free admission to the pool party. Visit www.loudoun.gov/lovettsvillecc for a complete schedule. Call 540-822-5284.

Location: Lovettsville Community Center

428702-01	Free (advance)	Pool Party
Su	7/1-7/1	7:00P-9:00P
Free event	The Pink Panther (1964)	
M	7/2-7/2	8:00P-10:30P
Free event	Parade, party and fireworks	
Tu	7/3-7/3	5:30P-9:30P

OL' TIME 4TH OF JULY CELEBRATION

(All ages) Celebrate an old-fashioned Fourth of July with pony and wagon rides, music, crafts, nature exhibits, historic tours, old-time and family games, a *Reptiles Alive* show, and concessions. Use Loudoun Park Lane entrance. Register in advance or pay at door (cash/check only). Call 571-258-3700.

Location: Claude Moore Park Historic Area

461710-01	\$5/Ages 5 & up; Free/4 & under	
W	7/4-7/4	10:30A-3:00P

JULY 4TH CELEBRATION

(All ages) Celebrate America's Independence Day while enjoying music, food, fun and fireworks at dark. Call 540-338-7973.

Location: Franklin Park

Pay at gate	\$5.00/carload	
W	7/4-7/4	6:00P

SPOTLIGHT STUDIO MUSICAL THEATRE CAMP

(All ages) The Spotlight Studio for Musical Theatre is a private instruction studio for voice and acting. Productions for middle and high school aged youth are currently offered in the summer. The show this summer will be 13 - The Musical. Call 540-338-7973.

Location: Franklin Park Arts Center

Tickets:	\$5 All Ages	
Th	7/5-7/5	7:00P
F	7/6-7/6	1:00P

BUILD AND BOUNCE

(Ages 10 & under) Our gym will be filled with building blocks and moonbounces galore. DUPLO and LEGO blocks, gears, and other building toys for different age groups will be available for participants to test their engineering skills. Participants can jump in our moonbounces to get the creative juices flowing. Call 703-430-9480.

Location: Sterling Community Center

403711-01	\$6.00	
Sa	7/7-7/7	10:30A-12:00P

PIE ARTS: A CHORUS LINE

(Ages 18 & up) A Chorus Line is a 1975 musical about Broadway dancers auditioning for spots on a chorus line. The book was authored by James Kirkwood, Jr. and Nicholas Dante, lyrics were written by Edward Kleban, and music was composed by Marvin Hamlisch. The mission of the Piedmont Arts Foundation is to support Loudoun County, Virginia Secondary Schools, focusing primarily on theater arts and Drama Department supplemental funding. Call 540-338-7973.

Location: Franklin Park Arts Center

Tickets:	\$10/Advance, \$12/ At Door	
Th	7/12-7/12	8:00P
F	7/13-7/13	8:00P
Sa	7/14-7/14	8:00P
Su	7/15-7/15	2:30P

A NIGHT IN THE PARK

(All ages) Join us for a night under the stars. Family entertainment and food provided. Bring a blanket. Call 540-338-5882.

Location: Philomont Community Center

411502-01	\$5.00/person	
F	7/13-7/13	6:00P-7:30P

OUTDOOR MOVIE IN THE TOWN GREEN

(All ages) Movie begins at dusk, with occasional activities prior to the movie. Bring chairs and blankets; picnics are encouraged. Co-sponsored by the Town of Lovettsville and Lovettsville Community Center. Call 540-822-5284.

Location: Lovettsville Town Green

Free event	<i>Charlotte's Web</i> (2006) (G)	
F	7/13-7/13	8:00P-10:15P

COMMUNITY YARD SALE

(Ages 18 & up) See description for June.

Location: Sterling Community Center

403709-02	\$10.00	
Sa	7/14-7/14	8:00A-2:00P

CELEBRATE ICE CREAM DAY

(All ages) Join us for an old-fashioned Ice Cream Social as we celebrate National Ice Cream Day. Call 703-771-5281.

Location: Lucketts Community Center

Free event		
M	7/16-7/16	12:00P-2:00P

PARENTS' ESCAPE NIGHT

(Ages 2-10) See description from June.

Location: Sterling Community Center

403704-02	\$15.00	
F	7/20-7/20	5:30P-9:00P

ZOO DAY

(All ages) We're welcoming visitors of all ages (not just seniors) to enjoy a special presentation by the Wildlife Ambassadors at 11:00 a.m., along with farm animals and pocket pets. A hot dog lunch will be available at noon for a modest fee. Visitors are asked to bring a donation for Wildlife Ambassadors. Please see Carver's July newsletter for a list of suggested items at www.Loudoun.gov/Carver. Call 571-258-3400.

Free event

F	7/20-7/20	10:30A-1:30P
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BITWC THEATRE: THE MISS FIRECRACKER CONTEST

(All ages) The Miss Firecracker Contest is a comic volcano of a play erupting from Mississippi, populated by offbeat but vital, larger-than-life characters. Carnelle Scott, "Miss Hot Tamale" is rehearsing furiously for the Miss Firecracker Contest—hoping a victory will salvage her tarnished reputation. Call 540-554-8889.

Location: Franklin Park Arts Center

Tickets:	\$15.00 All Ages	
F	7/20-7-20	8:00P
Sa	7/21-7/21	8:00P
Su	7/22-7/22	3:00P

PARKING LOT ART PARTY

(Ages 6 & under) We're roping off our lawn and parking lot for a summer art party! We'll provide chalk, paint, and glitter for your creations. Clean up before the ride home with our baby pools, hoses, and water toys. Call 703-430-9480.

Location: Sterling Community Center

403720-01	\$6.00	
Sa	7/21-7/21	10:00A-12:00P

LOVETTSVILLE CARDBOARD BOAT REGATTA

(All ages) Float, Sink or Swim? Contestants make boats out of cardboard and tape and rely on their inventions to keep them afloat as they travel across the pool. The fastest boats have the opportunity to compete in the finals. Only 12 spots are available, so register your team early. Email lovcc@loudoun.gov for rules. Concessions will be open. Call 540-822-5284.

Location: Lovettsville Community Pool

402704-01	Free	Boat Entry
Pay at door		\$3/Ages 3 & up, \$.50/Ages 2 & under
Su	7/22-7/22	7:00P-9:00P

NOT JUST SHAKESPEARE: TWELFTH NIGHT

(All ages) Not Just Shakespeare is a classically-inspired community theater group that performs in Leesburg and western Loudoun. When twins Viola and Sebastian are separated in a shipwreck, they soon find themselves caught up in adventure and

romance with all of the eccentric residents of the land of Ilyria. Call 540-338-7973

Location: Franklin Park Arts Center**Free Event**

F	7/27-7/27	8:00P
Sa	7/28-7/28	8:00P
Su	7/29-7/29	3:00P

AUGUST**DOUGLASS COMMUNITY YARD SALE**

(Ages 18 & up) See description for June.

Location: Douglass Community Center**Free Event**

Sa	on-going	8:00A-2:00P
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FAMILY LUAU

(All ages) The pool will be open late for this fun-filled evening of wacky games, swimming and music. All regular concession items will be available, with the addition of cheese & pepperoni pizza and fruit punch snow cones. Call 540-822-5284.

Location: Lovettsville Community Pool

Pay at door	\$3/Ages 3 & up, \$.50 2 & under	
W	8/1-8/1	7:00P-9:00P

GROWING STAGE CAMP: GREASE

(All ages) The Growing Stage Theatre, Inc. is a non-profit theatre group that has been producing camps and workshops in Loudoun County since 1994. The musical, "Grease" presents Rydell High's senior class of 1959: duck-tailed, hot-rodding "Burger Palace Boys" and their gum-snapping, hip-shaking "Pink Ladies" in bobby sox and pedal pushers, evoking the look and sound of the 1950s. Call 540-338-7973.

Location: Franklin Park Arts Center**Free Event**

Th	8/2-8/2	7:00P
F	8/3-8/3	7:00P

THE IMMORTALS

(All ages) The Immortals are a group of teens who have achieved amazing success in Loudoun County. Formed from students of Frank Keims' Loudoun Music Instruction in Lovettsville, they have performed at Youth Fest, Rock the Field and were even invited to play at the Rock and Roll Hall of Fame! This will be the final concert before college for some members! Call 540-338-7973.

Location: Franklin Park Arts Center

Tickets:	\$7/All Ages	
Sa	8/4-8/4	7:00P

NATIONAL NIGHT OUT

(All ages) Take the night off and get to know your neighbors and local safety personnel. Activities begin at 6:30 p.m., with swimming from 7:15-

9:00 p.m. and lots of surprises! Co-sponsored by the Town of Lovettsville, Loudoun County Sheriff's Office and Lovettsville Community Center. Call 540-822-5284.

Location: Lovettsville Community Ctr. & Pool

Free event

Tu 8/7-8/7 6:30P-9:00P

NATIONAL NIGHT OUT

(All ages) Let's celebrate National Night Out as a community. Come and meet your local fire, police and Town Officials. Enjoy the pool, games and snacks. Call 540-687-6375.

Location: Middleburg Community Center

Free event

Tu 8/7-8/7 5:00P-7:00P

NATIONAL NIGHT OUT FREE FAMILY FUN DANCE

(All ages) Help strengthen neighborhood spirit at this family-centered, community event. Enjoy tasty refreshments and dance in our beautiful, spacious Grand Hall to upbeat tunes from DJ Sky Dantine. Call 571-258-3400.

Location: Carver Center

Free event

Tu 8/7-8/7 6:00P-8:00P

THEATERPALOOZA CAMP: CHARLIE AND THE CHOCOLATE FACTORY

(All ages) Charlie and the Chocolate Factory is based on a 1964 children's book by British author Roald Dahl. The story features the adventures of young Charlie Bucket inside the chocolate factory of eccentric chocolatier Willy Wonka. This is a magical musical, perfect for the whole family. For tickets, contact Theaterpalooza at 703-728-4021.

Location: Franklin Park Arts Center

F 8/10-8/10 8:00P

Sa 8/11-8/11 8:00P

OUTDOOR MOVIE IN THE TOWN GREEN

(All ages) See description for July.

Location: Lovettsville Town Green

Free event Cool Runnings (1993) (PG)

F 8/10-8/10 8:00P-10:30P

COMMUNITY YARD SALE

(Ages 18 & up) See description for June.

Location: Sterling Community Center

403709-03 \$10.00

Sa 8/11-8/11 8:00A-2:00P

REPTILES ALIVE SHOW

(All ages) This is a show you won't want to miss! Get up close and personal with turtles, snakes, and many more amphibians! Sponsored by the CMCC

Advisory Board. Call 571-258-3500 to register.

Location: Claude Moore Community Center.

Pay at door \$3.00

F 8/17-8/17 1:00P-2:00P

COMMUNITY PICNIC & ICE CREAM

(All ages) I scream, you scream, we all scream for ice cream – with lots of toppings! Bring a picnic dinner to enjoy with good friends before our ice cream party. Call 540-338-5882.

Location: Philomont Community Center

411503-01 \$2.00/person

F 8/17-8/17 6:00P-8:00P

PARENTS' ESCAPE NIGHT

(Ages 2-10) See description from June.

Location: Sterling Community Center

403704-03 \$15.00

F 8/17-8/17 5:30P-9:00P

THEATERPALOOZA CAMP: PETER PAN

(All ages) This Magical musical tells the story of a boy who won't grow up, his tribe of lost boys, Indians, Pirates, and their adventures in Never Never Land. For tickets, contact Theaterpalooza at 703-728-4021.

Location: Franklin Park Arts Center

F 8/17-8/17 8:00P

Sa 8/18-8/18 8:00P

THE LUCKETTS FAIR

(All ages) Happy 40th Anniversary to this old-fashioned country fair complete with juried crafts, children's entertainment and day-long Bluegrass music. Call 703-771-5281.

Location: Lucketts Community Center

Pay at door \$5/person, Free/under 6

Sa, Su 8/18-8/19 10:00A-5:00P

SEPTEMBER

LOVETTSVILLE DOG SWIM

(All ages) Join us as we turn over our pool to the dogs for our Dog Swim. Frisbees and balls are welcome. Only dogs permitted in pool. Loudoun County Dog Licenses are mandatory. No registration required. For more information please call 540-822-5284.

Location: Lovettsville Community Center Pool

Pay at door \$7.00

Sa 9/8-9/8 9:00A-12:00P

AUTUMN FAIRE & ARTS & CRAFTS FESTIVAL

(All ages) We are seeking crafters to sell their own handmade items at CMP's Fall Festival. A 10' x 10' booth space can be rented for \$35. For application,

visit loudoun.gov/claudemoorespark. Call 571-258-3700.

Location: Claude Moore Park Historic Area

Sa 9/29-9/29 10:00A-4:00P

TRIPS COUNTYWIDE

This section lists some of our countywide trips offered by community centers, senior centers, parks and other PRCS facilities, listed in chronological order. Please call the number listed for more information.

JULY

CLIMB, SWING, ZIP LINE

(Ages 9 & up) Bring your friends and family to Upward Enterprise's Challenge Course. Enjoy three hours of fun and excitement. Ride the 600-ft. zip line and tackle the 50-ft. climbing tower to check out the awesome view! Price includes admittance and transportation. Bring a bag lunch. Departure/Return from Claude Moore Park or Philip Bolen Park (see below). Call 571-258-3487.

461707-01 \$55.00 Claude Moore Park

Sa 7/7-7/7 8:00A-3:00P

475780-01 \$55.00 Philip Bolen Park

Sa 7/7-7/7 8:30A-2:30P

461707-02 \$55.00 Claude Moore Park

Sa 8/4-8/4 8:00A-3:00P

475780-02 \$55.00 Philip Bolen Park

Sa 8/4-8/4 8:30A-2:30P

461707-03 \$55.00 Claude Moore Park

Su 8/19-8/19 8:00A-3:00P

475780-03 \$55.00 Philip Bolen Park

Su 8/19-8/19 8:30A-2:30P

AUGUST

SKYLINE CAVERN TRIP

(All ages) Skyline Caverns is the closest natural wonder to the Nation's Capital. As one of the only places on Earth where rare Anthodites are displayed, the guided tour is as impressive as it is educational. Price includes admittance and transportation. Bring a bag lunch. Departure/Return from Claude Moore Park or Philip Bolen Park (see below). Call 571-258-3487.

461701-01 \$30.00 Claude Moore Park

Sa 8/11-8/11 8:30A-2:30P

475783-01 \$30.00 Philip Bolen Park

Sa 8/11-8/11 8:00A-3:00P

TRIPS FOR SENIORS

Registration for senior trips begins on June 4 at 9 a.m., unless otherwise noted. All trips are for individuals 55 years and older. Transportation is by Senior Center buses unless otherwise noted. First price listed is for current card carrying senior center members (Carver, Cascades, Dulles South and Leesburg); second price listed is for non-members. Departure and return locations for most day trips: Carver (Purcellville) Senior Center, Cascades (Sterling) Senior Center and Leesburg Wal-Mart (west side of parking lot near Garden Center). Sign-up is required and may be done at any PRCS facility with access to RecTrac! There are no refunds although a refund minus a 30% administrative fee may be issued if your seat is resold. Call 703-430-2397.

JUNE

BALTIMORE INNER HARBOR FREE TIME – BALTIMORE, MD

Enjoy five hours at Baltimore's Inner Harbor to shop, eat, sightsee... it's your choice. The Inner Harbor offers local boat cruises, tours of historic ships, Maryland Science Center, National Aquarium, and more. Lunch on your own. Price includes motorcoach transportation only. Moderate walking. Limited to 52. Depart: 8:00A/Wal-Mart, 8:30A/Cascades. Return: 5:00P/Cascades, 5:30P/Wal-Mart.

445612-01 \$25/member, \$29/non-member
Tu 6/5-6-5

HOLLYWOOD CASINO AT CHARLES TOWN RACES – CHARLES TOWN, WV

Enjoy slots, table games and/or simulcast horse racing. Lunch on your own. Price includes transportation and \$10 playback cash with player's card and driver's license (subject to change). Minimum walking. Trip repeated on 6/27, 7/25 and 8/22 (each date has separate RecTrac number).

445610-01 \$8/member, \$12/non-member
Th 6/14-6/14

SMITHSONIAN MUSEUMS – WASHINGTON, DC

Drop off and pick-ups at American History, Natural History, Gallery of Art, American Indian (1 block from U.S. Botanical Gardens), Air and Space and African Art/Freer/Hirshhorn/Sackler Museums. Lunch on your own. Price includes transportation with free admission. Extensive walking. Trip repeated on 7/19 and 8/6 (each date has separate RecTrac number).

445616-01 \$9/member, \$13/non-member
M 6/18-6/18

"LEGALLY BLONDE – THE MUSICAL" AT SHENANDOAH SUMMER MUSIC THEATRE – WINCHESTER, VA

First of 4 summer musicals at Shenandoah University. Sorority star Elle Woods is dumped by her boyfriend for someone "serious" so Elle sets out to go where no Delta Nu has gone before: Harvard Law. Along the way, Elle proves that being true to yourself never goes out of style. Dinner is on your own after the show at Bob Evans. Price includes transportation and show. Minimum walking.

445617-01 \$35/member, \$39/non-member
W 6/20-6/20

"HANK WILLIAMS: LOST HIGHWAY" AT WAYSIDE THEATRE – STRASBURG/ MIDDLETOWN, VA

Hank Williams is back in the show that launched the acting career of music star Robbie Limon. Overflowing with the music you know and love, "Lost Highway" paints a vivid picture of the life of this tortured legend. Enjoy lunch before the show at the Hotel Strasburg. Price includes transportation, lunch, tip and show. Minimum walking.

445618-01 \$61/member, \$65/non-member
Su 6/24-6/24

LONG BRANCH MANSION & MUSEUM OF THE SHENANDOAH VALLEY – MILLWOOD/ WINCHESTER, VA

Begin with a tour of Historic Long Branch, an early 1800's mansion in Millwood, then lunch and visit the Museum of the Shenandoah Valley. The museum also includes 6 acres of elaborate gardens, including a Japanese Tea Garden. Lunch will be fast food on your own. Price includes transportation, tours and admissions. Extensive walking.

445619-01 \$25/member, \$29/non-member
Tu 6/26-6/26

HOLLYWOOD CASINO AT CHARLES TOWN RACES – CHARLES TOWN, WV

See description for 6/14.

445610-02 W 6/27-6/27

"NUNSENSE" AT ALLENBERRY RESORT INN AND PLAYHOUSE – BOILING SPRINGS, PA

An award-winning, amusing musical offering tart quips with a clerical slant. Featuring star turns, tap and ballet dancing, an audience quiz, and comic surprises, this show has become an international phenomenon. A very funny musical. Price includes transportation, buffet lunch, tip and show. Minimum walking.

445620-01 \$67/member, \$71/non-member
Th 6/28-6/28

JULY

FREDERICKSBURG RIVER CRUISE AND KENMORE PLANTATION – FREDERICKSBURG

Enjoy lunch on board the Paddlewheeler "The City of Fredericksburg" as you travel along the Rappahannock River. Then off to a tour of the renovated Kenmore, home of George Washington's sister. Price includes transportation, cruise, lunch, tip and admission. Extensive walking.

445621-01 \$54/member, \$58/non-member
Tu 7/3-7/3

"DOLLY PARTON'S '9 TO 5' THE MUSICAL" AT SHENANDOAH SUMMER MUSIC THEATRE – WINCHESTER, VA

This hilarious story of friendship and revenge in the Rolodex era is about three unlikely friends who conspire to take control of their company. Outrageous, thought provoking and even a little romantic, it's about teaming up and taking care of business. Dinner is on your own after the show at Bob Evans. Price includes transportation and show. Minimum walking.

445622-01 \$35/member, \$39/non-member
Th 7/5-7/5

"THE NORMAL HEART" AT ARENA STAGE – WASHINGTON, DC

A city in denial is exposed by a tight-knit group of friends who refuse to let doctors, politicians and the press bury the truth of an unspoken epidemic (AIDS crisis in NYC). Winner of 3 Tony Awards, this drama remains one of the theater's most powerful experiences ever. No lunch is available – bring snacks or bag lunch to eat on bus. Show is at noon. Price includes transportation and show. Minimum walking.

445623-01 \$52/member, \$56/non-member
W 7/11-7/11

"GREASE" AT SHENANDOAH SUMMER MUSIC THEATRE – WINCHESTER, VA

The rock 'n roll era gets a big salute as the gum-chewing, hub-cap stealing, hot-rod loving boys in leather jackets and their wise-cracking girls in teased curls, bobby curls, bobby sox and pedal pushers capture the look and sound of the 1950's. Dinner is on your own after the show at Bob Evans. Price includes transportation and show. Minimum walking.

445624-01 \$35/member, \$39/non-member
W 7/18-7/18

SMITHSONIAN MUSEUMS – WASHINGTON, DC

See description for 6/18.

445625-01 \$9/member, \$13/non-member
Th 7/19-7/19

BROOKSIDE GARDENS & BUTTERFLY CONSERVATORY – WHEATON, MD

After lunch on your own at the Glenmont Shopping Center, spend the next 3 hours at Brookside Gardens, encompassing nearly 50 acres and 2 indoor conservatories. Visit also includes admission to the live butterfly exhibit. Price includes transportation and admissions. Extensive walking.

445626-01 \$15/member; \$19 non-member
M 7/23-7/23

OLD TOWN ALEXANDRIA – ALEXANDRIA, VA

Spend the day on your own in Old Town Alexandria visiting the Torpedo Factory Art Center, taking the walking tour, touring one or more of the historical sites, shopping, eating, etc. Lunch on your own. Price includes transportation only. Extensive walking.

445627-01 \$9/member, \$13/non-member
Tu 7/24-7/24

HOLLYWOOD CASINO AT CHARLES TOWN RACES – CHARLES TOWN, WV

See description for 6/14.

445610-03 \$8/member, \$12/non-member
W 7/25-7/25

"PRIVATE LIVES" AT WAYSIDE THEATRE – STRASBURG / MIDDLETOWN, VA

A man and his new wife show up for a lovely honeymoon, only to find that both of their ex-spouses are staying in adjoining rooms at the hotel. It's Noel Coward's witty masterpiece, brimming with laughs, a touch of the naughty, and honeymoon hijinx you won't forget. Enjoy lunch before the show at the Hotel Strasburg. Price includes transportation, lunch, tip and show. Minimum walking.

445628-01 \$61/member, \$65/non-member
Sa 7/28-7/28

STERLING PLAYMAKERS' "HELLO DOLLY" – STERLING, VA

Join "matchmaker" Dolly Gallagher Levi as Potomac Falls High School is transformed into New York City in the late 1890's. This show has won a Tony Award for Best Musical along with nine other Tonys, has seen three Broadway revivals, and has become an international success. Price includes

transportation and reserved seating at show. Minimum walking.

445629-01 \$19/member, \$23/non-member
Su 7/29-7/29

AUGUST**"PETER PAN" AT SHENANDOAH SUMMER MUSIC THEATRE – WINCHESTER, VA**

We're all young again and refusing to grow up as we settle in and watch as Peter Pan, Wendy, Tinkerbell and Lost Boys, Captain Hook, the pirates, the Indians and the crocodile of Never-Never Land entertain us with this all-time, favorite story set to music. Dinner is on your own after the show at Bob Evans. Price includes transportation and show. Minimum walking.

445630-01 \$35/member, \$39/non-member
W 8/1-8/1

SMITHSONIAN MUSEUMS – WASHINGTON, DC

See description for 6/18.

445631-01 \$9/member, \$13/non-member
M 8/6-8/6

SMITHSONIAN ART & PORTRAIT GALLERY / SPY MUSEUM / MUSEUM OF CRIME AND PUNISHMENT / MADAME TUSSAIDS – WASHINGTON, DC

Explore either of these two museums in one (American Art Museum and National Portrait Gallery) or visit the Spy Museum, the Museum of Crime and Punishment or Madame Tussauds (all nearby – cost about \$15-\$20 each). Lunch on your own. Price includes transportation with free admission to art museums. Extensive walking.

445632-01 \$9/member, \$13/non-member
Th 8/16-8/16

HOLLYWOOD CASINO AT CHARLES TOWN RACES – CHARLES TOWN, WV

See description for 6/14.

445610-04 \$8/member, \$12/non-member
W 8/22-8/22

"CHICAGO" AT ALLENBERRY RESORT INN AND PLAYHOUSE – BOILING SPRINGS, PA

The "Razzle Dazzle" dance sensation that rocks the nation. Set in Chicago in the late 1920's, this musical brings in "All That Jazz", "Hot Honey Rag", and "Chicago After Midnight". One of Broadway's great musicals. Price includes transportation, buffet lunch, tip and show. Minimum walking.

445633-01 \$67/member, \$71/non-member
Th 8/23-8/23

OVERNIGHT TRIPS**CAPE COD, MYSTIC SEAPORT AND NEWPORT – NEW ENGLAND**

7-days, 6-nights. Call for flyer after 5/20. Total trip cost: \$741/member and \$786/non-member for double occupancy or \$885/member and \$930/non-member for single occupancy. Extensive walking.

145640-01 \$247/ \$262 double
\$295/ \$310 single
due upon registration

145640-02 \$247/\$262 or \$295/\$315
due July 2

145640-03 \$247/\$262 or \$295/\$315
due Aug. 1
Su-Sa 9/16-9/22

CHICAGO – ILLINOIS

7-days, 6-nights. Call for flyer after 5/20. Total trip cost: \$636/member and \$681/non-member for double occupancy or \$852/member and \$897/non-member for single occupancy. Extensive walking. There may be the possibility of attending a taping of "Wait, Wait, Don't Tell Me" – a NPR quiz show at an additional charge – watch for details.

145641-01 \$212/ \$227 double
\$284/ \$299 single
due upon registration

145641-02 \$212/\$227 or \$284/\$299
due July 16

145641-03 \$212/\$227 or \$284/\$299
due Sept. 4
Su-Sa 10/14-10/20

LOUDOUN COUNTY PRCS**LIKE US ON****facebook**

AREA AGENCY ON AGING

215 Depot Court, SE, 2nd Floor
Leesburg, VA 20175

703-777-0257

M-F 8:30A 5:00P

The Area Agency on Aging provides the following programs and services for senior citizens, their families and/or caregivers:

ADULT DAY CENTERS

CAREGIVER TELEPHONE SUPPORT GROUP

CAREGIVER TRAINING SERIES

CASE MANAGEMENT SERVICES

CONGREGATE LUNCH PROGRAMS

HOME DELIVERED MEALS

HEALTH & WELLNESS PROMOTION

INFORMATION AND REFERRAL: The program provides *One Number to Call* for information and assistance.

MEDICARE COUNSELING

SENIOR AND ACTIVITY CENTERS

TAX ASSISTANCE PROGRAM

VOLUNTEER OPPORTUNITIES

SENIOR CENTERS: GENERAL INFORMATION

ACTIVITIES & FEES*

Three full-service senior centers and one senior activity center offer a variety of programs and activities for adults 55 and over. The annual membership fee covering July-June is \$25/person (\$37.50/non-residents). In lieu of membership, seniors may pay a daily drop-in fee of \$2.00 (\$3.00/non-residents). Members receive lower rates for trips and classes, a monthly newsletter and membership privileges at all senior centers. There is a cost of \$4/meal for adults under 60, and a suggested donation for adults 60 and over, for the congregate lunch program. *Membership and/

or activity fees are subject to change based on the Board of Supervisors approval of the FY13 budget.

FACILITY RENTALS

Attractive rental space is available for groups of all ages at three full service senior centers in Leesburg, Sterling and Purcellville for meetings, family reunions, special events, birthday parties and more. Please call the individual senior center for further information.

ADULT DAY CENTERS: GENERAL INFORMATION

Ashburn: **571-258-3232**

Leesburg **703-771-5334**

Purcellville **571-258-3402**

PARTICIPANTS

Our centers are open M-F from 7:30A-5:30P to provide a safe, social, and interactive environment for seniors with cognitive and/or physical disabilities who are unable to be home alone safely. Activities and services, designed to elicit success and enjoyment, include art and music therapy, individualized exercise, mentally stimulating games, assistance with personal needs, medication management, nutritious hot lunches and snacks, and health monitoring. Limited transportation is available to some areas. Fees are based on a sliding scale.

CAREGIVERS

Adult Day Centers provide respite for those needing support and time away from care giving. Caregiver and Alzheimer support groups are available to provide insight, guidance, companionship, and resources.

Through AAA's Elder Resources program, a quarterly caregiver training series is available. For more information or to register for these services, please call 703-777-0257 or visit www.loudoun.gov/aaa.

CARVER CENTER

200 Willie Palmer Way
Purcellville, VA 20132

571-258-3400

M-F 9:00A-9:00P

Sa 9:00A-6:00P

For senior classes, programs and events refer to the Carver Center section following Bluemont Community Center listings.

DULLES SOUTH SENIOR ACTIVITY CENTER

24950 Riding Center Drive
South Riding, VA 20105

571-258-3883

M-F 9:00A-5:00P

Unless otherwise noted, the following classes, activities, and programs for ages 55 & better are FREE, although membership or non-member drop-in fees apply.

Please contact the Dulles South Senior Activity Center for more information about special events for seniors.

ON-GOING ACTIVITIES

YOGA FOR SENIORS

Enjoy the benefits of a life with Yoga. Improve your strength, balance and flexibility. End this class with a good laugh.

M, W, F on-going 11:00A-12:00P

TAI CHI

Join us in this beautiful form of exercise

T, W on-going 10:00A-11:00A

COMPUTER W/ ALFRED

Computer Help Please schedule class

T on-going 10:30A-1:00P

LINE DANCE

Learn some basic routines. You can have fun and exercise at the same time.

T on-going 11:00A-12:00P

Th on-going 1:00P – 2:00P

MAT YOGA

Traditional Yoga. Please bring your Yoga mat.

Th on-going 11:00A – 12:00P

REGISTER ONLINE!

Visit www.loudoun.gov/webtrac.

KNITTING CLUB

Bring your own supplies.

T on-going 12:30P-1:30P

AEROBICS FOR SENIORS

Great friends, great aerobics and great music.

T on-going 1:00P-2:00P

FRIENDS OF ART

Do you paint, sketch, sculpt? Join other folks with like minds. Must supply your own materials

W on-going 1:00P-3:00P

BOOK CLUB

Book chosen collectively. No meeting 7/4, 8/1.

1st W on-going 1:00P – 2:00P

LIBRARY OUTREACH SERVICES

Loudoun County Public Library visits our center for a monthly book /tape/CD exchange.

2nd F on-going 11:00A

ADVISORY BOARD MEETING

Meetings to fulfill the mission of the senior center.

1st Tu on-going 1:00P

ONE ON ONE W/ KATHY KEHOE

Offering individual visits.

2nd, 4th W on-going 11:00A-11:45A

BIBLE STUDY

"Book of Esther" All are welcome.

Th on-going 10:30A-11:30A

LOUDOUN MOBILE HEALTH OUTREACH SERVICES

Stop by and have your blood pressure and heart rate monitored monthly

3rd Tu on-going 11:00A-12:00P

GAMES GALORE

Start your weekend out right...PLAY! Jump start vocabulary with a good game of Scrabble. Play Dominoes (all types), Rummikub, Mah Jongg, and more.

1st, 2nd, 3rd Th on-going 12:30P-2:00P

Please stop by for more information and check out our facility. Schedule Dulles South Senior Activity Center for your next meeting, dance club, bridge group or just a friendly gathering!

SENIOR CENTER AT CASCADES

21060 Whitfield Place

Sterling, VA 20165

703-430-2397

M, W-F 9:00A-5:00P

Tu 9:00A-8:00P

Registration is not required for the following general interest activities for participants 55 and over. They are free unless otherwise noted (although annual membership or daily drop-in fee applies)

CARDS & GAMES**BINGO**

Fee required (15 games)

M, Th on-going 10:30A-12:00P

T on-going 10:30A-11:30A

F on-going 1:30P-3:00P

JEOPARDY!

4th W on-going 11:00A-12:00P

DUPLICATE BRIDGE

Sanctioned game - Fee required

M on-going 11:00A-3:00P

Th on-going 1:00P-4:30P

O'HECK

W on-going 10:00A-11:30A

PARTY BRIDGE

M, W, F on-going 1:00P-4:00P

POKER

Tu, Th on-going 1:00P-4:30P

CULTURAL & SOCIAL ACTIVITIES**AART (All Ages Read Together)**

The AART program is dedicated to providing low to moderate income preschoolers with one-on-one reading experiences with older members of the community. Seniors who are interested in volunteering should contact the center for more information.

Tu, Th on-going 12:45P-2:00P

BIBLE STUDY

Tu on-going 10:30A-12:00P

BOOK DISCUSSION

3rd Tu on-going 12:00P-1:30P

WRITING GROUP

3rd Tu on-going 1:30P-3:00P

MORNING REFRESHMENTS & FRIENDSHIP

M-F on-going 11:00A-12:00P

CURRENT EVENTS DISCUSSION

W on-going 1:30P-3:00P

GERMAN

Th on-going 12:30P-3:00P

ITALIAN

M on-going 10:30A-12:00P

FRENCH

F on-going 10:30-12:00P

KNITTING AND CROCHETING

F on-going 10:00A-12:00P

MOVIE, POPCORN & SODA

Movies shown on 8-foot screen.

\$2/movie

3rd W on-going 1:30P-3:30P

OPEN PAINTING

Tu on-going 10:00A-12:00P

POTLUCK BINGO

Participants bring a dish to share along with a "white-elephant" bag to give as a bingo prize.

2nd Tu on-going 5:30P-7:30P

SENIOR CENTER ADVISORY BOARD

4th Th on-going 10:00A-11:00A

TEA TIME

\$.50/donation

Th on-going 2:00P-3:00P

EXERCISE ACTIVITIES**AEROBICS**

M-F on-going 10:00A-11:00A

REJUVENATING EXERCISE

T, Th on-going 10:00A-11:00A

BALLROOM DANCING

W on-going 11:00A-12:00P

BASIC LINE DANCING

W on-going 10:30A-11:30A

BEGINNING LINE DANCING

W	on-going	1:15P-2:15P
F	on-going	1:15P-2:15P

BEGINNER PLUS LINE DANCING

W	on-going	12:30P-1:00P
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INTERMEDIATE LINE DANCING

M	on-going	1:15P-3:15P
T	on-going	1:15P-3:15P
Th	on-going	1:15P-3:15P
F	on-going	1:15P-3:15P

PICKLE BALL

W	on-going	9:30A-10:30A
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TAI CHI

Tu, F	on-going	11:00A-12:00P
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SELF-HELP & RESOURCES**AARP DRIVER SAFETY PROGRAM**

This two-day program may help to reduce the cost of your insurance

\$12/AARP members, \$14/non-AARP members		
W, F	TBD	10:00A-3:00P

BLOOD PRESSURE CHECK

Tu, Th, F	on-going	11:00A-11:30A
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CLOTHING ALTERATIONS

M, Th	on-going	9:00A-11:30A
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COMPUTER LAB

M	on-going	10:00A-12:00P
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DEAF AND HARD OF HEARING SOCIAL

Deaf seniors who use sign language meet for lunch and social activities. Call or fax Elaine Shaffer at 703-430-6077 (TTY) evenings or email at eolshaffer@aol.com.

2nd W	on-going	10:00A-4:00P
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ONE-ON-ONE SUPPORT

A case manager from Area Agency on Aging available to meet one-on-one with individuals to provide information and referrals concerning health care, financial concerns and social needs.

1st & 3rd W	on-going	11:00A-1:30P
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EYEGLASSES ASSISTANCE

Staff from Lenscrafters clean glasses and make minor repairs and adjustments.

2nd Th	on-going	11:30A-12:30P
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HEARING LOSS ASSISTANCE

Joan Cassidy, with Northern Virginia Resource

Center for Deaf and Hard of Hearing Persons, answers questions about hearing loss and available resources.

3rd Th	on-going	10:00A-2:00P
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HINDU CULTURAL GROUP

Experience and learn the Hindu culture through chanting, meditating, and singing Bhajans.

2nd F	on-going	10:30A-12:00P
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MAN-TO-MAN (PROSTATE CANCER) EDUCATION AND SUPPORT GROUP

2nd Tu	on-going	6:30P-8:00P
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MOBILE HEALTH VAN

Loudoun Healthcare provides health screenings, check-ups and referrals.

2nd, 4th Tu	on-going	9:30A-12:00P
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SUPPORT GROUP FOR TINNITUS AND HEARING PROBLEMS

1st F	on-going	2:00P-3:00P
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WEEKLY PROGRAMS

Watch for information in the Senior Center Review (monthly newsletter distributed to all members) about weekly programs such as financial and estate-planning seminars, medical presentations and screenings and lectures on historical events and literary figures.

CLASSES**CERAMICS**

Learn how to clean green ware, paint and glaze. Participants may choose from hundreds of molds. Price includes small ceramic piece. Offered on the 2nd or 3rd Thursday of the month. Please check with the Senior Center for current schedule. Instructors: Pat Miller and/or Frank Smith.

\$22/member, \$24/non-member – 1 session

COMPUTERS

The following classes are offered continuously and are scheduled month to month. Please check with Senior Center for current schedule. Includes three, two-hour sessions. Instructor: Dr Patricia Phillips

445603-01 \$36/member, \$40/non-member

ESL CLASS

Ten-week course. Instructor: Gordon Chin.

\$21/members \$41/non-members

445608- 01	Beginner	
Tu	on-going	10:00A-12:00P

445608-02	Intermediate	
Th	on-going	10:00A-12:00P

SPANISH

There are three levels of Spanish. Each requires purchase of a Spanish Workbook (\$13).

Spanish I

445601-01	\$21/member, \$41/non-member	
F	TBA	9:45A-11:00A

Spanish II (A)

445601-02	\$21/member, \$41/non-member	
M	TBA	2:00P-3:15P

Spanish II (B)

445601-03	\$21/member, \$41/non-member	
F	TBA	11:15A-12:30P

Spanish III

445601-04	\$21/member, \$41/non-member	
Th	TBA	1:00P-2:30P

YOGA

Gentle Yoga aimed for active seniors to feel more energized, youthful & fit! Instructor: Sarla Mehta.

445607-02 \$72/members, \$80/non-members

Drop-in: \$10/member, \$12/non-member
Tu on-going 5:30P-7:00P

ZUMBA GOLD

Dance Fitness program with a Latin/International beat! Zumba Gold is geared toward active adults learning Zumba or those who prefer a low-impact version. Instructor: Vivian Monroe.

445601-01	\$10/member, \$12/non-member	
Tu	on going	5:00P-6:00P
Th	on-going	11:00A-12:00P

SPECIAL EVENTS**MINUTE TO WIN IT!**

(Ages 55 & up)

Based on the popular TV show, seniors compete for fabulous prizes! Member price increases to \$7 on June 13.

445609-01	\$5/members, \$7/non-members	
W	6/13-6/13	12:45P- 1:45P

INDEPENDENCE DAY LUNCHEON

(Ages 55 and up)

Star-Spangled tribute to the Red, White, and Blue! Regular Lunch sign-up. Lunch donation recommended.

M	7/2-7/2	11:30A- 1:30P
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4th ANNUAL INTERNATIONAL BAZAAR

(Ages 55 & up)

Tasty treats from around the world. Music, culture, and "passport prizes"! Member price increases to \$7 on August 8.

445609-04	\$5/members, 7/non-members	
W	8/8-8/8	2:00P- 4:00P

13th ANNUAL "END-OF-SUMMER" COOKOUT

(All ages) The largest Celebration of the year at Cascades will feature a Pork/Chicken BBQ with all the trimmings and live musical entertainment! Member price increases to \$9 on August 30.

445609-05 \$7/members \$9/non-members
Th 8/30-8/30 4:00P-6:00P

THE SENIOR CENTER OF LEESBURG

102 North Street, NW, Suite B
Leesburg, VA 20176

703-737-8039

M, W, Th, F 9:00A-5:00P; Tu 9:00A-8:00P
Closed July 4!

Unless otherwise noted, the following classes, activities, and programs are offered FREE to participants ages 55 & older, although center membership or drop-in fees apply.

Effective July 1, 2012:

Membership fee:

\$25/residents, \$37.50/non-residents

CRAFTS

SEWING WORKSHOP

Beginner level. Sewing machines provided. Bring in your sewing project.

M&F 6/18-8/31 9:00A-12:00P

STITCH-IN B GROUP

Come and sew, knit, needlepoint, or crochet.

M&F 6/18-8/31 9:00A-12:00P

ART STUDIO

Bring your own supplies and work together. Share techniques. Learn new skills from each other.

M 6/18-8/27 1:00-3:00P

CERAMICS

Join this new program and make use of our gorgeous space with two kilns and lots of possibilities. Call for details.

DANCE

BEGINNING LINE DANCE

Join in the fun of Country Line Dance. Fun and Fitness provided by Instructor: Lois.

W 6/20-8/29 12:00P-1:00P

INTERMEDIATE LINE DANCE

You must have successfully completed Beginning Line Dance. Join in the fun of Country Line Dance. Fun and Fitness provided by Instructor: Lois.

W 6/20-8/29 1:00P-2:00P

SOCIAL DANCE

Practice the Foxtrot, Waltz, Tango, and Cha Cha. New participants welcome. No partner required.

W 6/20-8/29 2:00P-3:00P

EDUCATIONAL

BEGINNING BRIDGE

Learn the basics of bidding for contract bridge. One hour of lesson followed by practice play of the hand for an additional hour.

427620-01 \$36/member, \$52/non-member
T 6/19-7/24 9:00P-10:00A

427620-02 \$36/member, \$52/non-member
T 7/31-9/4 9:00P-10:00A

BOOK CLUB

Discussion of group selected book and author.

Leader: Nancy.

2nd W 6/13,7/11, 8/8 10:00A

HOW TO USE YOUR DIGITAL CAMERA

Learn how to use your digital camera to make photos and download photos to email or save on flash drive. Bring your camera and flash drive. Class size limited. Instructor: Defa

427622-01 \$24/members, \$32/non-member
M 6/4-6/25 10:30A-11:30A

INTERNET COMPUTER BASICS

Must full working knowledge of how to use the computer. Four session orientation. Learn the basics of searching the internet. Create your own email address. Space limited. Instructor: Shiwei.

427623-01 \$24/member, \$32/non-member
W 8/8-8/29 10:00A-11:00A

DRIVING SAFETY

AARP Course is scheduled quarterly. Call 703-737-8039 for reservations.

BASIC SPANISH

Try it. Recognize basic phrases and words. Leader: Mary Frances.

427625-01 \$24/member, \$32/non-member
F 6/8-6/29 10:00A-11:00A

427625-02 \$24/member, \$32/non-member
F 7/6-7/27 10:00A-11:00A

427625-03 \$24/member, \$32/non-member
F 8/3-8/24 10:00A-11:00A

FITNESS

New! WEIGHT TRAINING CLASS WITH TRISH

Full body workout, 12 week beginning weight training class using light hand weights. Wear workout clothes and sneakers. Come prepared to sweat.

12-week session

427619-01 \$144 member, \$192/non-member

Drop-in

427619-02 \$12 member, \$18/non-member
T,F 6/19-9/7 2:30P-3:30P

TAI CHI WITH SUCHA

Slow motion movements to improve flexibility and range of motion. Lead by Sucha and Marlene.

M 6/18-8/27 10:45A-11:45A

YOGA AND LAUGHTER

Series of stretching, flexibility, and balance. Laughter is the best medicine - come see why! Leader: Rae.

Th 6/21-8/30 9:30A-10:30A

STRETCH & TONE WITH MARY

Use bands and hand weights for overall fitness.

Volunteer Instructor: Mary.

M 6/18-8/27 12:45P-1:30P

Th 6/21-8/30 11:00A-11:45A

EXERCISE EQUIPMENT

Includes two treadmills, crank cycle, elliptical, cardioglide, weight bench, and free weights.

M-F on-going 9:00A-5:00P

ON-GOING CLUBS & GROUPS

INVESTORS DISCUSSION GROUP

Discussion group to research and share ideas about investing. May include guest speakers.

2nd 4th M on-going 9:30A

LEARN TO SHOOT POOL (BILLIARDS)

Billiard lessons provided to ladies by experienced players.

M on-going 10:00A

PARTY BRIDGE

Tu on-going 1:00A-4:00P

BIBLE STUDY WITH BILL

W on-going 10:30A-11:30A

CHESS CLUB

W on-going 1:00P

ADVISORY BOARD MEETING

Leesburg Senior Center Advisory Board meets on the first Thursday of the month.

1stTh on-going 2:00P

GOOSE CREEK BRIDGE GROUP

Duplicate Bridge group fees involved for members.

Th on-going 10:00A

LOUDOUN BRIDGE BUFFS

Duplicate Bridge Sanctioned game.

F on-going 1:00P

CROCHET CLUB

F on-going 9:00A

**HEALTH SCREENING
& INFORMATION****VIRGINIA RESOURCE CENTER FOR THE DEAF
AND HARD OF HEARING**

Representative Joan Cassidy presents information on resources and devices available to assist with mild to severe hearing loss.

1st W on-going 10:00A-12:00P

DIABETES SUPPORT GROUP

For Type I, Type II, or borderline. Share in the discussion to help you live a better, healthier and more active life. Learn some new ideas and products..

2ndTH on-going 11:00A

INOVA MEDICAL VAN

Blood Pressure checks and Lab Tests, some with fees. Check monthly calendar or call 703-737-8039.

**RECREATION, SOCIAL,
& GAMES****LUNCH IN THE DINING ROOM**

Served daily at 12:00P. Reservations are required. Call 703-737-8039.

Under age 60: \$4.00/lunch

Age 60 & up: Pay Donation

BILLIARDS

Make use of the two regulation slate pool table.

M-F on-going 9:00A-5:00P

TABLE TENNIS

Make use of the regulation ping-pong table.

M, Tu, W, F on-going 9:30A-11:30A

MAHJONGG

M,Th on-going 12:30P

BID WHIST

M on-going 10:30A

RUMMIKUB

M on-going 2:00P

BADMINTON

M on-going 9:30A-11:00A

TEXAS HOLD'EM

T & Th on-going 10:00A

EUCHRE

T on-going 10:30A

CANASTA

T on-going 4:30P

SHOPPING OUTING

T on-going 12:30P

PICKLEBALL

M on-going 2:30P-4:30P

PINOCHLE

F on-going 12:45P

BINGO WITH GAIL**Pay at door** \$.50 per card

F on-going 12:30P

SPECIAL EVENTS**MONTHLY BIRTHDAY CELEBRATION**

Celebrate with Leesburg members each month. Call 703-737-8039 at least twenty-four hours in advance for reservations.

3rdW on-going 12:30P

LEESBURG LUNCH BUNCH

This monthly outing gives the Leesburg members a chance to be transported in style to a delightful

lunch out. The fee covers the transportation. Meal cost is extra.

427660-01 \$2/member, \$4/non-member
Red Fox Inn, Middleburg

3rd Th 7/19-7/19 11:00A

427660-02 \$2/member, \$4/non-member
Magnolia, Purcellville

3rdTh 8/16-8/16 11:00A

**M & M - MOVIE AND MAGIC FOR FATHER'S
DAY**Enjoy our first feature movie, *The Bucket List*, followed by lunch and the June Birthday Party and Magic Show. Lunch donation is additional.**427665-01** \$3/member, \$5/non-member
W 6/20-6/20 10:30A-2:00P**SUMMER PICNIC**

Enjoy the red, white, and blue festivities and games with a lunch serving hot dogs, hamburgers, potato salad, baked beans, watermelon, with cobbler for dessert. Reservations required by July 5.

427670-01 \$3/member, \$5/non-member
W 7/11-7/11 11:00A**YARD SALE**

Yard Sale on Saturday, August 11 will be held indoors and outdoors weather permitting at the Senior Center of Leesburg. Tables presold beginning June 25 for \$15 each or 2/\$25. Refreshments sold to benefit the Leesburg Senior Center Advisory Board.

427696-01 \$15/One Table**427696-02** \$25/Two Tables

Sat 8/11-8/11 7:00A-1:00P

**2012 NORTHERN VIRGINIA SENIOR OLYMPICS
REGISTRATION**Adults age 50 and over compete by gender and age group in recreational and athletic events. The 2012 games will be held between September 15-26 throughout Northern Virginia. Loudoun County events include golf at Lansdowne Resort in Leesburg and Badminton at K-2 in Sterling. Register online at www.nvso.us. Contact ron.yopp@loudoun.gov or call 703-777-0343 for more information.

Northern Virginia Senior Olympics

Register at
www.nvso.us



LICENSED CHILDREN'S PROGRAMS

703-777-0343

CHILDCARE

2012-2013 SCHOOL YEAR

(Ages 3-5) Our full and half-time childcare program provides a safe, healthy learning environment with age appropriate activities to promote the physical, social and intellectual growth of children. Healthy breakfasts and snacks are provided. Full-time hours are 7:00A to 6:15P. Call the community center closest to you for more information and availability.

FEES:

Full-time care	7:00A-6:15P	\$215/week
Afternoon care	12:00P-6:15P	\$189/week
Morning care	7:00A-12:00P	\$165/week
Drop-in care	available basis	\$8/hour
Annual Registration Fee		\$45/year

LOCATIONS

Bluemont Community Center	540-338-4487
Dulles South Multipurpose Ctr.	571-258-3311
Loudoun Valley Community Ctr.	540-338-5035
Lovettsville Community Center	540-822-5381
Lucketts Community Center	703-737-8841

PRESCHOOL

2012-13 SCHOOL YEAR

Our state-licensed, nine-month preschool program follows the Loudoun County public school calendar. Classes are offered for 2½-5 year olds, but vary by location. Currently enrolled families received registration priority and a lottery was held for remaining spaces. Registration is open until filled for any additional remaining spaces. A \$45 non-refundable registration fee will be required prior to entering the program. The Virginia Department of Social Services requires proof of current immunizations, proof of age and a childcare application form. Our program follows Creative Curriculum Approach to Learning.

LOCATIONS

Bluemont Community Center	540-338-4485
Claude Moore Community Ctr.	571-258-3500
Douglass Community Center	703-771-5913
Dulles South Multipurpose Ctr.	571-258-3456
Loudoun Valley Community Ctr.	540-338-4122
Lovettsville Community Center	540-822-5284
Lucketts Community Center	703-771-5281
Middleburg Community Center	540-687-6375
Philomont Community Center	540-338-5882

AFTER KINDERGARTEN PROGRAM

2012-13 SCHOOL YEAR

(Ages 5-7) Kindergarteners are offered a variety of activities within a safe, supervised, structured environment. The Virginia Department of Social Services requires proof of current physical & immunizations, proof of age and a childcare application form. A \$45 registration fee is payable at time of registration.

LOCATIONS

Bluemont Community Center	540-338-4485
Dulles South Multipurpose Ctr.	571-258-3456
Loudoun Valley Community Ctr.	540-338-4122
Middleburg Community Ctr.	540-687-6375
Philomont Community Center	540-338-5882

PM KIDS CLUB

2012-2013 SCHOOL YEAR

(Ages 5-11) Our PM Kids Club is a state-licensed, after school care program for grades K-5 that follows the Loudoun County School Calendar. Call the center for current availability.

LOCATIONS

Bluemont Community Center	540-338-4485
Lucketts Community Center	703-771-5281
Middleburg Community Center	540-687-6375
Philomont Community Center	540-338-5882

BEFORE SCHOOL & CASA LICENSED PROGRAMS

AGE 5-GRADE 5

703-737-8042

Visit www.loudoun.gov/casa for information and forms.

2021-2013 BEFORE SCHOOL PROGRAM Little River Elementary ONLY

The program operates from 6:30A until school starts and follows the Loudoun County Public School calendar. Note: PM Kindergarten parents will have to find alternate care before the start of PM Kindergarten. Please refer to registration procedures listed below.

2012-2013 COUNTY AFTER SCHOOL ACTIVITIES (CASA) PROGRAM

This year we are excited to shift directions with our program and enter a new territory. As we seek to provide recreational opportunities for the next generation of creative thinkers - we will focus on "thinking outside the box". Our creative and talented staff has spent countless hours developing a

new system that will challenge your child to grow and learn in a positive environment. The activity schedule also includes homework and snack time. CASA follows the Loudoun County Public School calendar. Visit www.loudoun.gov/prcs/camps for programs when LCPS is closed. CASA locations open when school ends and close at 6:00 p.m., with the exception of Lovettsville Community Center, Hutchison Farm, Little River, Arcola, and Pinebrook, which close at 6:15 p.m.

AM Kindergarten parents need to find alternate care until the end of the regular school day. Registration procedures are listed below.

2012-2013 CASA Locations/Schools Served

Algonkian, Arcola, Ashburn, Balls Bluff, Belmont Station, Buffalo Trail, Catocin, Cedar Lane, Cool Spring, Countryside, Creighton's Corner, Kenneth Culbert, Dominion Trail, Evergreen Mill, Frederick Douglass, Forest Grove, Hamilton, Hillside, Horizon, Hutchison Farm, Leesburg, Legacy, Liberty, Little River, Loudoun Valley Community Center (Emerick, Lincoln), Lovettsville Community Center (Lovettsville), Lowes Island, Meadowland, Mill Run, Mountain View, Newton-Lee, Pinebrook, Potowmack, Frances Hazel Reid, Rosa Lee Carter, Round Hill, Sanders Corner, Selden's Landing, Steuart Weller, Sully (Guilford, Sterling), Sycolin Creek, Tolbert, Waterford. All CASA locations must have sufficient enrollment, staffing and space before a program can begin. For more information, please contact us or visit www.loudoun.gov/casa.

2012-2013 Fees*

Before School: \$150/month/child

CASA: \$321/month/child

Registration Fee: \$45/household/program

Monthly fees are due by the 1st of the preceding month (e.g., due 8/1 for September)

2012-2013 REGISTRATION: BEFORE SCHOOL & CASA

Registration is open until filled. Refer to registration procedures below.

OPEN REGISTRATION begins March 20 for any remaining CASA slots on a first-come, first-served basis. Registration must be done in person at the PRCS administrative office in Leesburg. Office hours are 8:30 a.m. – 5:00 p.m., Monday- Friday. Please refer to the registration procedures listed below.

REGISTRATION PROCEDURES

Registration must be done in person and requires the following:

- A Children's Program Division Registration form and addendum. Both forms can be downloaded at www.loudoun.gov/casa or obtained at the PRCS administrative office.
- Current identity verification for each child.

Acceptable forms include an original or certified copy of the child's birth certificate, birth registration card, passport, or report card.

- A completed copy of the Commonwealth of Virginia School Entrance Health Form.
- A \$45.00 non-refundable registration fee per family per program.

There are no exceptions! We must have all of the above items to register your child. These items are needed to comply with Virginia state licensing requirements.

YOUTH SERVICES

703-777-0343

YOUTH AFTER SCHOOL (YAS) PROGRAM

(Grades 6-8) YAS offers fun, exciting, recreational activities for middle school students including sports, games, arts & crafts, field trips, drama, tutoring, mentoring, special events and intramural competitions, as well as time for homework, relaxing, and socializing in a safe supervised environment. Students have the opportunity to help plan activities and are encouraged to explore their interests. YAS is operated in middle schools and follows the Loudoun County Public School calendar. The program begins when the final bell rings and ends at 6:15 p.m.

Fees \$50/month

YAS LOCATIONS

Belmont Ridge, Blue Ridge, Eagle Ridge, Farmwell Station, Harper Park, Mercer, River Bend, Seneca Ridge, Smart's Mill.

Visit www.loudoun.gov/yas for more information.

YOUTH ADVISORY COUNCIL

Teens have the opportunity to develop leadership skills, meet new people and be a voice for other Loudoun teens on the Youth Advisory Council. Members plan special events, including YouthFest 2012, work on community service projects and promote events for teens. Applications are

accepted on a rolling basis and are available on www.loudounteens.org.

ADAPTIVE RECREATION

703-737-8042

Call for pick-up and departure times.

Serving individuals with disabilities.
"Enhancing Your Recreation Experience"

INTEGRATION OPPORTUNITIES

Individuals with disabilities are entitled to recreation opportunities. Adaptive Recreation encourages its participants to integrate into all Loudoun County PRCS programs. Please call staff for any needed assistance or information.

GENERAL INTEREST

SPECIAL RECREATION ADVISORY BOARD, INC.

Volunteers meet monthly to discuss events, community awareness, fundraising and sponsorships. Newcomers welcome. Please call ahead.

Location: PRCS office.

3rd Tu on-going 11:30A-12:30P

SWIMMING AT THE LAKE!

(Ages 16 & up, Level 1 & 2) Travel to Cunningham Falls State Park in Maryland and swim at Hunting Creek Lake. Bring lunch for an outdoor picnic and have fun with friends. Please remember a towel, sunscreen, and tennis shoes. Call 703-737-0438

441760-01 \$25.00
W 7/11-7/11 9:00A-3:00P

MINI GOLF & ICE CREAM

(Ages 16 & up, Level 1) "Perils of the Lost Jungle" is an interactive mini golf course in Sterling and is rated top 5 in the nation! After our exciting game, we will chill out with some ice cream. Please bring \$5 for ice cream. Call 703-737-0438.

441748-01 \$25.00
Tu 7/24-7/24 6:00P-9:00P

ARTS

VSA ARTS OF VIRGINIA-LOUDOUN COUNTY COMMITTEE MEETINGS

Open to anyone who would like to work with VSA arts of Loudoun County. Join us and learn about VSA and the many volunteer opportunities with our programs. Call 540-338-7973.

Location: Franklin Park Visual and Performing Arts Center

4th M on-going 6:00P-7:30P

SCREEN ON THE GREEN

(Ages 16 & up, All Levels) Bring a blanket or chair on a warm night and watch a classic film outdoors on a giant movie screen. Bring snacks. Call 703-737-0438.

441712-01 \$15.00
F 7/13-7/13 9:00P-11:00P

FRIDAY NIGHT OUTDOOR CONCERT

(Ages 16 & up, Level 1) Outdoor music = summer-time fun! Bring your blanket to sit on the lawn and listen to good music with your friends under the stars. Either pack a meal for dinner or bring money to purchase food there (pizza, burgers, etc.) Call 703-737-0438.

441733-01 \$25
F 7/20-7/20 5:45P-11:00P

441733-02 \$25
F 8/10-8/10 5:45P-11:00P

SPORTS

LOUDOUN COUNTY SPECIAL OLYMPICS COMMITTEE MEETING

Volunteers, athletes, coaches, committee members meet monthly. New members should call ahead for date, time and location. Call 703-737-0438.

Location: PRCS office

SPARE TIME BOWLING

(Ages 16 & up, All Levels) Relax on a Friday afternoon and bowl with us! This program teaches the basics of the game and promotes socialization and community awareness. Bring money for snacks. Call 703-737-0438.

441710-01 \$18
F 7/6-7/6 2:30P-4:30P

441710-02 \$18
F 7/27-7/27 2:30P-4:30P

441710-03 \$18
F 8/3-8/3 2:30P-4:30P

441710-04 \$18
F 8/17-8/17 2:30P-4:30P

OUTDOOR ADVENTURES

(Ages 14 & up, Level 1) Join us for six weeks as we hike, paddle and explore nature. Our time together ends with an overnight camping trip where you can put the skills you have learned to work! Trained staff will ensure a safe and fun adventure. Pick up from AR summer camp available. Call 703-737-0438.

441745-01 \$200
M 7/9-8/13 9:30A-4:30P

CANOE CAMPING TRIP

(Ages 16 & up, Level 1) Join us for a mid-summer canoe trip down the Potomac River. We will paddle

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facebook

to a campsite, spend the night, paddle to the take-out and pack up to head home. Trained staff will ensure a safe experience on the water and under the stars! Call 703-737-0438.

441761-01 \$90
Su,Sa 8/4-8/5 8:00A-2:30P

RIVER TUBING

(Ages 16 & up, Level 1 & 2) Spend a hot summer day cooling off while floating down Antietam Creek in West Virginia! We will break half way for lunch on the river (provided). Be sure to bring sunscreen, a hat and sunglasses. Call 703-737-0438.

441749-01 \$50.00
W 8/8-8/8 9:15A-3:30P

CAMP PROGRAMS

703-737-8042

For a complete list of Summer Camps, including Summer DAZE and Summer FEST, visit www.loudoun.gov/camps.

SPORTS PROGRAMS ADULT & YOUTH

703-777-0343

For more sports camps & clinics, visit www.loudoun.gov/camps.

ADULT SPORTS

Call 703-777-0343 for information about adult sports leagues.

MARTIAL ARTS

PMAA TAI CHI

(Ages 18 & up) PMAA Tai Chi program trains students to develop a healthy body and peaceful mind. It helps to reduce anxiety and depression, improve balance and flexibility, and build a better quality life. PMAA is led by well-known Wushu master, Bangjun Jiang, who holds a Wushu World Champion title and the highest class ranking as an International Athlete.

Location: Professional Martial Arts Acad. Sterling

621735-01 \$155.00
M 6/18-7/14 7:30P-8:30P
Sa 6/18-7/14 10:30A-11:30A
621735-02 \$155.00
M 7/21-8/13 7:30P-8:30P
Sa 7/21-8/13 10:30A-11:30A

PMAA KUNG FU

(Ages 18 & up) The PMAA Kungfu-Wushu program trains both mind and body to be strong, sharp, flexible and graceful. The students build discipline, focus, respect, and self-esteem.

Location: Professional Martial Arts Academy, Sterling

621798-09 \$155.00
M,W 6/18-7/16 5:30P-6:30P
621798-10 \$155.00
M,W 7/23-8/15 5:30P-6:30P

ROCK CLIMBING

SPORTROCK ADULT CLIMB

(Ages 18 & up) Looking for a fun and different workout? Learn how to harness up, belay, and climb. All equipment is provided and instructors will lead you every step of the way.

Location: Sportrock Climbing Center, Sterling

621742-01 \$94.50
Sa 6/2-6/16 12:00P-2:00P
621742-02 \$94.50
Sa 7/14-7/28 12:00P-2:00P
621742-03 \$94.50
Sa 8/4-8/18 12:00P-2:00P

YOUTH SPORTS CAMPS & CLINICS

ADVENTURE

RIVER RIDERS ZIP LINE

(Ages 5 & up) If zip lining through tree tops isn't on your family fun agenda, it's time to visit River Riders! Enjoy a bird's eye view of the Potomac River shoreline and historic Harpers Ferry while zipping through lovely riverside foliage. Our knowledgeable staff will guide you on a series of zips, bridges, and ladders. It's time to get out for some fresh air, because summer is the best time to make memories with those you love! Minimum weight 50lbs and maximum weight 250lbs. Participants will meet at River Riders.

Location: River Riders, Harpers Ferry, WV

621770-01 \$130.00
Su 5/20-5/20 10:00A-3:00P
621770-02 \$130.00
Su 6/3-6/3 10:00A-3:00P
621770-03 \$130.00
Su 7/8-7/8 10:00A-3:00P
621770-04 \$130.00
Su 8/19-8/19 10:00A-3:00P

GOLF

DULLES GOLF-INTRO TO THE GAME

(Ages 6 & up) During this beginning program of instruction, students will learn grip, set up, alignment, posture, full swing, pitch shots, chipping, and putting, as well as rules and etiquette. 8-10 students per instructor. Fee includes: club use, range balls and rule books. Family intro is for ages 6-14 and requires parent or guardian to register.

Location: Dulles Golf Center, Sterling

621720-01 \$166.00 Ages 15 & up
M 6/11-7/9 7:00P-8:00P
621720-02 \$166.00 Ages 15 & up
Sa 6/16-7/14 9:00A-10:00A
621720-03 \$166.00 Ages 15 & up
M 7/23-8/20 7:00P-8:00P
621720-04 \$166.00 Ages 15 & up
Sa 7/28-8/25 9:00A-10:00A
621720-05 \$166.00 Ages 15 & up
M 8/27-9/24 7:00P-8:00P
621720-06 \$166.00 Ages 15 & up
Sa 9/1-9/29 9:00A-10:00A
621720-07 \$166.00 Family Intro
Th 6/14-7/12 7:00P-8:00P
621720-08 \$166.00 Family Intro
Th 7/26-8/23 7:00P-8:00P
621720-09 \$166.00 Family Intro
Th 8/30-9/27 7:00P-8:00P

DULLES GOLF- BASIC FUNDAMENTAL

(Ages 15 & up) A comprehensive program of instruction for any skill level. Focuses on fundamentals of the golf swing including grip, posture, set up, "mini-swing", full swing theory, short irons, middle irons, long irons and woods, as well as practice techniques and drills. 5-8 students per instructor. Fee includes clubs, range balls and Academy Student Manual (CD).

Location: Dulles Golf Center, Sterling

621721-01 \$247.50
Tu 6/12-7/10 7:00P-8:00P
621721-02 \$247.50
Tu 7/24-8/21 7:00P-8:00P
621721-03 \$247.50
Sa 6/16-7/14 10:00A-11:00A
621721-04 \$247.50
Sa 7/28-8/25 10:00A-11:00A

DULLES GOLF- VIDEO MINI CAMP

(Ages 6-14) Learn the proper swing with body pivot, balance & basic swing plane theory using Swing View Pro video analysis. 4 students per instructor. Fee includes clubs and range balls.

Location: Dulles Golf Center, Sterling

621722-01 \$275.00
Th 6/14-7/12 8:00P-9:00P
621722-02 \$275.00

Th	7/26-8/23	8:00P-9:00P
621722-03	\$275.00	
Th	8/30-9/27	8:00P-9:00P

DULLES GOLF SHORT GAME & SCORING

(Ages 6 & up) An advanced program of instruction for players who want to fine-tune their game. Includes developing a pitching & chipping system, finding your putting style & taking the fear out of bunker shots. 4 to 6 students per instructor. Fee includes clubs and range balls.

Location: Dulles Golf Center, Sterling

621750-01	\$192.50	Ages 15+
Sa	7/28-8/18	12:00P-1:00P
621750-02	\$166.00	Ages 6-14
Sa	7/28-8/18	12:00P-1:00P

DULLES GOLF ADVANCED SWING

(Ages 15 & up) This in-depth instruction includes a Swing View Pro video analysis, in addition to developing a set-up routine, different swing types, swing plane, body positions, specialty shots and how to practice effectively. Four students per instructor. Fee includes range balls.

Location: Dulles Golf Center, Sterling

621793-01	\$330.00	
Sa	6/16-7/14	11:00A-12:00P
621793-02	\$330.00	
Sa	9/1-9/29	11:00A-12:00P

GYMNASTICS**MOM, DAD, & ME**

(Ages 18 mos -3yrs) A playfully-structured gymnastics experience involving strong parent participation. Concepts like movement, motor control, rhythms, and simple gymnastic elements are included.

Location: Loudoun Gymnastics Ctr., Sterling

621724-01	\$140.00	
W	6/20-8/22	10:00A-10:45A
621724-02	\$140.00	
Th	6/21-8/23	9:30A-10:15A

MINI BEARS GYMNASTICS

(Ages 3-4) The young gymnast works independently with the instructor to continue exploring movement education and expanding perceptual motor control. All equipment is used including bars, balance beam, trampoline, vault, and floor exercise

Location: Loudoun Gymnastics Ctr., Sterling

621724-03	\$140.00	
Tu	6/19-8/21	5:30P-6:15P
621724-04	\$140.00	
Th	6/21-8/23	9:30A-10:15A

PANDA BEARS

(Ages 5-6) Gymnasts work independently with the

instructor, exploring and expanding their skill development through verbal and physical repetition. All equipment is used. Listening skills and simple skill progressions are incorporated.

Location: Loudoun Gymnastics Ctr., Sterling

621724-05	\$185.00	
Tu	6/19-8/21	5:30P-6:30P
621724-06	\$185.00	
Th	6/21-8/23	9:30A-10:30A

URBAN GYMNASTICS

(Ages 5-18) Urban Gymnastics is modeled after the very popular art of Parkour. Learn to be more efficient at running, jumping, climbing, vaulting, and precision movements while developing functional strength, control, fluidity, creativity, balance and spatial awareness. We focus on the importance of safety, progression, repetition, and knowing your environment. Some experience preferred, but not required.

Location: Dulles Gymnastics Academy, Sterling

621713-01	\$56.00	Ages 5-9
M	6/11-6/25	10:30A-11:25A
621713-02	\$56.00	Ages 5-9
M	6/11-6/25	5:00P-5:55P
621713-03	\$56.00	Ages 5-9
Tu	6/12-6/26	5:00P-5:55P
621713-04	\$56.00	Ages 5-9
W	6/13-6/27	10:30A-11:25A
621713-05	\$56.00	Ages 5-9
W	6/13-6/27	5:00P-5:55P
621713-06	\$56.00	Ages 5-9
Th	6/14-6/28	5:00P-5:55P
621713-07	\$56.00	Ages 5-9
Th	6/14-6/28	6:00P-6:55P
621713-08	\$56.00	Ages 10-13
M	6/11-6/25	6:00P-6:55P
621713-09	\$56.00	Ages 10-13
M	6/11-6/25	7:00P-7:55P
621713-10	\$56.00	Ages 10-13
Tu	6/12-6/26	6:00P-6:55P
621713-11	\$56.00	Ages 10-13
Tu	6/12-6/26	7:00P-7:55P
621713-12	\$56.00	Ages 10-13
W	6/13-6/27	6:00P-6:55P
621713-13	\$56.00	Ages 10-13
W	6/13-6/27	7:00P-7:55P
621713-14	\$56.00	Ages 10-13
Th	6/14-6/28	7:00P-7:55P
621713-15	\$56.00	Ages 14-18
M	6/11-6/25	8:00P-8:55P
621713-16	\$56.00	Ages 14-18
Tu	6/12-6/26	8:00P-8:55P
621713-17	\$56.00	Ages 14-18
W	6/13-6/27	8:00P-8:55P
621713-18	\$56.00	Ages 14-18

Th	6/14-6/28	8:00P-8:55P
621714-01	\$75.00	Ages 5-9
M	7/2-7/23	10:30A-11:25A
621714-02	\$75.00	Ages 5-9
M	7/2-7/23	5:00P-5:55P
621714-03	\$75.00	Ages 5-9
Tu	7/3-7/24	5:00P-5:55P
621714-04	\$75.00	Ages 5-9
W	7/4-7/25	10:30A-11:25A
621714-05	\$75.00	Ages 5-9
W	7/4-7/25	5:00P-5:55P
621714-06	\$75.00	Ages 5-9
Th	7/5-7/26	5:00P-5:55P
621714-07	\$75.00	Ages 5-9
Th	7/5-7/26	6:00P-6:55P
621714-08	\$75.00	Ages 10-13
M	7/2-7/23	6:00P-6:55P
621714-09	\$75.00	Ages 10-13
M	7/2-7/23	7:00P-7:55P
621714-10	\$75.00	Ages 10-13
Tu	7/3-7/24	6:00P-6:55P
621714-11	\$75.00	Ages 10-13
Tu	7/3-7/24	7:00P-7:55P
621714-12	\$75.00	Ages 10-13
W	7/4-7/25	6:00P-6:55P
621714-13	\$75.00	Ages 10-13
W	7/4-7/25	7:00P-7:55P
621714-14	\$75.00	Ages 10-13
Th	7/5-7/26	7:00P-7:55P
621714-15	\$75.00	Ages 14-18
M	7/2-7/23	8:00P-8:55P
621714-16	\$75.00	Ages 14-18
Tu	7/3-7/24	8:00P-8:55P
621714-17	\$75.00	Ages 14-18
W	7/4-7/25	8:00P-8:55P
621714-18	\$75.00	Ages 14-18
Th	7/5-7/26	8:00P-8:55P
621718-01	\$75.00	Ages 5-9
M	7/30-8/20	10:30A-11:25A
621718-02	\$75.00	Ages 5-9
M	7/30-8/20	5:00P-5:55P
621718-03	\$75.00	Ages 5-9
Tu	7/31-8/21	5:00P-5:55P
621718-04	\$75.00	Ages 5-9
W	8/1-8/22	10:30A-11:25A
621718-05	\$75.00	Ages 5-9
W	8/1-8/22	5:00P-5:55P
621718-06	\$75.00	Ages 5-9
Th	8/2-8/23	5:00P-5:55P
621718-07	\$75.00	Ages 5-9
Th	8/2-8/23	6:00P-6:55P
621718-08	\$75.00	Ages 10-13
M	7/30-8/20	6:00P-6:55P
621718-09	\$75.00	Ages 10-13
M	7/30-8/20	7:00P-7:55P
621718-10	\$75.00	Ages 10-13

Tu	7/31-8/21	6:00P-6:55P
621718-11	\$75.00	Ages 10-13
Tu	7/31-8/21	7:00P-7:55P
621718-12	\$75.00	Ages 10-13
W	8/1-8/22	6:00P-6:55P
621718-13	\$75.00	Ages 10-13
W	8/1-8/22	7:00P-7:55P
621718-14	\$75.00	Ages 10-13
Th	8/2-8/23	7:00P-7:55P
621718-15	\$75.00	Ages 14-18
M	7/30-8/20	8:00P-8:55P
621718-16	\$75.00	Ages 14-18
Tu	7/31-8/21	8:00P-8:55P
621718-17	\$75.00	Ages 14-18
W	8/1-8/22	8:00P-8:55P
621718-18	\$75.00	Ages 14-18
Th	8/2-8/23	8:00P-8:55P

BOYS BEGINNER GYMNASTICS

(Ages 6-8) Boys are taught the basics of gymnastics through a progressive method of instruction. Flexibility and strength are introduced to complete a well-rounded gymnastics experience. All gymnastics equipment appropriate for this level will be used.

Location: Loudoun Gymnastics Ctr., Sterling

621724-07	\$185.00	
Tu	6/19-8/21	5:30P-6:30P
621724-08	\$185.00	
Th	6/21-8/23	9:30A-10:30A

GIRLS BEGINNER GYMNASTICS

(Ages 6-8 Girls) See description for Boys Beginner.

Location: Loudoun Gymnastics Ctr., Sterling

621724-09	\$185.00	
Tu	6/19-8/21	5:30P-6:30P
621724-10	\$185.00	
Th	6/21-8/23	9:30A-10:30A

GIRLS INTERMEDIATE

(Ages 9-12) Learning from their basics, each gymnast learns at her own pace. Flexibility and strength are built upon and helpful for the gymnast to improve and gain skill.

Location: Loudoun Gymnastics Ctr., Sterling

621724-11	\$276.00	
M	6/18-8/20	5:30P-7:00P
621724-12	\$276.00	
W	6/20-8/22	10:00A-11:30A

TUMBLING & TRAMPOLINE

(Ages 6 & up) This introductory class brings all the excitement of flight surrounding the core area of gymnastics; flexibility, strength, and basic skill development.

Location: Loudoun Gymnastics Ctr., Sterling

621724-13	\$276.00	
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M	6/18-8/20	5:30P-7:00P
621724-14	\$276.00	
W	6/20-8/22	10:00A-11:30A

MARTIAL ARTS**PMAA KUNG FU**

(Ages 5-18) PMAA Kungfu-Wushu program trains both mind and body to be strong, sharp, flexible and graceful. The students build discipline, focus, respect, and self-esteem. PMAA is led by well-known Wushu master, Bangjun Jiang, who holds a Wushu World Champion title and the highest class ranking as an International Athlete.

Location: Professional Martial Arts Academy, Sterling

621798-01	\$155.00	Ages 5-7
W,F	6/20-7/18	6:00P-6:45P
621798-02	\$155.00	Ages 5-7
W,F	7/25-8/17	6:00P-6:45P
621798-03	\$155.00	Ages 7-11
W	6/20-7/18	6:30P-7:30P
Sa	6/20-7/18	11:30A-12:30P
621798-04	\$155.00	Ages 7-11
W	7/25-8/18	6:30P-7:30P
Sa	7/25-8/18	11:30A-12:30P
621798-05	\$155.00	Ages 11-14
M	6/18-7/14	6:30P-7:30P
Sa	6/18-7/14	10:30A-11:30A
621798-06	\$155.00	Ages 11-14
M	7/23-8/18	6:30P-7:30P
Sa	7/23-8/18	10:30A-11:30A
621798-07	\$155.00	Ages 14-17
M	6/18-7/13	7:30P-8:30P
F	6/18-7/13	6:30P-7:30P
621798-08	\$155.00	Ages 14-17
M	7/23-8/17	7:30P-8:30P
F	7/23-8/17	6:30P-7:30P

ROCK CLIMBING**SPORTROCK KIDS' NIGHT**

(Ages 6 & up) Kids' Night provides an opportunity for children to experience the vertical world in a safe and comfortable environment. They can choose any climbs and will be belayed and guided by experienced instructors.

Location: Sportrock Climbing Center, Sterling

621743-01	\$78.00	
F	6/1-6/15	6:30P-8:00P
621743-02	\$78.00	
F	7/13-7/27	6:30P-8:00P
621743-03	\$78.00	
F	8/3-8/17	6:30P-8:00P

SPORTROCK OPEN CLIMB

(Ages 6 & up) Open Climb is an opportunity for kids

and adults to experience the vertical world together. No experience necessary. Climb as many times as you would like with experienced instructors. Gear included. Must be at least six years old.

Location: Sportrock Climbing Center, Sterling

621748-01	\$24.00	
Sa	6/2-6/2	12:00P-3:00P
621748-02	\$24.00	
Sa	6/9-6/9	12:00P-3:00P
621748-03	\$24.00	
Sa	7/14-7/14	12:00P-3:00P
621748-04	\$24.00	
Sa	7/21-7/21	12:00P-3:00P
621748-05	\$24.00	
Sa	8/4-8/4	12:00P-3:00P
621748-06	\$24.00	
Sa	8/11-8/11	12:00P-3:00P

SPORTROCK OUTDOOR ROCK CLIMB

(Ages 12 & up) This introductory class teaches novice climbers the basic skills necessary to safely climb outdoors. We teach all aspects of outdoor climbing, knot craft, harness wear, belaying, repelling, climbing techniques and safety. Program meets at Great Falls National Park.

Location: Great Falls National Park, VA

621741-01	\$150.00	
Sa	6/2-6/2	8:00A-4:00P
621741-02	\$150.00	
Sa	6/9-6/9	8:00A-4:00P
621741-03	\$150.00	
Sa	6/16-6/16	8:00A-4:00P
621741-04	\$150.00	
Sa	6/23-6/23	8:00A-4:00P
621741-05	\$150.00	
Sa	6/30-6/30	8:00A-4:00P
621741-06	\$150.00	
Sa	7/7-7/7	8:00A-4:00P
621741-07	\$150.00	
Sa	7/14-7/14	8:00A-4:00P
621741-08	\$150.00	
Sa	7/21-7/21	8:00A-4:00P
621741-09	\$150.00	
Sa	7/28-7/28	8:00A-4:00P
621741-10	\$150.00	
Sa	8/4-8/4	8:00A-4:00P
621741-11	\$150.00	
Sa	8/11-8/11	8:00A-4:00P
621741-12	\$150.00	
Sa	8/18-8/18	8:00A-4:00P
621741-13	\$150.00	
Sa	8/25-8/25	8:00A-4:00P

OUTDOOR AQUATICS PROGRAMS

Please Note: Pool hours and fees are subject to change. Non-county residents pay an additional 50% of fees.

FRANKLIN PARK POOL

17501 Franklin Park Drive
Purcellville, VA

540-338-7492 (Pool season)

540-338-7603 (Park office)

May 26 – June 10

M-F 4:00P-8:00P, Sa & Su 11:00A-8:00P

June 11-September 3

Daily 11:00A-8:00P

www.loudoun.gov/franklinpark

Fees*	Weekday	Weekend
Under 2 (plastic training pants required)	\$1.50	\$2.50
Ages 2-17	\$4.50	\$5.50
Ages 18-54	\$5.00	\$6.00
Ages 55+	\$4.50	\$5.50
After 6:00P	\$2.50 all ages	\$3.50

10-Admission Punch Card

Ages 2-17 & 55+ \$40.00

Ages 18-54 \$45.00

25-Admission Punch Card

Ages 2-17 & 55+ \$100.00

Ages 18-54 \$112.50

LOVETTSVILLE COMMUNITY POOL

57 E. Broad Way
Lovettsville, VA

540-822-5508 or 540-822-5284

May 26-June 10

M-Th 4:00P-7:00P, F 4:00P-6:30P

Sa & Su 12:00P-6:30P

June 11-September 3

M-Th 11:00A-7:00P, F 11:00A-6:30P

Sa & Su 12:00P-6:30P

www.loudoun.gov/lovettsvillecc

Fees	Weekday	Weekend
Under 2	\$0.50	\$1.00
Ages 2-17	\$3.50	\$4.00
Ages 18-54	\$4.00	\$4.50
Ages 55 and over	\$3.50	\$4.00
Last hour:		
Under 2 years	\$0.50	\$1.00
Age 2 & older	\$1.50	\$2.00

10-Admission Punch Card

Ages 2-17 & 55+ \$30.00

Ages 18-54 \$35.00

25-Admission Punch Card

Ages 2-17 & 55+ \$75.00

Ages 18 – 54 \$87.50

MIDDLEBURG COMMUNITY POOL

300 Washington Street
Middleburg, VA 20117

540-687-5130 (Pool)

540-687-6375 (Lessons)

M-Su 12:00P-7:00P

SPRING LAKES COMMUNITY POOL

18351 Orchid Drive
Leesburg, VA

703-777-0343

Private pool available only for swimming lessons.

GENERAL INFORMATION

BIRTHDAY PARTIES AT FRANKLIN PARK

Franklin Park Pool is available for birthday parties Monday through Friday starting June 11. The birthday party package includes admission for up to 20 participants (including children, adults, and non-swimmers), tent rental, and a decorated table for \$75. All fees must be paid in full when placing the reservation. Please stop by the park office (located between the ball fields) for more information.

LOVETTSVILLE POOL RENTALS

The Lovettsville Community Pool is available for private parties on Friday, Saturday and Sunday evenings from 7:00P-9:00P. The reservation fee is \$150 for groups up to 75 people; the fee for out-of-county groups is \$225. Larger groups will pay an additional fee for extra lifeguard staff. Reservations are taken on a first-come, first served basis. Age restrictions do apply for all rentals. Please stop by the community center office for reservation packet and more information or call 540-822-5284.

BIRTHDAY PARTIES AT LOVETTSVILLE COMMUNITY POOL

Make a splash with your friends by having your next birthday party or family gathering at the Lovettsville Pool. Two-hour party packages are available for groups of up to 20 participants, including children and adults. Reservation fee is \$60, which includes tent rental, pool admission and balloons. Please stop by the community center office

for more information or email Barbara.Sudduth@loudoun.gov

SWIM LESSONS

PARENT & CHILD AQUATICS

(Ages 6 mos-3 yrs) Teaches the parent fun techniques to introduce water orientations, skills and safety for their toddler. Parents must get in the water with the child. One child per parent. Swim diaper required if not potty trained.

Location: Franklin Park Pool

(Ages 6-36 mos.)

M,Tu,W,Th \$66.00

466100-01 6/11-6/21 10:30A-11:00A

466100-02 7/9-7/19 10:30A-11:00A

Location: Franklin Park Pool

(Ages 24-28 mos.)

M,Tu,W,Th \$66.00

466110-01 6/25-7/5 10:30A-11:00A

466110-02 7/23-8/2 10:30A-11:00A

Location: Middleburg Community Center

(Ages 18 mos-3yrs)

Tu,W,Th \$61.00

408702-01 6/19-6/28 10:00A-10:30A

408702-02 7/10-7/19 10:00A-10:30A

408702-03 7/24-8/2 10:00A-10:30A

PRESCHOOL AQUATICS

LEVEL I

(Ages 3-5) For first time swimmers who are apprehensive around water or have not been in a swim lesson setting previously. Students will learn introductory aquatic skills. Parents do not enter the water with the swimmer. **Swim diaper required if not potty trained.**

Location: Franklin Park Pool

M,Tu,W,Th \$66.00

466120-03 6/25-7/5 9:10A-9:40A

466120-04 6/25-7/5 8:30A-9:00A

466120-06 7/9-7/19 9:45A-10:15A

466120-07 7/9-7/19 10:20A-10:50A

466120-08 7/9-7/19 10:30A-11:00A

466120-09 7/23-8/2 9:10A-9:40A

466120-10 7/23-8/2 9:45A-10:15A

466120-11 7/23-8/2 9:45A-10:15A

466120-12 8/6-8/16 9:10A-9:40A

Location: Lovettsville Pool

M,Tu,W,Th \$56.00

428101-01 6/11-6/21 10:15A-10:45A

428101-02 6/11-6/21 9:30A-10:00A

428101-03 6/25-7/6* 10:15A-10:45A

*No class on 7/4

Location: Middleburg Community Center

Tu,W,Th \$61.00

408704-01	6/19-6/28	9:20A-9:50A
408704-02	7/10-7/19	9:20A-9:50A
408704-03	7/24-8/2	9:20A-9:50A
Location: Spring Lakes Community Pool		
M, Tu, W, Th	\$61.00	
621110-01	6/11-6/21	9:30A-10:00A
621110-02	6/25-7/6	9:30A-10:00A
621110-03	7/9-7/19	9:30A-10:00A
621110-04	7/23-8/2	9:30A-10:00A

LEVEL 2

(Ages 3-5) For swimmers who can put face under water for 5 seconds, blow bubbles, and can kick while on belly/front with support. Swimmers will develop locomotion skills on belly/front, submerge entire head and begin to develop locomotion skills on back.

Location: Franklin Park Pool

M, Tu, W, Th	\$66.00	
466130-01	6/11-6/21	8:30A-9:00A
466130-03	6/25-7/5	9:10A-9:40A
466130-04	6/25-7/5	8:30A-9:00A
466130-05	7/9-7/19	9:10A-9:40A
466130-06	7/9-7/19	9:45A-10:15A
466130-07	7/9-7/19	10:30A-11:00A
466130-08	7/23-8/2	9:10A-9:40A
466130-09	7/23-8/2	10:30A-11:00A
466130-10	8/6-8/16	9:10A-9:40A

Location: Lovettsville Pool

M, Tu, W, Th	\$56.00	
428102-04	6/25-7/6*	8:00A-8:30A
428102-05	6/25-7/6*	8:45A-9:15A
428102-07	7/9-7/19	9:30A-10:00A
428102-09	7/23-8/2	9:30A-10:00A
428102-10	7/23-8/2	10:15A-10:45A

*No class on 7/4

Location: Spring Lakes Community Pool

M, Tu, W, Th	\$61.00	
621111-01	6/11-6/21	9:00A-9:30A
621111-02	6/25-7/6	9:00A-9:30A
621111-03	7/9-7/19	9:00A-9:30A
621111-04	7/23-8/2	9:00A-9:30A

LEVEL 3

(Ages 3-5) Swimmers must be able to submerge totally 5 times as well as front float/glide unassisted, jump into 3 feet of water and swim to wall. Class will develop front and back crawl strokes.

Location: Franklin Park Pool

M, Tu, W, Th	\$66.00	
466140-01	6/11-6/21	9:00A-9:30A
466140-02	6/11-6/21	10:30A-11:00A
466140-03	6/25-7/5	8:30A-9:00A
466140-04	6/25-7/5	10:30A-11:00A
466140-05	7/9-7/19	8:30A-9:00A
466140-06	7/9-7/19	9:10A-9:40A
466140-07	7/23-8/2	8:30A-9:00A

466140-08	7/23-8/2	9:10A-9:40A
466140-09	8/6-8/16	9:45A-10:15A
Location: Lovettsville Pool		
M, Tu, W, Th	\$56.00	
428103-01	6/11-6/21	8:00A-8:30A
428103-02	7/9-7/19	8:00A-8:30A
428103-03	7/9-7/19	8:45A-9:15A
428103-04	7/23-8/2	8:00A-8:30A
428103-05	7/23-8/2	8:45A-9:15A

*No class on 7/4

LEARN-TO-SWIM AQUATICS
LEVEL 1

(Ages 6-12) A class for beginning swimmers with no previous water experience. Basic swim skills with assistance as well as basic water safety.

Location: Franklin Park Pool

M, Tu, W, Th	\$66.00	
466200-01	6/11-6/21	9:10A-9:40A
466200-02	6/25-7/5	9:10A-9:40A
466200-03	7/9-7/19	8:30A-9:00A
466200-04	7/23-8/2	8:30A-9:00A

Location: Lovettsville Pool

M, Tu, W, Th	\$56.00	
428201-01	6/11-6/21	9:30A-10:00A
428201-02	6/11-6/21	10:15A-10:45A
428201-03	6/25-7/6*	10:15A-10:45A

*No class on 7/4; session ends on Friday 7/6

Location: Spring Lakes Community Pool

M, Tu, W, Th	\$71.00	
621201-01	6/11-6/21	8:00A-8:45A
621201-02	6/25-7/6	8:00A-8:45A
621201-03	7/9-7/19	8:00A-8:45A
621201-04	7/23-8/2	8:00A-8:45A

LEVEL 2

(Ages 6-12) Students should be able to put face under water for 5 seconds, float on front and back with assistance. Class will begin to develop basic locomotive skills with emphasis on becoming less dependent on the instructor.

Location: Franklin Park Pool

M, Tu, W, Th	\$66.00	
466210-01	6/11-6/21	8:30A-9:00A
466210-03	6/25-7/5	8:30A-9:00A
466210-04	6/25-7/5	9:45A-10:15A
466210-05	7/9-7/19	8:30A-9:00A
466210-06	7/9-7/19	9:10A-9:40A
466210-08	7/23-8/2	8:30A-9:00A
466210-09	7/23-8/2	9:45A-10:15A
466210-10	8/6-8/16	8:30A-9:00A

Location: Lovettsville Pool

M, Tu, W, Th	\$56.00	
428202-01	6/11-6/21	8:45A-9:15A
428202-02	6/25-7/6*	8:45A-9:15A
428202-03	6/25-7/6*	9:30A-10:00A

428202-04	7/9-7/19	10:15A-10:45A
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*No class on 7/4

Location: Spring Lakes Community Pool

M, Tu, W, Th	\$71.00	
621202-01	6/25-7/5	8:05A-8:55A
621202-02	7/9-7/19	8:05A-8:55A
621202-03	7/23-8/2	8:05A-8:55A

LEVEL 2-3

(Ages 6-12) Students learn to float without support and the beginning of true locomotion skills adding to the self-help and basic rescue skills learned in Level 1.

Location: Middleburg Community Center

Tu, W, Th	\$61.00	
408705-01	6/19-6/28	8:40A-9:10A
408705-02	7/10-7/19	8:40A-9:10A
408705-03	7/24-8/2	8:40A-9:10A

LEVEL 3

(Ages 6-12) Students must be able to float on front/back independently, and swim front and back crawl for 5 yds. with little assistance from instructor. Class will teach refinement of basic skills.

Location: Franklin Park Pool

M, Tu, W, Th	\$71.00	
466220-01	6/11-6/21	9:10A-9:55A
466220-02	6/11-6/21	9:45A-10:30A
466220-03	6/25-7/5	9:10A-9:55A
466220-04	6/25-7/5	9:45A-10:30A
466220-05	7/9-7/19	9:10A-9:40A
466220-06	7/9-7/19	9:40A-10:25A
466220-07	7/23-8/2	9:10A-9:55A
466220-08	7/23-8/2	9:45A-10:30A
466220-09	8/6-8/16	9:10A-9:55A

Location: Lovettsville Pool

M, Tu, W, Th	\$56.00	
428203-01	6/11-6/21	8:00A-8:30A
428203-02	6/25-7/6*	8:00A-8:30A
428203-03	7/9-7/19	8:45A-9:15A
428203-04	7/9-7/19	9:30A-10:00A
428203-05	7/23-8/2	9:30A-10:00A
428203-06	7/23-8/2	10:15A-10:45A

*No class on 7/4

LEVEL 4

(Ages 6-12) Students must be able to perform basic skills with no assistance from instructor. Class objectives cover performing a feet-first entry, front & elementary back crawl for 50 yds, and breast-stroke & backcrawl for 50 yds.

Location: Franklin Park Pool

M, Tu, W, Th	\$71.00	
466230-01	6/11-6/21	10:00A-10:45A
466230-03	7/9-7/19	10:00A-10:45A
466230-04	7/23-8/2	10:00A-10:45A
466230-05	8/6-8/16	10:00A-10:45A

Location: Lovettsville Pool

M, Tu, W, Th	\$56.00	
428204-01	7/9-7/19	8:00A-8:30A
428204-03	7/23-8/2	8:45A-9:15A

LEVEL 4-5

(Ages 6-12) Students further coordinate front and back crawl. Introduction to elementary back stroke and fundamentals of treading water.

Location: Middleburg Community Center

Tu, W, Th	\$61.00	
408706-01	6/19-6/28	8:00A-8:30A
408706-02	7/10-7/19	8:00A-8:30A
408706-03	7/24-8/2	8:00A-8:30A

LEVEL 5

(Ages 6-12): Pre-requisites include feet-first entry, front and elementary back crawl for 25yds, and breaststroke and back crawl for 15yds. Class objective are to perform shallow angle dive, front and elementary back crawl for 50yds, and breaststroke and back crawl for 25yds.

Location: Lovettsville Pool

428205-01	\$56.00	
M, Tu, W, Th	7/23-8/2	8:00A-8:30A

PRIVATE SWIM LESSONS

(Ages 6 & up) Private swim lessons are currently only being offered at the days and time listed below. Private lesson prices include four consecutive, one-on-one lessons. Friday is the scheduled make up day in the event that the pool is closed for weather.

Location: Franklin Park Pool

M, Tu, W, Th	\$101.00	
466715-02	6/18-6/21	8:30A-9:00A
466715-05	7/2-7/5	8:30A-9:00A
466715-07	7/23-7/26	8:30A-9:00A
466715-11	8/6-8/9	8:30A-9:00A

**BANSHEE REEKS
NATURE PRESERVE**

21085 The Woods Rd.
Leesburg, VA 20175

703-669-0316

Sa-Su 8:00a.m.-4:00p.m.

www.bansheereeks.org

Supply & material fees are payable to the instructor at the first class.

Enjoy the beauty of this unique, 725-acre nature preserve in the heart of Loudoun County! The preserve consists of successional fields, hardwood forests, wetlands and riparian habitat. Banshee Reeks strives to protect the rich natural environments of its varied plant and animal populations. Goose Creek, a State Scenic River that encompasses abundant and diverse wildlife and associated habitats, runs more than two miles along the border of Banshee Reeks. The preserve is open to the public every Saturday and Sunday from 8:00 a.m. to 4:00 p.m. It is also open to organized groups that secure an access permit from the preserve manager.

INSTRUCTORS AND CAMP COUNSELORS WANTED!

We're looking for instructors who are willing to share their talents with the community in nature and education. Please call 571-258-3744.

VOLUNTEER OPPORTUNITIES

The third Saturday of each month, beginning at 9:00 a.m., is Volunteer Day at Banshee Reeks. This is a great way to become more familiar with the preserve and meet people who share a common interest in nature, history and the environment. Activities vary with indoor and outdoor projects. Children under 16 must be accompanied by an adult. Volunteer Day is held regardless of weather conditions.

TRAILS ARE OPEN

Enjoy many of the 20 miles of trails at Loudoun County's only nature preserve. Bring the family. No registration required.

BIRDING BANSHEE

(Ages 14 & up) Join the Friends of Banshee Reeks and Loudoun Wildlife Conservancy for their guided bird walks. These free, guided walks begin at 8:00 a.m. and are held on the second Saturday of each month. These walks provide beginner and experienced birders a chance to see spectacular birds. Bring binoculars.

GUIDED WALKABOUTS

Special guided walkabouts can be provided to Scout groups, school classes and community organizations. Scout groups can earn Activity Pins, Try-Its or Merit Badges. School groups can observe aspects of nature that they study in the classroom. These walkabouts can be used to introduce your group to some of the special ecological characteristics, historical resources and wildlife habitats of the preserve. Fee: \$3/person with \$18 minimum for one-hour walkabouts.

CAMPING AT BANSHEE REEKS

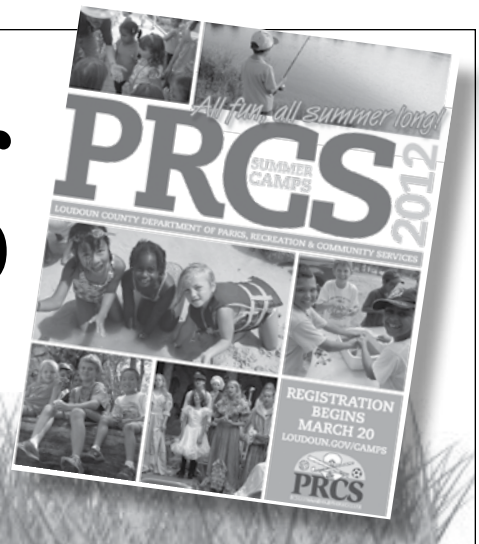
Camping is allowed by special permit for organized Scout groups only. All camping is LNT (Leave No Trace) and primitive. Campers must hike in. Toilets and water are available. Cooking is on stoves only. Fires are dependent on weather and only by permission. Fees: \$4/person with \$25 minimum per night. Call for permit and camping policies.

TEEN & ADULT PROGRAMS

Participants under 14 must be accompanied by a registered adult. Minimum numbers are required to run programs; please call or register in advance.

register now for summer camp

www.loudoun.gov/camps



FIRST AID FOR DOG OWNERS

(Ages 16 & up) Knowing what to do in an emergency can save the life of your pet. A veterinarian will teach you how to deal with the more common emergencies pets may encounter. You will learn what to include in a first aid kit, and will practice these essential skills with a demonstration animal.

467742-01 \$40.00
Su 8/19-8/19 1:00P-4:00P

HIDE TANNING

(Ages 16 & up) This strenuous, yet satisfying, class is perfect for outdoor lovers who want to make their own buckskin leather. You'll learn the ancient skill of tanning animal skins under modern and primitive conditions using the dry-scrape, egg-tan method. Hides tanned in this natural way are beautiful. This class will cover all of the tanning steps needed to transform a fresh, raw deerskin into finished leather. Two-person teams work through the steps and each person takes home one-half of the tanned hide. Rain date: August 25.

467740-01 \$260.00
Sa 8/18-8/18 8:00A-6:00P

BLUEMONT COMMUNITY CENTER

20 High St
Round Hill, Virginia 20141

540-338-4485

M-Th 7:00A-8:30P, F 7:00A-6:30P

Supply & material fees are payable to the instructor at the first class.

LICENSED CHILDCARE

(Ages 3-5) Looking for the perfect childcare solution? Our full and half-time childcare program provides a safe, healthy learning environment. Full-time: \$215/week. Half-time: \$189 or \$165/week depending on schedule. Call for space availability.

LICENSED PRESCHOOL: 2012/13 SCHOOL YEAR

(Ages 2-4) We offer a nine-month preschool program that follows the Loudoun County school calendar. The Virginia Department of Social Services requires proof of current immunizations, proof of age, and a childcare application form. Call for available openings in current year classes.

PRESCHOOL AGE PROGRAMS

PRESCHOOL BASKETBALL

(Ages 3-5) Children learn basic skills of basketball while having fun.

406127-01 \$14.00
M 6/18-6/25 3:30P-4:30P

New! MUDDY MONDAYS #1

(Ages 3-5) Students will learn the basic skills of clay hand-building. Each child will create their own masterpiece. \$5 supply fee for all classes. Instructor: Emily Rhodes.

406111-01 \$10.00 Taco Fish
M 6/18-6/18 9:00A-10:00A
406111-02 \$10.00 Bubble Bowl
M 7/16-7/16 9:00A-10:00A
406111-03 \$10.00 Owl Plaque
M 8/20-8/20 9:00A-10:00A

JEWELRY FOR BEGINNERS

(Ages 3-5) Create some glittery bling! This is a beginners' class for making fun, inexpensive jewelry from feathers, beads, string, and maybe even a little macaroni! Instructor: Sally Thibodeaux.

406104-01 \$14.00 (+\$3 supplies)
Tu,Th 6/19-6/21 2:30P-3:30P

PIRATE KIDS

(Ages 3-5) Explore and learn about pirate ships and hidden treasures. Bring a snack. Instructor: Kim Garrison.

406112-01 \$54.00 (+\$3 supplies)
Tu,W,Th 6/19-6/21 9:00A-12:00P

New! MOMMY RECESS

(Ages 1½-3) Mommy & Me is back! Stay with your child and have a fun time playing games, singing songs and meeting new friends.

Instructor: Amy Oliver.

406114-01 \$7.00
F 6/22-6/22 10:30A-11:30A
406114-02 \$21.00
F 7/13-7/27 10:30A-11:30A
406114-03 \$28.00
F 8/3-8/24 10:30A-11:30A

TEDDY BEARS & PJ'S

(Ages 3-5) Grab your favorite teddy bear or stuffed friend, along with your favorite pajamas, and join us for stories and songs. Bring a snack. Instructor: Kim Garrison.

406103-01 \$54.00 (+\$3 supplies)
Tu,W,Th 6/26-6/28 9:00A-12:00P

FUN & FOOTBALL

(Ages 3-5) Young football players will learn the basics of football including safety, throwing, catching, and running.

406126-01 \$21.00
M 7/2-7/16 3:30P-4:30P

RED, WHITE & BLUE

(Ages 3-5) Celebrate and learn more about Independence Day from stories and songs. Bring a snack. Instructor: Kim Garrison. No class 7/4.

406107-01 \$36.00 (+\$2 supplies)
Tu,Th 7/3-7/5 9:00A-12:00P

FUN UNDER THE SEA

(Ages 3-5) Learn about fish, sharks and other interesting creatures of the sea. Bring a snack. Instructor: Kim Garrison.

406102-01 \$54.00 (+\$3 supplies)
Tu,W,Th 7/10-7/12 9:00A-12:00P

NOTHING BUT DINOSAURS!

(Ages 3-5) Venture back millions of years and learn about the dinosaurs that roamed our earth. Bring a snack. Instructor: Kim Garrison

406101-01 \$54.00 (\$3 supplies)
Tu,W,Th 7/17-7/19 9:00A-12:00P

BUGS BONANZA

(Ages 3-5) Children will explore the world of bugs and let their creativity fly through arts and crafts, stories and fun. Bring a snack. Instructor: Kim Garrison.

406105-01 \$54.00 (+\$3 supplies)
Tu,W,Th 7/24-7/26 9:00A-12:00P

TRAINS, PLANES, & MORE

(Ages 3-5) Introduce your kids to all types of transportation through stories and projects. Bring a snack. Instructor: Kim Garrison.

406106-01 \$54.00 (+\$3 supplies)
Tu,W,Th 7/31-8/2 9:00A-12:00P

SUMMER TEE BALL

(Ages 3-5) Young baseball players will learn many basic skills needed for tee ball including safety, hitting, fielding, throwing and running..

406125-01 \$21.00
M 8/6-8/20 3:30P-4:30P

MUSIC MAKERS

(Ages 3-5) Explore the world of music and learn about the instruments that make the music, as well. Bring a snack. Instructor: Kim Garrison

406108-01 \$54.00 (+\$3 supplies)
Tu,W,Th 8/7-8/9 9:00A-12:00P

PRESCHOOL BASKETBALL #2

(Ages 3-5) Young players will learn safety, passing, dribbling, shooting and running.

406109-01 \$21.00
W 8/8-8/22 3:30P-4:30P

DOWN ON THE FARM

(Ages 3-5) Discover the world of cows, chickens and other farm animals. Bring a snack. Instructor: Kim Garrison.

406123-01 \$54.00 (+\$3 supplies)
Tu,W,Th 8/14-8/16 9:00A-12:00P

ELEMENTARY AGE PROGRAMS

New! MUDDY MONDAYS #2

(Ages 6-12) Clay projects will be based on the age and motor skills of participants. Students will learn about clay hand-building and a few tricks to make their own projects. \$5 supply fee all classes. Instructor: Emily Rhodes.

406203-01	\$10.00	Taco Fish
M	6/18-6/18	11:00A-12:00P
406203-02	\$10.00	Bubble Bowl
M	7/16-7/16	11:00A-12:00P
406203-03	\$10.00	Owl Plaque
M	8/20-8/20	11:00A-12:00P

CHILDREN'S ART CLUB

(Ages 6-11) Have your child become a member of the Bluemont Community Center's Art Club. They'll have fun learning to work with charcoal, draw cartoons and other projects.

406211-01	\$14.00	
Tu,Th	6/26-6/28	4:00P-5:00P

BASICS OF FOOTBALL

(Ages 6-8) Elementary football players will develop skills in safety, throwing, catching and running.

406209-01	\$21.00	
Tu	7/3-7/17	3:30P-4:30P

HOLIDAY CARTOON ART

(Ages 6-12) Let's celebrate Independence Day and draw cartoons with fireworks. A nice way to start the Fourth.

406210-01	\$7.00	
Tu	7/3-7/3	4:00P-5:00P

New! ENGINEERING WITH LEGO®: PRE-ENGINEERING

(Ages 5-6) Let your imagination run wild with over 100,000 LEGO bricks! In this fun-filled class, kids learn creative building techniques with guidance and inspiration from an experienced Play-Well instructor. New projects daily. Bring a snack. Instruction by Play-Well TEKnologies.

406201-01	\$168.00	
M,Tu,W,Th,F	7/16-7/20	9:00A-12:00P

New! ENGINEERING WITH LEGO®: ENGINEERING FUNDAMENTALS

(Ages 7-11) Kids apply real-world concepts in physics, engineering, and architecture through projects designed by engineers. Instructors provide inspiration for students to take their creations further, and each day's projects are geared uniquely to challenge students' abilities. Bring a snack. Instruction by Play-Well TEKnologie.

406202-01	\$168.00	
M,Tu,W,Th,F	7/16-7/20	1:00P-4:00P

FUN WITH CLAY MODELING

(Ages 6-12) Students will learn how to make beads, ornaments and fun figures in this beginning class. Instructor: Sally Thibodeaux.

406204-01	\$21.00 (+\$5 supplies)	
Tu,W,Th	7/17-7/19	4:00P-5:00P

BASICS BASEBALL

(Ages 6-8) Elementary age baseball players will learn many basic skills needed to play baseball. No class 8/21.

406208-01	\$21.00	
Tu	8/7-8/28	3:30P-4:30P

SKETCHING CHARCOAL

(Ages 6-11) Students will learn to use charcoal and drawing techniques for art sketches.

406214-01	\$14.00	
Th	8/9-8/16	4:00P-5:00P

WONDERFUL WATERCOLOR

(Ages 6-12) Learn to paint a variety of subjects using beginning techniques in watercolor pencils, palettes and liquids. Instructor: Sally Thibodeaux.

406205-01	\$14.00 (+\$1 supplies)	
W,Th	8/22-8/23	4:00P-5:00P

ADULT PROGRAMS

GET FIT WITH LINDA

(Ages 18 & up) This fun workout continues all summer long at Bluemont with stretching, aerobics and mat work. Instructor: Linda Sapp.

406501-01	\$56.00	
M,W,F	6/18-7/6	9:15A-10:15A

PAINTING W/ACRYLICS

(Ages 18 & up) Learn the basics of painting with acrylics. Students must provide canvas, brushes and acrylic paints.

406505-01	\$30.00	
W	7/11-7/25	7:00P-8:30P
406505-02	\$40.00	
W	8/1-8/22	7:00P-8:30P

SENIOR PROGRAMS

ZUMBA GOLD

(Ages 55 & up) Zumba Gold is a low-impact, Latin-inspired dance step that provides an excellent workout. Great program for seniors. Instructor: Desiree Polo-Dowling. No class 8/21.

406601-01	\$28.00	
Tu	7/3-7/24	9:00A-10:00A
406601-02	\$21.00	
Tu	8/7-8/28	9:00A-10:00A

MULTIAGE PROGRAMS

JEWELRY FOR JUNIORS

(Ages 8-13) Have fun making cuff and bead jewelry. Bring a friend and make friendship bracelets! Instructor: Sally Thibodeaux.

406708-01	\$21.00 (+\$5 supplies)	
Tu,W,Th	6/19-6/21	4:00P-5:00P

New Instructor! ZUMBA

(Ages 15 & up) Sandhya Nindrai is a recently certified instructor at Bluemont who brings new energy and fun to the program. Zumba is an aerobic, Latin-inspired dance step that provides a party atmosphere and total body workout.

406704-01	\$28.00	
M	7/2-7/23	7:00P-8:00P
406704-02	\$28.00	
M	8/6-8/27	7:00P-8:00P

YOGA YOUR WAY

(Ages 12 & up) Start your morning with yoga. Flow your breath and awaken your body while building strength and flexibility. Instructor: Desiree Polo Dowling. No class 8/21.

406701-01	\$50.00	
Tu	7/3-7/31	10:15A-11:15A
406701-02	\$30.00	
Tu	8/7-8/28	10:15A-11:15A

New Instructor! ZUMBA ON THURSDAYS

(Ages 15 & up) See instruction for Zumba.

406705-01	\$28.00	
Th	7/5-7/26	9:00A-10:00A
406705-02	\$28.00	
Th	8/9-8/30	9:00A-10:00A

BEGINNER BALLROOM DANCING

(Ages 16 & up) Bluemont has ballroom dancing! Learn the Fox Trot, Waltz, Tango, Swing, and Cha Cha. Instructor: Steve La Force.

406702-01	\$40.00	
Sa	7/7-7/28	9:30P-10:30P
406702-02	\$30.00	
Sa	8/4-8/18	9:30A-10:30A

BEGINNER TAI CHI

(Ages 16 & up) Tai Chi is an ancient Chinese form of mind, body, and spirit exercise that uses slow, circular movements to develop strength, balance, and promote overall health. Instructor: Steve La Force.

406706-01	\$40.00	
Sa	7/7-7/28	10:45A-11:45A
406706-02	\$30.00	
Sa	8/4-8/18	10:45A-11:45A

PORTRAITS IN PENCIL

(Ages 13 & up) Learn the basics of drawing and shading Faces in a fun, laid-back environment with ongoing instruction at your pace. Bring a drawing sketch pad (or drawing paper and firm surface) and a kneaded eraser. Instructor: Sally Thibodeaux.

406707-01 \$28.00
M 7/9-7/30 7:00P-8:00P

EVENING YOGA/PILATES

(Ages 15 & up) Develop strength, flexibility and body awareness while strengthening, sculpting and stretching. All levels welcomed. Instructor: Turi Turkel. No class 8/15.

406703-01 \$40.00
W 7/11-7/25 6:15P-7:30P
406703-02 \$53.00
W 8/1-8/29 6:15P-7:30P

CARVER CENTER

200 Willie Palmer Way
Purcellville, VA 20132

571-258-3400

M-F 9:00A-9:00P

Sa 9:00A-6:00P

Supply & material fees are payable to the instructor at the first class.

Unless otherwise noted, non-members pay a \$2 drop-in fee for free activities.

Visit loudoun.gov/carver for updated class information.

MEMBERSHIP**Annual Fee: Ages 55 & Better**

Loudoun County residents: \$25/year

Non-Residents: \$37.50/year

Non-Member Drop-In Fees:

Ages 17 & under: \$1.50

Ages 18-54: \$2/limited use, \$3/full access

Ages 55 & better: \$2.00

FINE & APPLIED ARTS**HANDWORK GROUP**

(Ages 18 & up) Bring a project (knitting, crocheting, quilting, embroidery, or any hand art) and chat with friends while you work.

Tu on-going 7:00P-9:00P

HEALTH & FITNESS PROGRAMS

FITNESS for 55 & BETTER

(Ages 55 & up) Maintain and increase muscle

tone, range of motion and positive attitude. Some standing exercises with support for balance and spatial awareness are included. Instructors: Alison MacPherson, Faith Cooper.

Pay at door \$36/12-visit punch card
M, W, F on-going 1:00P-1:45P

MONDAY MORNING MOVES - WHOLE BODY WORKOUT!

(Ages 55 & up) Kick start your week with light aerobics, hand weights, bands, and balls aimed at building core strength and increasing muscle awareness, balance, coordination and mental stimulation. Work at your own level. Instructor: Faith Cooper.

Pay at door \$48/ 12-visit punch card
M on-going 10:00A-10:45A

EARLY BIRD FITNESS

(Ages 16 & up) First, work your upper body to improve posture, strength and muscle definition. Next, work your lower body for improved balance, muscle endurance and core strength. End the week with deep stretching to improve flexibility. Instructor: Jill Perla. No class 7/3, 7/20.

430704-01 \$121.00
Tu,Th,F 6/12-7/26 8:15A-8:45A

CARDIO

(Ages 16 & up) This energetic, upbeat, challenging class delivers a superior, total- body workout with a combination of cardiovascular training and toning exercises. Instructor: Kerry Perry. No class 9/3.

430706-01 \$61.00
M 6/25-7/30 9:00A-10:00A
430706-02 \$61.00
M 8/13-9/24 9:00A-10:00A

THE CORE CURE (challenging class!)

(Ages 16 & up) Learn to utilize and strengthen your "powerhouse" (deep abdominal muscles, obliques and lower back) with this high-energy, muscle-conditioning, calorie-burning class. Small class size assures high level of instructional attention. Instructor: Kerry Perry.

430712-01 \$66.00
Tu 7/17-8/21 7:00P-8:00P

BEGINNING TAI CHI

(Ages 16 & up) Tai Chi is a martial art that teaches strength, balance, relaxation and flexibility through group repetition of a sequence of slow movements. This class covers the 24-position form. Instructor: Trudy Weaver.

430713-01 \$81.00
F 7/13-8/31 6:00P-7:00P

INTERMEDIATE TAI CHI

(Ages 16 & up) See Beginning Tai Chi. This class

covers the 48-position form. Instructor: Trudy Weaver.

430714-01 \$81.00
F 7/13-8/31 7:00P-8:00P

BODY SCULPTING

(Ages 15 & up) Tighten and shape your muscles using resistance bands and dumbbells. Abdominal work and a cool-down stretch are included. Bring a mat. Instructor: Jill Perla. No class 7/4, 9/3.

430703-01 \$101.00
M,W 6/27-8/8 5:15P-6:00P
430703-02 \$101.00
M,W 8/20-10/1 5:15P-6:00P

STRENGTH TRAINING

(Ages 16 & up) Excellent source of resistance exercises to help maintain bone density! Bring a mat. Certified Personal Trainer: Peggy Carter. No class 7/5.

430720-01 \$36.00
Th 6/7-7/19 4:30P-5:00P
430720-02 \$36.00
Th 8/2-9/6 4:30P-5:00P

KICKBOXING

(Ages 12 & up) A terrific workout that combines drills with no-contact sparring. At your first class, you will be given a punch card for six classes. You can switch days of the week. Cards remain valid for 6 months. Drop-in fee: \$8.50. Instructor: Mahesh Pathirana. No class 8/7.

430722/01-04 \$51.00
Sa 6/16-8/25 10:30A-11:30A
430723/01-04 \$51.00
Tu 6/19-8/28 6:00P-7:00P

LATIN GROOVES/RETRO MOVES FOR 55 & BETTER

(Ages 55 & up) Join us for this fun, high-energy, aerobic dance class as we groove to Latin beats and the music of days gone by. Steps from Salsa, Cha Cha, Jive and Disco for experienced and novice dancers. Wear comfortable clothing and supportive shoes. Instructor: Amanda Estep. No class 6/19.

430602-01 \$25.00
Tu 6/12-7/10 11:00A-11:30A
430602-02 \$31.00
Tu 7/31-8/28 11:00A-11:30A

ZUMBA PUNCHCARD

(Ages 16 & up) Latin-dance-inspired, aerobic exercise class. At your first class, you will be given a punch card for 15 classes. (11 for Saturday class). You can switch days of the week. Cards remain valid for 6 months. Drop-in fee: \$9.00. Instructor: Amanda Estep. No class 6/18, 6/21, 6/23.

430702-01	\$101.00	
Th	on-going	7:00P-8:00P
430702-02	\$101.00	
M	on-going	6:30P-7:30P
430702-03	\$76.00	
Sa	6/9-8/25	9:00A-10:00A

FITNESS CENTER MEMBERSHIPS

Full use of the fitness center and state-of-the-art equipment. Get in shape, stay healthy!

Drop-in	Ages 55 & better	\$2.00
Drop-in	Ages 16-54	\$3.00
6-Mos	Ages 16-54	\$52.00
12-Mos	Ages 16-54	\$104.00
M-F	9:00A-2:00P	Ages 55 & better (Free w/ membership)
M-F	2:00P-9:00P	Ages 16 & up
Sa	9:00A-6:00P	Ages 16 & up

DANCE PROGRAMS**BALLROOM DANCE SOCIAL**

(Ages 16 & up) Couples and singles are invited for one hour of instruction, followed by two hours of dancing in a night club atmosphere. Call 571-258-3400 by 8:00P the day before to register. NADTA-certified instructor: Jason Conrad.

Pay at door	\$15, \$10/advance call-in registration
4 th F	6/22, 7/27, 8/24 7:00P-10:00P

INTERMEDIATE LINE DANCE (Drop-in)

(Ages 16 & up) Work your body and mind! Instructor: Arlene Anderson.

Pay at door	\$3.00/class
W	on-going 6:00P-7:00P

NURSERY BALLET

(Age 2) Early introduction to ballet using props, dance games and songs and classical music. Ballet slippers required. Instructor: Cassie Ludtke.

430707-01	\$41.00	
Sa	6/9-6/30	9:00A-9:30A
430707-02	\$41.00	
Sa	7/7-7/28	9:00A-9:30A
430707-03	\$41.00	
Sa	8/4-8/25	9:00A-9:30A

PRE-BALLET

(Ages 3-4) First introduction of positions, terminology and steps of classical ballet designed to instill confidence and a love of movement. Ballet slippers required. Instructor: Cassie Ludtke.

430708-01	\$41.00	
Sa	6/9-6/30	9:30A-10:15A
430708-02	\$41.00	
Sa	7/7-7/28	9:30A-10:15A

430708-03	\$41.00	
Sa	8/4-8/25	9:30A-10:15A

BALLET I

(Ages 5-7) Class transitions from pre-ballet to more structure. Barre, center, adagio, petite and grand allegro are introduced. Ballet slippers required. Instructor: Cassie Ludtke.

430710-01	\$41.00	
Sa	6/9-6/30	10:15A-11:00A
430710-02	\$41.00	
Sa	7/7-7/28	10:15A-11:00A
430710-03	\$41.00	
Sa	8/4-8/25	10:15A-11:00A

BALLET II

(Ages 8-10) Class focuses on execution of steps previously learned in Ballet I with the addition of new techniques during second half of the year. Ballet slippers required. Instructor: Cassie Ludtke.

430709-01	\$41.00	
Sa	6/9-6/30	11:00A-12:00P
430709-02	\$41.00	
Sa	7/7-7/28	11:00A-12:00P
430709-03	\$41.00	
Sa	8/4-8/25	11:00A-12:00P

SOCIALIZING & ENTERTAINMENT**CARVER LUNCH BUNCH**

(Ages 55 & up) Lunch with friends. Roundtrip transportation by bus available from Carver. Lunch and tip extra. Those not requiring transportation must still register.

430601-01	\$4.00	Applebee's, Winchester
W	6/20-6/20	11:00A-1:30P
430601-02	Free	Self-Transport
W	6/20-6/20	11:00A-1:30P
430601-03	\$2.00	Jasmine, Leesburg
W	7/18-7/18	11:00A-1:30P
430601-04	Free	Self-Transport
W	7/18-7/18	11:00A-1:30P
430601-05	\$4.00	Macaroni Grill, Dulles
W	8/22-8/22	11:00A-1:30P
430601-06	Free	Self-Transport
W	8/22-8/22	11:00A-1:30P

SUMMER SUPPER CLUB

(Ages 18 & up) Out to dinner with friends. Roundtrip transportation available from Carver for \$6. Dinner and tip extra. Those not requiring transportation must still register.

430612-01	\$6.00	Sweetwater Tavern, Sterling
Th	7/12-7/12	4:00P-8:00P
430612-02	Free	Self-Transport
Th	7/12-7/12	4:00P-6:00P

430612-03	\$6.00	Dutch's Daughter, Frederick
Th	8/16-8/16	4:00P-8:00P
430612-04	Free	Self-Transport
Th	8/16-8/16	4:00P-8:00P

POOL ANYONE?

(Ages 18 & up) Enjoy honing your pool-shooting skills alone or with some friendly competition.

Pay at door	\$2.00
M-F	on-going 2:00P-9:00P
Sa	on-going 9:00A-6:00P

EDUCATION & INFORMATION**INTRO TO TRIGONOMETRY**

(Ages 13 & up) This class offers a refreshingly concrete approach to the elementary principles of trigonometry, covering theory and application to aviation, airport management, heights of buildings and military problems. Taught by college instructor and math enthusiast, Michael Laurenzano.

430724-01	\$121.00	
Sa	7/7-8/11	1:00P-2:30P

HOW TO SELL THINGS ON EBAY

(Ages 16 & up) Learn how to sell items on E-Bay. You will learn to list and price your item, insert pictures and print a shipping label.

430715-01	\$41.00	
Sa	7/7-7/14	10:00A-12:30P

COMPUTER TECHNOLOGY CAMP FOR TEENS

(Ages 11-14) Your creative teen will produce a podcast, shoot & edit video, create a flash website, make a 3D landscape, and design an I-phone case, sneakers or logo. You never know what career this might lead to! Laptop and signed waiver agreement required. Instructor: Andy Livingston.

430711-01	\$226.00	
M,Tu,W,Th,F	7/23-7/27	12:00P-4:00P

COMPUTERS FOR LATE BLOOMERS

(Ages 55 & up) A friendly introduction to using computers. Fee includes \$12 for optional textbook. Instructor: Ibby Dickson.

430603-01	\$49.00	Absolute Beginners
Tu	6/19-7/24	9:30A-10:30A
430606-01	\$49.00	Beginners
Tu	6/19-7/24	11:00A-12:00P

BASIC COMPUTER SKILLS

(Ages 18 & up) A friendly introduction to the internet, e-mail and word processing. Content will include searches, navigation, bookmarks, setting up and using e-mail and creating written documents. Cost of course includes textbook.

430725-01	\$49.00	
Tu	6/19-7/24	6:30P-8:00P

COMPUTER LAB

Call ahead for availability. Free for members.

Pay at door	\$2.00	Ages 55 & better
M-F	on-going	9:00A-2:00P
Pay at door	\$3.00	Ages 18 & up
M-F	on-going	2:00P-9:00P
Sa	on-going	9:00A-6:00P

CHESS CLUB (DROP-IN)

(All ages) All skill levels are welcome. Participants are encouraged to bring a chess board. Games may be played with or without clock. Leader: Raymond Duchesne.

\$2/Ages 18 & up non-member, \$1.50/under 18	
Th	ongoing
Warm-up exercises	6:00P-6:30P
Lesson	6:30P-7:15P
Games	7:15P-8:55P

SPECIAL EVENTS**CULINARY HERBS PRESENTATION**

Master Gardener Lucia Pull will inspire you to grow and cook with herbs in this delightful presentation. Those who aren't senior center members must pay a \$2 drop-in fee.

Tu	6/19-6/19	10:30A-11:45A
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AARP SAFE DRIVING CLASS

(Ages 50 & up) This class improves the skills of older drivers and may reduce insurance costs. Pay fee to instructor on first day (cash or check made out to AARP). Call 571-258-3400 to register.

\$12 members, \$14 non-members		
Th, F	6/21, 6/22	1:00P-5:00P

INDEPENDENCE DAY CELEBRATION

(Ages 55 & up) Enjoy outdoor games, including a water balloon toss, snow cones and popcorn, followed by a great barbeque lunch and live music. Lunch donation requested.

430604-01	\$3.00	
Tu	7/3-7/3	10:00A-1:15P

DEBUTANTE DANCE

(Ages 55 & up) The National League of Junior Cotillions Loudoun Chapter is partnering with Carver Center to bring you this special intergenerational Tea Dance. Sunday best attire is requested.

Free event		
F	7/27-7/27	1:00P-3:00P

ON-GOING WEEKLY SENIOR CLASSES

Unless otherwise noted, the following activities are exclusive to active, independent seniors 55 and better and are included with membership. Non-members pay a \$2 drop-in fee for free activities, unless otherwise noted. Activities noted by an asterisk have minimum participation requirements. Please call ahead.

DAILY CONGREGATE LUNCH

(Ages 55 & up) Join us for a full meal in a warm and friendly atmosphere. Please sign up in person or by calling 571-258-3459 a minimum of 24 hours in advance. Fee: \$4/ages 55-59; Donation/ages 60 & older.

M-F	on-going	12:00P-12:30P
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KNIT & CROCHET GROUP

An informal weekly get-together for people who enjoy doing handwork. Bring a project and join the fun. Some technical assistance provided.

M	on-going	10:30A-12:00P
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LITTLE YELLOW GIFT SHOP

Shop from the cabinet's collection for unique items with prices ranging from fifty cents to 35 dollars.

M	on-going	10:30A-11:30A
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BRING IN SOMETHING & TELL US ABOUT IT

(Ages 55 & up) Do you have a cherished object with an interesting story behind it or a photograph of something or someone dear to you? Do you make things? Bring something interesting to share.

M	on-going	10:45A-11:15A
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INDOOR (STANDING OR SEATED) BEACH BALL VOLLEYBALL

(Ages 55 & up) It's all the fun of volleyball with as little or much effort as you choose!

M	on-going	11:15A-11:50A
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SHOPPING*

(Ages 55 & up) Transportation to Leesburg for light variety shopping.

1st M	on-going	1:00P-3:00P
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WATER WALKING*

(Ages 55 & up) Approximately one hour of joint-friendly exercise in Ida Lee's auxiliary pool. Travel by bus from Carver.

\$5.25/admission		
M	on-going	12:30P-2:30P

BOWLING*

(Ages 55 & up) Play one non-competitive game at Village Lanes in Leesburg. Free shoes.

Free transportation at 12:30P.

\$2.50/game		
M	on-going	12:30P-2:30P

CARDS & GAMES

(Ages 55 & up)

M	Farkle	12:45P-2:00P
M	Canasta	1:00P-3:00P
M	Dominoes	12:45P-2:00P

LINE DANCE FOR 55 & Better

(Ages 55 & up) Leader: Carolyn Bledsoe.

\$2 drop-in/non-members		
M	on-going	2:00P-3:00P

VIRGINIA RESOURCE CENTER FOR THE DEAF AND HARD OF HEARING

(Ages 18 & up) Joan Cassidy will have information regarding mild to severe hearing loss and the newest assistive equipment available.

2nd Tu	on-going	10:00A-11:30A
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TAI CHI FOR 55 & Better

(55 & up) Slow-motion routines practiced in a group to promote strength, balance and flexibility. New students welcome. Instructor: Trudy Weaver.

Tu	10:15A-11:15A
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MODERATED BOOK DISCUSSION

(Ages 18 & up) Monthly book discussions, led by Anne Hardy. Books provided.

3rd Tu	on-going	10:30A-12:00P
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PING-PONG CLINIC

(Ages 55 & up)

Tu	on-going	9:45A-10:45A
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BALANCE AND STABILITY

(Ages 55 & up) Enhance your balance and stability with the exercises and movements using bands and resistance. Leader: Glenn Eason.

Tu	on-going	11:30A-11:55A
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BINGO

(Ages 55 & up) Join in for fun and prizes.

\$.50 per card; no card limit.		
Tu	on-going	12:45P-1:45P

CARVER CENTER ADVISORY BOARD

(Ages 18 & up) Help make suggestions for programs, projects, activities and events.

1st Tu	on-going	1:00P
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NINTENDO Wii LEARNING CLINIC

(Ages 55 & up) Discover the world of virtual sports! Test your physical and intellectual agility on this user-friendly game platform.

W	on-going	10:00A-10:30A
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LITTLE YELLOW GIFT SHOP

Shop from the cabinet's collection for unique items with prices ranging from fifty cents to 35 dollars.

W on-going 10:30A-11:30A

THRIFT STORE SHOPPING/LIBRARY VISITS IN PURCELLVILLE

(Ages 55 & up) Trips alternate between Blue Ridge Hospice Thrift Store and the Purcellville Library.

W on-going 10:30A-11:30A

LAUGH YOGA

(Ages 55 & up) Rae and Diana lead you through fun exercises and games to promote physical and emotional well-being.

W on-going 10:30A-11:30A

CREATIVE WRITING

(Ages 18 & up) A weekly group for anyone interested in exploring the writing process in a supportive and friendly environment. Group leader: published author Jean Kipfer.

W on-going 10:30P-12:00P

SUMMER EXCURSIONS WITH KEN

2nd W 7/11, 8/15 12:30-1:30

Check Carver newsletter at www.loudoun.gov/carver for destinations.

CARDS & GAMES

(Ages 55 & up) Scrabble/Group Games

W on-going 12:30P-2:00P

FAMILY FEUD

(Ages 55 & up) Test how well your answers match up with those polled in this classic game, led by our own Trixie Carter and Debra Foster.

4th W on-going 12:30P-2:00P

SING ALONG WITH WILEY

(Ages 55 & up) Carver member Bill Wiley offers guitar playing and vocals. Come and listen, or join in if you like!

2nd W on-going 12:45P-1:45P

MONTHLY AFTERNOON TEA

(Ages 55 & up) Your hostess, Carol Weckerly, will seat you in a cozy Carver classroom for an hour of sweets, tea and conversation. Limited to 14. Pre-register at front desk or by calling 571-258-3400 beginning two weeks before the event.

1st W on-going 1:00P-2:00P

LIBRARY OUTREACH VISIT

(Ages 55 & up) Carver members or guests select materials to check out. Library staff can assist with selections. Members or guests can request materials online or staff can handle the requests on-site. Requested materials are brought on a return visit.

2nd W on-going 11:00A-12:00P

BLOOD PRESSURE CHECK

(Ages 18 & up) Provided by Inova Loudoun Healthcare Unit. No appointment needed. Check calendar for dates. No facility drop-in fee for this activity.

2nd, 4th Th on-going 10:00A-12:00P

INDOOR (STANDING OR SEATED) BEACHBALL VOLLEYBALL

(Ages 55 & up) It's all the fun of volleyball with as little or much effort as you choose!

Th on-going 10:15A-10:45A

FACILITATED INTERDENOMINATIONAL BIBLE STUDY

(Ages 55 & up)

Th on-going 10:45A-11:55A

FREE FACIALS

(Ages 55 & up) Volunteers from Mary Kay provide some special pampering. (Managed by Katrina Bills).

2nd Th on-going 10:45A-11:45A

NINTENDO Wii LEARNING CLINIC

(Ages 55 & up) Discover the world of virtual sports! Test your physical and intellectual agility on this user-friendly game platform.

Th on-going 11:00A-11:30A

BALANCE AND STABILITY

(Ages 55 & up) Enhance your balance and stability with exercises and movements using bands and resistance. Leader: Glenn Eason.

Th on-going 11:30A-11:55A

AREA AGENCY ON AGING ONE-ON-ONE SUPPORT

(Ages 55 & up) Elder Case Manager Kathy Kehoe is available for confidential counseling on aging issues. Use our sign-up sheet or call Kathy at 703-737-8741.

1st 3rd Th on-going 12:15P-2:45P

MENTAL MUSCLE

(Ages 55 & up) Weekly classes using brain games to foster thinking.

Th on-going 12:45P-2:00P

BRIDGE CLUB

(Ages 55 & up) Club is for those who already know how to play.

Th on-going 1:00P-4:00P

CARDS & GAMES

(Ages 55 & up) Cards/Board Games

Th on-going 4:30P-9:00P

BOOKIN' IT

Read to, and be read to by, Emerick Elementary first grade students. Bus transportation provided. (Program runs during the school year only.)

F on-going 9:45A-10:45A

NINTENDO Wii LEARNING CLINIC

(Ages 55 & up) Discover the world of virtual sports! Test your physical and intellectual agility on this user-friendly game platform.

F on-going 10:15A-10:45A

LITTLE YELLOW GIFT SHOP

Shop from the cabinet's collection for unique items with prices ranging from fifty cents to 35 dollars.

F on-going 10:30A-11:30A

PING-PONG CLINIC

(Ages 55 & up) With your friendly host, Bill Wiley.

F on-going 10:45A-11:45A

BINGO

(Ages 55 & up) Join in for fun and prizes.

\$.50 per card; no card limit.

F on-going 10:45A-11:45A

MONTHLY MOVIES

(Ages 55 & up) Want to view some of the latest movies but don't want to drive to the movie theater? Then sit back and relax and enjoy a "Lazy Friday" afternoon with a matinee at the Carver Center! Join us for a once a month movie theater experience – complete with popcorn. Sign up at the front desk two weeks before the movie showing date.

Pay at door \$1/ movie & popcorn

1st F 7/6, 8/3 12:30P-2:00P

GROCERY SHOPPING

(Ages 55 & up) Transportation to local establishments.

F on-going 12:30P-2:00P

Loudoun PRCS
Like Us On

facebook

CLAUDE MOORE PARK

Visitor Center: 21544 Old Vestal's Gap Road
Sterling, VA 20164

Athletic Fields: 46150 Loudoun Park Lane

571-258-3700

www.loudoun.gov/claudemorepark

Visitor Center/Discovery Room: Daily 9:00A-5:00P

Park Hours: Daily 7:00A-Sunset

PRESCHOOL AGE PROGRAMS

Children experience the natural world through play, stories, and exploring outdoors (dress children appropriately). Children in drop-off classes must be toilet-trained.

PARENT/CHILD CLASSES

PARK PALS

(Ages 2-4) Discover the outdoors with a grown-up friend. Look for tracks, listen for bird calls, look under logs, and more, while focusing on monthly themes.

461106-01	\$7.75	Fox Fun
F	6/29-6/29	9:30A-10:30A
461106-02	\$7.75	Pond Life
F	7/6-7/6	9:30A-10:30A
461106-03	\$7.75	Frogs and Toads
F	7/27-7/27	9:30A-10:30A
461106-04	\$7.75	Bug Hunt
F	8/17-8/17	9:30A-10:30A
461106-05	\$7.75	Birds of a Feather
F	8/24-8/24	9:30A-10:30A

DROP-OFF CLASSES

POND LIFE

(Ages 3-6) Let's grab some nets and make a splash while looking for our aquatic friends. Can you catch a tadpole or a dragonfly nymph?

461107-02	\$11.50
F	7/6-7/6 12:30P-2:00P

FROGS AND TOADS

(Ages 3-6) How far can a frog leap? Can you tell a frog from a toad? Search the park for these amazing amphibians.

461108-01	\$11.50
F	7/27-7/27 12:30P-2:00P

BUG HUNT

(Ages 3-6) Mosquitoes...who needs them?! Roaches, EWWW! But wait, bugs are important! Find out why while catching what you can in our fields.

461111-01	\$11.50
F	8/17-8/17 12:30P-2:00P

BIRDS OF A FEATHER

(Ages 3-6) Fly, dive, swim, and soar! Birds can do almost anything! Let's explore the amazing things our feathered friends can do!

461113-01	\$11.50
F	8/24-8/24 12:30P-2:00P

MULTIAGE HIKES & INTERPRETIVE PROGRAMS

For the following programs, children MUST be accompanied by an adult unless noted. Minimum numbers required to run programs; please call in advance to register.

NATURE'S PHOTO SHOOT

(Ages 7-12 years) Join us for an introduction to nature photography. Bring a digital or two disposable cameras. An adult must accompany each child.

Pay at door	\$5.00
Sa	7/14-7/14 10:00A-11:30A

FIREFLY BUG HUNT CAMPFIRE

(All ages) Are those fairies shining in the night? What is making all that noise? Hunt for our bug and firefly friends and enjoy some toasted marshmallows (provided).

Pay at door	\$5.00
W	7/25-7/25 7:30P-9:00P

GEOCACHING CAMPFIRE

(All ages) Adventurers needed! Help find modern day treasure. Use one of the parks GPS devices or bring your own. Then toast marshmallows (provided).

Pay at door	\$5.00
Sa	8/11-8/11 7:00P-8:30P

BATTY FOR BATS

(Ages 3 & up) Did you know that bats can fly 10,000 feet high...and some can catch 3,000 insects in a night? Discover the fascinating world of this flying mammal.

Pay at door	\$5.00
Sa	8/18-8/18 7:00P-8:30P

OH DEER I DIDNT KNOW THAT!

(All ages) Do you know the deer's favorite foods; how to find them; or what some of their unique survival strategies are? Let's find out together!

Pay at door	\$5.00
W	8/29-8/29 6:30P-8:00P

FROGSHACKLE OPEN HOUSE

(All ages) Discover a treasure trove of objects from

nature! No registration required.

Free Event		
Sa	6/23-6/23	1:00P-3:00P
Free Event		
M	7/2-7/2	1:00P-3:00P
Free Event		
M	7/23-7/23	1:00P-3:00P
Free Event		
Sa	7/28-7/28	1:00P-3:00P
Free Event		
M	8/13-8/13	1:00P-3:00P
Free Event		
F	8/24-8/24	1:00P-3:00P

LANESVILLE OPEN HOUSE

(All ages) Discover the history of this National Register of Historic Places listed property. No registration required.

Free Event		
Sa	6/23-6/23	1:00P-3:00P
Free Event		
Sa	7/28-7/28	1:00P-3:00P
Free Event		
Sa	8/18-8/18	1:00P-3:00P
Free Event		
Sa	8/25-8/25	1:00P-3:00P

JUNIOR RANGER PROGRAM

(Ages 6 & up) Explore park history and nature, complete an activity book, take the Junior Ranger pledge and receive your patch.

Pay at door	\$2.00
Daily	6/16-8/31 9:00A-5:00P

NATURE BIRTHDAY PARTY

(Ages 4 & up) Celebrate your birthday with outdoor style! Choose from themes like Reptiles, Nature Safari, Geocaching, or Fishing (7&up). Can include a visit with our turtles & snake.

Call ahead	\$95.00
Days vary	6/16-8/31 10:00A-5:00P

GUIDED NATURE OR HISTORY HIKES

(All ages) Group hikes on a variety of topics. Call for information and to schedule.

Call ahead	\$3.50
Days vary	6/16-8/31 10:00A-5:00P

CAMPFIRE PROGRAMS

(All ages) Gather around the campfire our naturalist builds to enjoy a nature program including stories, songs and toasting marshmallows. Call for information and to schedule.

Call ahead	
Days vary	6/16-8/31 10:00A-9:00P

CLAUDE MOORE COMMUNITY CENTER

46111 Loudoun Park Lane

Sterling, VA 20164

571-258-3500

M-Th 8:00A-8:00P

F 9:00A-5:00P Sa 9:00A-2:00P

Supply & material fees are payable to the instructor at the first class.

PRESCHOOL AGE PROGRAMS

AFTERNOON ADVENTURES

(Ages 3-5) Join us for an afternoon filled with fun. Activities include crafts, games, indoor/outdoor play centered on a weekly theme. Bring a snack & drink. No camp 7/4.

510126-02	\$64.00	ABC/123
Tu,W,Th	6/26-6/28	1:00P-4:00P
510126-03	\$64.00	Storybook Adventures
Tu,W,Th	7/10-7/12	1:00P-4:00P
510126-04	\$64.00	Math Mania
Tu,W,Th	7/17-7/19	1:00P-4:00P
510126-05	\$64.00	Transportation
Tu,W,Th	7/24-7/26	1:00P-4:00P
510126-06	\$64.00	Ocean Fun
Tu,W,Th	7/31-8/2	1:00P-4:00P

MUSIC TOGETHER

(Ages 0-4 years) Music Together is a research-based early childhood music and movement program for children and a parent/caregiver.

410101-01	\$96.00 (+\$39 supplies)
Tu	7/10-8/14 9:30A-10:15A

MY FIRST PRESCHOOL TU, TH AM

(Ages 2-2½) Your child's first preschool class is a unique experience with books, songs, socialization, art, games, music, dance and more! Instructors: Sharon Hunter & Jaclyn Elder-Johnson. Register in person at CMCC.

510120-03	\$90.00
Tu,Th	9/4-9/27 9:00A-10:30A

MY FIRST PRESCHOOL TU, TH PM

(Ages 2-2½) See description for Tu, Th AM.

510121-03	\$90.00
Tu,Th	9/4-9/27 11:00A-12:30P

MY FIRST PRESCHOOL MON, WED AM

(Ages 2-2½) See description for Tu, Th AM.

510122-03	\$80.00
M,W	9/5-9/26 9:00A-10:30A

MY FIRST PRESCHOOL MON, WED PM

(Ages 2-2 ½) See description for Tu, Th AM.

510123-03	\$80.00
M,W	9/5-9/26 11:00A-12:30P

ELEMENTARY AGE PROGRAMS

GAME ON!

(Ages 6-10) Try your hand at developing and designing your own game. Learn fun and challenging new games! Bring lunch, snack, and water bottle daily, Swimming Tuesday - bring swim suit, towel, and plastic bag.

510209-01	\$127.00
M,Tu,W,Th,F	7/16-7/20 9:00A-2:00P

PRE-ENGINEERING-LEGO CLASS

(Ages 5-6) Play-Well TEKologies will bring 100,000 LEGO bricks to camp! The instructors are experts in the field and will teach engineering, including organizational skills, team building, accountability, problem-solving and self-reliance.

510230-01	\$160.00
M,Tu,W,Th,F	8/6-8/10 9:00A-12:00P

ENGINEERING FUNDAMENTALS-LEGO

(Ages 7-10) See description for Pre-engineering.

510231-01	\$160.00
M,Tu,W,Th,F	8/6-8/10 1:00P-4:00P

AMAZING REPTILES

(Ages 5-7) Slithering snakes, tumbling turtles and leaping lizards will be the stars for the week. Learn all about our friends, the amphibians. The week will conclude with a *Reptiles Alive* show. Bring lunch and drink each day.

410200-01	\$128.00
M,Tu,W,Th,F	8/13-8/17 9:00A-2:00P

MULTIAGE PROGRAMS

CLAY CAFE ART ADVENTURE

(Ages 11-17) Spend your afternoon exploring fun new art experiences including pottery mosaics, origami, beading, tie dye, and more great crafts. All items will go home each day or by week's end. Activities are tailored by age group. Bring snack and water bottle daily. Instruction by Clay Cafe Studio of Chantilly.

510300-01	\$161.00
M,Tu,W,Th,F	6/18-6/22 1:00P-4:00P

510300-02	\$161.00
M,Tu,W,Th,F	8/6-8/10 1:00P-4:00P

CREATIVE WRITING

(Ages 13-17) Kids and teens are amazing story tellers. Have a great time and learn how to turn your ideas into future best sellers. "Storee Wryter

Gets a Dog" by Barbara Simpson Carducci required. Buy on first day of class for \$8.50 or bring your own. Bring snack, water bottle, pen/pencils and paper. Instructor; Barbara Carducci. Call 571-258-3500.

510301-01	\$177.00
M,Tu,W,Th,F	7/23-7/27 1:00P-4:00P

510301-02	\$177.00
M,Tu,W,Th,F	8/13-8/17 1:00P-4:00P

MAGNIFICENT MONDAY

(Grades K-5) Take the bus from Sterling Elementary School for homework time, games, free play, crafts and snacks. Registration must be completed at CMCC.

510235-01	\$17.00
M	8/27-8/27 2:45P-6:00P

510235-02	\$51.00
M	9/10-9/24 2:45P-6:00P

510235-03	\$85.00
M	10/1-10/29 2:45P-6:00P

TASTEFUL TUESDAY

(Grades K-5) See description for Magnificent Monday.

510236-01	\$17.00
Tu	8/28-8/28 2:45P-6:00P

510236-02	\$68.00
Tu	9/4-9/25 2:45P-6:00P

510236-03	\$85.00
Tu	10/2-10/30 2:45P-6:00P

WOWWY WEDNESDAY

(Grades K-5) See description for Magnificent Monday.

510237-01	\$17.00
W	8/29-8/29 2:45P-6:00P

510237-02	\$68.00
W	9/5-9/26 2:45P-6:00P

510237-03	\$85.00
W	10/3-10/31 2:45P-6:00P

THUNDEROUS THURSDAY

(Grades K-5) See description for Magnificent Monday.

510238-01	\$17.00
Th	8/23-8/30 2:45P-6:00P

510238-02	\$68.00
Th	9/6-9/27 2:45P-6:00P

510238-03	\$68.00
Th	10/4-10/25 2:45P-6:00P

FANTASTIC FRIDAY

(Grades K-5) See description for Magnificent Monday.

510239-01	\$17.00
F	8/31-8/31 2:45P-6:00P

510239-02	\$68.00
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F	9/7-9/28	2:45P-6:00P
510239-03	\$68.00	
F	10/5-10/26	2:45P-6:00P

ADULT PROOGRAMS

INTRO TO EGYPTIAN BELLY DANCE SERIES

(Ages 18 & up) Contemporary belly dance brings together the musical, dance, and poetry traditions of the Arab world. Each 90-minute workshop will focus on a specific aspect of the dance. All levels and abilities welcome. Instructor: Katayoun Hutson.

410500-01	\$12.00	Egyptian 8's & Undulations
W	6/20-6/20	6:30P-8:00P
410500-02	\$12.00	Pops, Locks & Isolations
W	7/11-7/11	6:30P-8:00P
410500-03	\$12.00	Steps & Traveling Moves
W	8/8-8/8	6:30P-8:00P
410500-04	\$12.00	Shimmies: Surrender to the Jiggle!
W	8/22-8/22	6:30P-8:00P

ARAB FOLK & SOCIAL DANCING

(Ages 18 & up) A fun introduction to the energetic and spirited folkloric dances of North Africa and the Middle East. Men and women of all levels and abilities welcome. Instructor: Katayoun Hutson.

410501-01	\$12.00	
W	7/25-7/25	6:30P-8:00P

INTRO TO PERSIAN DANCE

(Ages 18 & up) Persian Dance styles are characterized by expressive arms and hands, along with leaning positions and graceful, controlled steps, often in intricate circular patterns. Men and women of all levels and abilities welcome. Instructor: Katayoun Hutson

410502-01	\$12.00	Traveling, Patterns & Body Carriage
W	6/27-6/27	6:30P-8:00P
410502-02	\$12.00	Arms, Hands & Upper Body Movements
W	7/18-7/18	6:30P-8:00P
410502-03	\$12.00	Classical Persian Dance & Music Intro
W	8/15-8/15	6:30P-8:00P

INTRO TO IRANIAN FOLK & SOCIAL DANCING

(Ages 18 & up) A fun introduction to the energetic and spirited folkloric and dances of Iran (Persia). Dances include Bandari, Baba Karam and Tehrani-style party dancing. Men and women of all levels and abilities welcome. Instructor: Katayoun Hutson.

410503-01	\$12.00	
W	8/1-8/1	6:30P-8:00P

MIDDLE EASTERN PERCUSSION INTRODUCTION

(Ages 13 & up) Explore fun rhythms and techniques for playing hand drums from North Africa and the Middle East. Instruments provided, or bring your own Arabic tabla/doumbek, finger cymbals, frame drum or riq (Arabic Tambourine). Instructor: Katayoun Hutson.

410504-01	\$12.00	
W	8/29-8/29	6:30P-8:00P

CLAUDE MOORE RECREATION CENTER

46105 Loudoun Park Lane

Sterling, VA 20164

571-258-3600

571-258-3601 (fax)

<http://www.loudoun.gov/claudemoorerrec>

Facility Hours:*

M-F 5:00A-9:30P • Sa-Su 8:00A - 8:00P

Competition Pool

M-F 5:00A-9:15P • Sa-Su 8:00A-7:45P

Leisure Pool & Spa

M-F 9:00A-8:45P • Sa-Su 11:00A-7:45P

*Please call for availability of the leisure pool and rock wall. Hours are subject to change based on customer demand.

CMRC Closed Memorial Day, 5/28/2012

Closes at noon (12:00 PM) July 4th

Closed Labor Day, 9/3/2012

Entire facility will be closed 8/27-9/3 for annual maintenance. Facility reopens 9/4. Call ahead, or check the web site for availability.

ADMISSION FEES

All admissions include access to the fitness center, competitive pool, leisure pool, gymnasium, indoor track, and open time on the rock wall. Full payment by cash, check, Visa, MasterCard, or Discover is due at time of purchase.

Daily	Resident	Non-Res
Under 3 (plastic training pants required)	Free	Free
Ages 3-17	\$3.75	\$5.75
Adults 18-54	\$5.50	\$8.25
Ages 55+	\$3.75	\$5.75
Chaperone Fee*	\$2.00	\$2.00

(*adults accompanying youth 5-12, but not utilizing CMRC; MUST be in pool with <5 yrs, pay full admission fee)

Admission Pass (25 admissions no expiration)

Ages 3-17 & 55+	\$85	\$128
Ages 18-54	\$120	\$180

Monthly Passes (unlimited use)

Single Adult	\$46	\$69
Two Adults (Family)	\$71	\$107
Family Dependent	\$12	\$18
Family	\$84	\$125
Student Pass*	\$34	\$50
Senior	\$34	\$50
Senior Couple	\$52	\$78

Annual Membership (unlimited use)

Single Adult	\$550	\$825
Two Adults (Family)	\$850	\$1275
Family Dependent	\$140	\$210
Family	\$1000	\$1500
Student Pass*	\$400	\$600
Senior	\$400	\$600
Senior Couple	\$620	\$930

*Individual up to age 21 claimed as a dependent for tax purposes with valid school ID

Drop-in Care for Children (Ages 6mos-10 yrs)

M, W, F, Sa	9:00A-12:00P
M, W	3:30P-7:30P
Friday	3:30P-6:30P
Tu, TH	No Drop-in

Cost for drop-in child care is \$4 per child per visit

GENERAL INFORMATION

FACILITY RENTALS

Rental options include a carpeted, multi-purpose room, catering kitchen, gymnasium, conference room, and small classrooms. Visit us for a tour and to schedule your event. Payment is due at time of reservation.

RECREATION CENTER BIRTHDAY PARTIES

Swim or play with your guests and enjoy a meal in one of our Party Rooms. Party packages are available Friday evenings, Saturdays and Sundays for groups of 15 participants or less. Visit us online for package details, prices, and forms. Stop by to secure a date. Full payment is due at time of reservation.

AQUATICS & SAFETY PROGRAMS

LIFEGUARD CLASS

Prerequisites: Must be 15 by last class and be able to complete a 300-yd swim and get 10lb. brick from bottom of at least 9 ft. of water at first class. Must also be able to tread water for 2 minutes using only legs. Bring swimsuit and towel everyday. Attendance at every class is mandatory.

473290-01	\$251.00	
M, Tu, W, Th	6/18-6/21	10:00A-6:00P

473290-02	\$251.00	
Su,Sa	7/7-7/15	10:00A-6:00P
473290-03	\$251.00	
Su,Sa	8/4-8/12	10:00A-6:00P

AQUA FIT

(Ages 14 & up) Using the water for resistance, this class offers challenging cardiovascular training, as well as strength conditioning. Held in shallow water.

473465-01	\$61.00	
Tu,Th	6/12-6/28	6:30P-7:30P

473465-02	\$91.00	
Tu,Th	7/10-8/7	6:30P-7:30P

PRIVATE/SEMI-PRIVATE SWIM LESSONS

(Ages 6 & up) These lessons offer individualized attention. Half-hour lessons are arranged by request only and scheduled monthly. Pick up and return forms at CMRC. Call 571-258-3600 x1566 or e-mail ryan.keelor@loudoun.gov.

Resident	Private	Semi-Private
4 lessons	\$150	\$100
8 lessons	\$280	\$195
Non-resident	Private	Semi-Private
4 lessons	\$225	\$150
8 lessons	\$420	\$293

CLAUDE MOORE AQUATICS CLUB

Swim Lesson Evaluations:

F 6/29, 7/27, 8/24 5:00P-7:00P

Swim Team Prep Evaluation:

Su 8/26 5:00P-7:00P

SUMMER SWIM TEAM PREP

(Ages 5-13) This program is designed to continue developing the skills taught in CMRC's Swim Team Prep program. Previous enrollment in any Swim Team Prep class since 9/1/11 or approval of Coach is required. Instructor: Coach Theresa.

473260-01	\$129.00	
Su	6/17-8/5	1:00P-2:30P

PRESCHOOL SWIM CLASSES
PARENT/CHILD LEVEL 1

(Ages 6-36 mos) Class will focus on water adjustment and safety skills. Parent must be in water.

Activity Number 473151

Sec	Dates	Day	Time	Fee
01	6/11-6/27	M,W	4:00P-4:30P	\$63
02	6/11-6/27	M,W	6:00P-6:30P	\$63
03	7/9-8/6	M,W	4:00P-4:30P	\$93
04	7/9-8/6	M,W	6:00P-6:30P	\$93
07	6/12-6/28	Tu,Th	4:00P-4:30P	\$63
08	6/12-6/28	Tu,Th	6:00P-6:30P	\$63
09	7/10-8/7	Tu,Th	4:00P-4:30P	\$93

10	7/10-8/7	Tu,Th	6:00P-6:30P	\$93
13	6/15-8/3	F	4:00P-4:30P	\$83
14	6/15-8/3	F	6:00P-6:30P	\$83
15	6/16-8/4	Sa	8:00A-8:30A	\$83
16	6/16-8/4	Sa	10:00A-10:30A	\$83
17	6/17-8/5	Su	8:00A-8:30A	\$83
18	6/17-8/5	Su	10:00A-10:30A	\$83

PARENT/CHILD LEVEL 2

(Ages 24-48 mos) Class will focus on water adjustment, safety skills and skill readiness. Parent must be in water.

Activity Number 473152

Sec	Dates	Day	Time	Fee
01	6/11-6/27	M,W	4:40P-5:10P	\$63
02	6/11-6/27	M,W	6:40P-7:10P	\$63
03	7/9-8/6	M,W	4:40P-5:10P	\$93
04	7/9-8/6	M,W	6:40P-7:10P	\$93
06	6/12-6/28	Tu,Th	4:40P-5:10P	\$63
07	6/12-6/28	Tu,Th	6:40P-7:10P	\$63
08	7/10-8/7	Tu,Th	4:40P-5:10P	\$93
09	7/10-8/7	Tu,Th	6:40P-7:10P	\$93
12	6/15-8/3	F	4:40P-5:10P	\$83
13	6/15-8/3	F	6:40P-7:10P	\$83
14	6/16-8/4	Sa	8:40A-9:10A	\$83
15	6/16-8/4	Sa	10:40A-11:10A	\$83
16	6/17-8/5	Su	8:40A-9:10A	\$83
17	6/17-8/5	Su	10:40A-11:10A	\$83

PRESCHOOL LEVEL 1

(Ages 3-5) Child must be able to leave parent willingly and follow directions. Goals of the class include entering independently, submerging face & blowing bubbles for at least 3 seconds and gliding on front at least 2 body lengths.

Activity Number 473153

Sec	Dates	Day	Time	Fee
01	6/18-6/28	M-Th	9:00A-9:30A	\$83
02	6/18-6/28	M-Th	9:40A-10:10A	\$83
03	7/9-7/19	M-Th	9:00A-9:30A	\$83
04	7/9-7/19	M-Th	9:40A-10:10A	\$83
05	7/23-8/2	M-Th	9:00A-9:30A	\$83
06	7/23-8/2	M-Th	9:40A-10:10A	\$83
07	8/13-8/23	M-Th	4:00P-4:30P	\$83
09	6/11-6/27	M,W	4:00P-4:30P	\$63
10	6/11-6/27	M,W	5:20P-5:50P	\$63
11	6/11-6/27	M,W	6:40P-7:10P	\$63
12	7/9-8/6	M,W	4:00P-4:30P	\$93
13	7/9-8/6	M,W	5:20P-5:50P	\$93
14	7/9-8/6	M,W	6:40P-7:10P	\$93
16	6/12-6/28	Tu,Th	4:00P-4:30P	\$63
17	6/12-6/28	Tu,Th	5:20P-5:50P	\$63
18	6/12-6/28	Tu,Th	6:40P-7:10P	\$63
19	7/10-8/7	Tu,Th	4:00P-4:30P	\$93
20	7/10-8/7	Tu,Th	5:20P-5:50P	\$93
21	7/10-8/7	Tu,Th	6:40P-7:10P	\$93

25	6/15-8/3	F	4:00P-4:30P	\$83
26	6/15-8/3	F	5:20P-5:50P	\$83
27	6/15-8/3	F	6:40P-7:10P	\$83
30	6/16-8/4	F	8:00A-8:30A	\$83
31	6/16-8/4	F	9:20A-9:50A	\$83
32	6/16-8/4	Sa	10:00A-10:30A	\$83
33	6/17-8/5	Su	8:00A-8:30A	\$83
34	6/17-8/5	Su	9:20A-9:50A	\$83
35	6/17-8/5	Su	10:00A-10:30A	\$83

PRESCHOOL LEVEL 2

(Ages 3-5) Child must be able to complete objectives of preschool level 1. Goals of the class include gliding on front 3 body lengths, floating for 5 seconds then recovering to a vertical position, swimming using combined arm and leg actions on front for 3 body lengths.

Activity Number 473154

Sec	Dates	Day	Time	Fee
01	6/18-6/28	M-Th	9:40A-10:10A	\$83
02	6/18-6/28	M-Th	10:20A-10:50A	\$83
03	7/9-7/19	M-Th	9:40A-10:10A	\$83
04	7/9-7/19	M-Th	10:20A-10:50A	\$83
05	7/23-8/2	M-Th	9:40A-10:10A	\$83
06	7/23-8/2	M-Th	10:20A-10:50A	\$83
07	8/13-8/23	M-Th	4:40P-5:10P	\$83
08	8/13-8/24	M-Th	6:00P-6:30P	\$83
09	6/11-6/27	M,W	4:40P-5:10P	\$63
10	6/11-6/27	M,W	5:20P-5:50P	\$63
11	6/11-6/27	M,W	6:00P-6:30P	\$63
12	6/11-6/27	M,W	7:20P-7:50P	\$63
13	7/9-8/6	M,W	4:40P-5:10P	\$93
14	7/9-8/6	M,W	5:20P-5:50P	\$93
15	7/9-8/6	M,W	6:00P-6:30P	\$93
16	7/9-8/6	M,W	7:20P-7:50P	\$93
19	6/12-6/28	Tu,Th	4:40P-5:10P	\$63
20	6/12-6/28	Tu,Th	5:20P-5:50P	\$63
21	6/12-6/28	Tu,Th	6:00P-6:30P	\$63
22	7/10-8/7	Tu,Th	4:40P-5:10P	\$93
23	7/10-8/7	Tu,Th	5:20P-5:50P	\$93
24	7/10-8/7	Tu,Th	6:00P-6:30P	\$93
27	6/15-8/3	F	4:40P-5:10P	\$83
28	6/15-8/3	F	5:20P-5:50P	\$83
29	6/15-8/3	F	6:00P-6:30P	\$83
32	6/16-8/4	Sa	8:40A-9:10A	\$83
33	6/16-8/4	Sa	9:20A-9:50A	\$83
34	6/16-8/4	Sa	10:40A-11:10A	\$83
35	6/17-8/5	Su	8:40A-9:10A	\$83
36	6/17-8/5	Su	9:20A-9:50A	\$83
37	6/17-8/5	Su	10:40A-11:10A	\$83

PRESCHOOL LEVEL 3

(Ages 3-5) Child must be able to complete objectives of preschool level 2. Goals of class include, Front & back float for 5 seconds each, swimming using combined arm and leg actions on front for 5 body lengths, rolling to back float for 15 seconds, then continuing 5 additional body lengths.

Activity Number 473155

Sec	Dates	Day	Time	Fee
01	6/18-6/28	M-Th	9:00A-9:30A	\$83
02	6/18-6/28	M-Th	10:20A-10:50A	\$83
03	7/9-7/19	M-Th	9:00A-9:30A	\$83
04	7/9-7/19	M-Th	10:20A-10:50A	\$83
05	7/23-8/2	M-Th	9:00A-9:30A	\$83
06	7/23-8/2	M-Th	10:20A-10:50A	\$83
07	8/13-8/23	M-Th	5:20P-5:50P	\$83
08	8/13-8/24	M-Th	6:40P-7:10P	\$83
09	6/11-6/27	M,W	4:00P-4:30P	\$63
10	6/11-6/27	M,W	4:40P-5:10P	\$63
11	6/11-6/27	M,W	5:20P-5:50P	\$63
12	6/11-6/27	M,W	6:40P-7:10P	\$63
13	7/9-8/6	M,W	4:00P-4:30P	\$93
14	7/9-8/6	M,W	4:40P-5:10P	\$93
15	7/9-8/6	M,W	5:20P-5:50P	\$93
16	7/9-8/6	M,W	6:40P-7:10P	\$93
19	6/12-6/28	Tu,Th	4:00P-4:30P	\$63
20	6/12-6/28	Tu,Th	4:40P-5:10P	\$63
21	6/12-6/28	Tu,Th	5:20P-5:50P	\$63
22	6/12-6/28	Tu,Th	6:40P-7:10P	\$63
23	7/10-8/7	Tu,Th	4:00P-4:30P	\$93
24	7/10-8/7	Tu,Th	4:40P-5:10P	\$93
25	7/10-8/7	Tu,Th	5:20P-5:50P	\$93
26	7/10-8/7	Tu,Th	6:40P-7:10P	\$93
29	6/15-8/3	F	4:00P-4:30P	\$83
30	6/15-8/3	F	4:40P-5:10P	\$83
31	6/15-8/3	F	5:20P-5:50P	\$83
32	6/15-8/3	F	6:40P-7:10P	\$83
33	6/16-8/4	Sa	8:00A-8:30A	\$83
34	6/16-8/4	Sa	8:40A-9:10A	\$83
35	6/16-8/4	Sa	10:00A-10:30A	\$83
36	6/17-8/5	Su	8:00A-8:30A	\$83
37	6/17-8/5	Su	8:40A-9:10A	\$83
38	6/17-8/5	Su	10:00A-10:30A	\$83

AMERICAN REDCROSS LEARN TO SWIM CLASSES

LEARN TO SWIM LEVEL 1

(Ages 6-12) Goals of the class include gliding on front for 2 body lengths and floating on back for 5 seconds.

Activity Number 473251

Sec	Dates	Day	Time	Fee
01	6/18-6/28	M-Th	9:00A-9:30A	\$83
02	7/9-7/19	M-Th	9:00A-9:30A	\$83

03	7/23-8/2	M-Th	9:00A-9:30A	\$83
04	8/13-8/23	M-Th	4:00P-4:30P	\$83
05	8/13-8/24	M-Th	6:00P-6:30P	\$83
06	6/11-6/27	M,W	4:00P-4:30P	\$63
07	6/11-6/27	M,W	6:40P-7:10P	\$63
08	7/9-8/6	M,W	4:00P-4:30P	\$93
09	7/9-8/6	M,W	6:40P-7:10P	\$93
10	6/12-6/28	Tu,Th	3:50P-4:20P	\$63
11	6/12-6/28	Tu,Th	6:00P-6:30P	\$63
12	7/10-8/7	Tu,Th	3:50P-4:20P	\$93
13	7/10-8/7	Tu,Th	6:00P-6:30P	\$93
14	6/15-8/3	F	4:00P-4:30P	\$83
15	6/15-8/3	F	6:40P-7:10P	\$83
17	6/16-8/4	Sa	8:00A-8:30A	\$83
18	6/16-8/4	Sa	9:20A-9:50A	\$83
19	6/17-8/5	Su	8:00P-8:30P	\$83
20	6/17-8/5	F	9:20A-9:50A	\$83

LEARN TO SWIM LEVEL 2

(Ages 6-12) Child must be able to complete objectives of Learn to Swim Level 1. Goals of the class include swimming 10 body lengths using any stroke and floating on front & back for 5 seconds.

Activity Number 373252

Sec	Dates	Day	Time	Fee
01	6/18-6/28	M-Th	9:40A-10:10A	\$83
02	6/18-6/28	M-Th	10:20A-10:50A	\$83
03	7/9-7/19	M-Th	9:40A-10:10A	\$83
04	7/9-7/19	M-Th	10:20A-10:50A	\$83
05	7/23-8/2	M-Th	9:40A-10:10A	\$83
06	7/23-8/2	M-Th	10:20A-10:50A	\$83
07	8/13-8/23	M-Th	4:40P-5:10P	\$83
08	8/13-8/24	M-Th	6:40P-7:10P	\$83
09	6/11-6/27	M,W	4:40P-5:10P	\$63
10	6/11-6/27	M,W	6:00P-6:30P	\$63
11	6/11-6/27	M,W	7:20P-7:50P	\$63
12	7/9-8/6	M,W	4:40P-5:10P	\$93
13	7/9-8/6	M,W	6:00P-6:30P	\$93
14	7/9-8/6	M,W	7:20P-7:50P	\$93
15	6/12-6/28	Tu,Th	4:30P-5:00P	\$63
16	6/12-6/28	Tu,Th	5:50P-6:20P	\$63
17	7/10-8/7	Tu,Th	4:30P-5:00P	\$93
18	7/10-8/7	Tu,Th	5:50P-6:20P	\$93
20	6/15-8/3	F	4:40P-5:10P	\$83
21	6/15-8/3	F	6:00P-6:30P	\$83
22	6/15-8/3	F	7:20P-7:50P	\$83
24	6/16-8/4	Sa	8:40A-9:10A	\$83
25	6/16-8/4	Sa	10:00A-10:30A	\$83
26	6/16-8/4	Sa	10:40A-11:10A	\$83
27	6/17-8/5	Su	8:40A-9:10A	\$83
28	6/17-8/5	Su	10:00A-10:30A	\$83
29	6/17-8/5	Su	10:40P-11:10P	\$83

LEARN TO SWIM LEVEL 3

(Ages 6-12) Child must be able to complete objectives of Learn to Swim Level 2. Goals of the class include swim front crawl 15 yards, treading water

or float for 15 seconds and swimming Elementary Backstroke 15 yards.

Activity Number 473253

Sec	Dates	Day	Time	Fee
01	6/18-6/28	M-Th	9:00A-9:30A	\$83
02	6/18-6/28	M-Th	9:40A-10:10A	\$83
03	6/18-6/28	M-Th	10:20A-10:50A	\$83
04	7/9-7/19	M-Th	9:00A-9:30A	\$83
05	7/9-7/19	M-Th	9:40A-10:10A	\$83
06	7/9-7/19	M-Th	10:20A-10:50A	\$83
07	7/23-8/2	M-Th	9:00A-9:30A	\$83
08	7/23-8/2	M-Th	9:40A-10:10A	\$83
09	7/23-8/2	M-Th	10:20A-10:50A	\$83
10	8/13-8/23	M-Th	5:20P-5:50P	\$83
11	8/13-8/24	M-Th	7:20P-7:50P	\$83
12	6/11-6/27	M,W	4:00P-4:30P	\$63
13	6/11-6/27	M,W	4:40P-5:10P	\$63
14	6/11-6/27	M,W	5:20P-5:50P	\$63
15	6/11-6/27	M,W	6:00P-6:30P	\$63
16	6/11-6/27	M,W	6:10P-6:40P	\$63
17	6/11-6/27	M,W	7:20P-7:50P	\$63
18	7/9-8/6	M,W	4:00P-4:30P	\$93
19	7/9-8/6	M,W	4:40P-5:10P	\$93
20	7/9-8/6	M,W	5:20P-5:50P	\$93
21	7/9-8/6	M,W	6:00P-6:30P	\$93
22	7/9-8/6	M,W	6:10P-6:40P	\$93
23	7/9-8/6	M,W	7:20P-7:50P	\$93
24	6/12-6/28	Tu,Th	4:00P-4:30P	\$63
25	6/12-6/28	Tu,Th	4:40P-5:10P	\$63
26	6/12-6/28	Tu,Th	5:10P-5:40P	\$63
27	6/12-6/28	Tu,Th	6:10P-6:40P	\$63
28	6/12-6/28	Tu,Th	7:20P-7:50P	\$63
29	6/12-6/28	Tu,Th	7:20P-7:50P	\$63
30	7/10-8/7	Tu,Th	4:00P-4:30P	\$93
31	7/10-8/7	Tu,Th	4:40P-5:10P	\$93
32	7/10-8/7	Tu,Th	5:10P-5:40P	\$93
33	7/10-8/7	Tu,Th	6:10P-6:40P	\$93
34	7/10-8/7	Tu,Th	7:20P-7:50P	\$93
35	7/10-8/7	Tu,Th	7:20P-7:50P	\$93
38	6/15-8/3	F	4:00P-4:30P	\$83
39	6/15-8/3	F	4:40P-5:10P	\$83
40	6/15-8/3	F	5:20P-5:50P	\$83
41	6/15-8/3	F	6:00P-6:30P	\$83
42	6/15-8/3	F	6:10P-6:40P	\$83
43	6/15-8/3	F	7:20P-7:50P	\$83
45	6/15-8/3	F	7:20P-7:50P	\$83
48	6/16-8/4	Sa	8:00A-8:30A	\$83
49	6/16-8/4	Sa	9:20A-9:50A	\$83
50	6/16-8/4	Sa	9:30A-10:00A	\$83
51	6/16-8/4	Sa	10:40A-11:10A	\$83
52	6/16-8/4	Sa	11:00A-11:30A	\$83
53	6/17-8/5	Su	8:00A-8:30A	\$83
54	6/17-8/5	Su	9:20A-9:50A	\$83
55	6/17-8/5	Su	9:30A-10:00A	\$83
56	6/17-8/5	Su	10:10A-10:40A	\$83
57	6/17-8/5	Su	10:40A-11:10A	\$83

58	6/17-8/5	Su	10:50A-11:20A	\$83
59	6/17-8/5	Su	11:30A-12:00P	\$83

LEARN TO SWIM LEVEL 4

(Ages 6-12) Child must be able to complete objectives of Learn to Swim Level 3. Goals of the class include performing a feet-first entry, swimming Front Crawl & Elementary Backstroke for 25 yards, swimming Breaststroke, Back Crawl, Butterfly and Sidestroke for 15 yards.

Activity Number 473254

Sec	Dates	Day	Time	Fee
01	6/18-6/28	M-Th	9:00A-9:40A	\$107
02	6/18-6/28	M-Th	11:20A-12:00P	\$107
03	7/9-7/19	M-Th	9:00A-9:40A	\$107
04	7/9-7/19	M-Th	11:20A-12:00P	\$107
05	7/23-8/2	M-Th	9:00A-9:40P	\$107
06	7/23-8/2	M-Th	11:20A-12:00P	\$107
07	8/13-8/23	M-Th	4:00P-4:40P	\$107
08	8/13-8/24	M-Th	5:50P-6:30P	\$107
09	6/11-6/27	M,W	4:00P-4:40P	\$81
10	6/11-6/27	M,W	5:20P-6:00P	\$81
11	6/11-6/27	M,W	5:40P-5:20P	\$81
12	6/11-6/27	M,W	7:00P-7:40P	\$81
13	6/11-6/27	M,W	7:20P-8:00P	\$81
14	7/9-8/6	M,W	4:00P-4:40P	\$120
15	7/9-8/6	M,W	5:20P-6:00P	\$120
16	7/9-8/6	M,W	5:40P-6:20P	\$120
17	7/9-8/6	M,W	7:00P-7:40P	\$120
18	7/9-8/6	M,W	7:20P-8:00P	\$120
19	6/12-6/28	Tu,Th	4:00P-4:40P	\$81
20	6/12-6/28	Tu,Th	5:20P-6:00P	\$81
21	6/12-6/28	Tu,Th	5:40P-6:20P	\$81
22	6/12-6/28	Tu,Th	7:00P-7:40P	\$81
23	6/12-6/28	Tu,Th	7:20P-8:00P	\$81
24	7/10-8/7	Tu,Th	4:00P-4:40P	\$120
25	7/10-8/7	Tu,Th	5:20P-6:00P	\$120
26	7/10-8/7	Tu,Th	5:40P-6:20P	\$120
27	7/10-8/7	Tu,Th	7:00P-7:40P	\$120
28	7/10-8/7	Tu,Th	7:20P-8:00P	\$120
29	6/15-8/3	F	4:00P-4:40P	\$107
30	6/15-8/3	F	5:20P-6:00P	\$107
31	6/15-8/3	F	5:40P-6:20P	\$107
32	6/15-8/3	F	7:00P-7:40P	\$107
33	6/15-8/3	F	7:20P-8:00P	\$107
34	6/16-8/4	Sa	8:00A-8:40A	\$107
35	6/16-8/4	Sa	8:40A-9:20A	\$107
36	6/16-8/4	Sa	9:40P-10:20P	\$107
37	6/16-8/4	Sa	10:10A-10:50A	\$107
38	6/16-8/4	Sa	11:10A-11:50A	\$107
39	6/16-8/4	Sa	11:40A-12:20P	\$107
40	6/17-8/5	Su	8:00A-8:40A	\$107
41	6/17-8/5	Su	9:40A-10:20A	\$107
42	6/17-8/5	Su	11:10A-11:50A	\$107

LEARN TO SWIM LEVEL 5

(Ages 6-12) Child must be able to complete objectives of Learn to Swim Level 4. Goals of the class include performing a shallow angle dive, swimming Front Crawl & Elementary Backstroke for 50 yards, swimming Breaststroke, Back Crawl, Butterfly and Sidestroke for 25 yards.

Activity Number 473255

Sec	Dates	Day	Time	Fee
01	6/18-6/28	M-Th	9:50A-10:30A	\$107
02	7/9-7/19	M-Th	9:50A-10:30A	\$107
03	7/23-8/2	M-Th	9:50A-10:30A	\$107
04	8/13-8/23	M-Th	4:50P-5:30P	\$107
05	8/13-8/24	M-Th	6:40P-7:20P	\$107
06	6/11-6/27	M,W	4:50P-5:30P	\$81
07	6/11-6/27	M,W	6:30P-7:10P	\$81
08	7/9-8/6	M,W	4:50P-5:30P	\$120
09	7/9-8/6	M,W	6:30P-7:10P	\$120
10	6/12-6/28	Tu,Th	4:50P-5:30P	\$81
11	7/10-8/7	Tu,Th	4:50P-7:10P	\$120
12	6/15-8/3	F	6:30P-7:10P	\$107
13	6/16-8/4	Sa	8:50A-9:30A	\$107
14	6/16-8/4	Sa	11:50A-12:30P	\$107
15	6/17-8/5	Su	8:50A-9:30A	\$107
16	6/17-8/5	Su	11:50A-12:30A	\$107

LEARN TO SWIM LEVEL 6.1

(Ages 6-12) Child must be able to complete objectives of Learn to Swim Level 5. Goals of the class include Swimming choice stroke for 500 yards, jumping in deep water, survival float, back float— 5 minutes, feet first dive (Deep), retrieve object, surface and return to starting point.

Activity Number 473256

Sec	Dates	Days	Time	Fee
01	6/18-6/28	M-Th	10:40A-11:20A	\$107
02	7/9-7/19	M-Th	10:40A-11:30A	\$107
03	7/23-8/2	M-Th	10:40A-11:30A	\$107
04	8/13-8/23	M-Th	7:30P-8:10P	\$107
05	6/12-6/28	Tu,Th	6:30P-7:10P	\$81
06	7/10-8/7	Tu,Th	6:30P-7:10P	\$120
07	6/15-8/3	F	4:50P-5:30P	\$107
08	6/16-8/4	Sa	10:30A-11:10A	\$107
09	6/17-8/5	Su	8:40A-9:20A	\$107
10	6/17-8/5	Su	10:30A-11:10A	\$107

ADULT LEVEL 1

(Ages 13 & up) Goals of class include submerging face in water, swimming independently on front for 5 yards.

Activity Number 473461

Sec	Dates	Days	Time	Fee
01	6/16-8/4	Sa	12:10P-12:50P	\$107
02	6/17-8/5	Su	12:10P-12:50P	\$107

ADULT LEVEL 2

(Ages 13 & up) Goals of class include swimming

25 yards using both front and back crawl and floating on back for 10 seconds.

Activity Number 473462

Sec	Dates	Days	Time	Fee
01	6/16-8/4	Sa	1:00P-1:40P	\$107
02	6/17-8/5	Su	1:00P-1:40P	\$107

ADULT LEVEL 3

(Ages 13 & up) Goals of class include continuing to develop skills based on students goals.

Activity Number 473463

Sec	Dates	Days	Time	Fee
01	6/17-8/5	Su	1:50P-2:30P	\$107

GROUP EXERCISE

AQUA FIT

(Ages 14 & up) See description under Aquatics & Safety Programs.

ZUMBA

(Age 18 & up) With high tempo music and the latest dance moves, Zumba is guaranteed to whip you into shape and energize your day. Instructor: Laura Meza.

473504-01	\$56.00	
Th	6/21-7/19	6:00P-7:00P
473504-02	\$56.00	
Th	7/26-8/23	6:00P-7:00P

PILATES

(Ages 18 & up) May be strenuous. Focus on correct breathing, posture and core strengthening for all fitness levels. Instructor: Cynthia Strong.

473511-01	\$45.00	
W	6/20-7/18	7:00P-8:00P
473511-02	\$56.00	
W	7/25-8/22	7:00P-8:00P

FITNESS TRAINING & PROGRAM DESIGN

PERSONAL TRAINING-INDIVIDUAL

(Ages 12 & up) Half-hour, 1-hour, and 1½-hour individual training sessions arranged by advance appointment. Individualized attention for instruction and motivation. Call 571-258-3600 or email Mitchell.frid@loudoun.gov.

PERSONAL TRAINING-GROUP

The certified trainers with MASE Training, LLC are committed to helping you obtain your fitness goals. MASE is available for **free** fitness assessments, as well as one free phone nutritional consultation. Contact the Recreation Center or call MASE Training, LLC at 571-434-6273.

ADULT FITNESS ORIENTATION, CV

(Ages 16 & up) May be strenuous. Learn how to start, program, and safely use the cardiovascular equipment. Schedule changes monthly. Contact Mitchell.frid@loudoun.gov or call 571-258-3600.

473523-01 Included with admission
M-Su 6/15-8/28

ADULT FITNESS ORIENTATION, STR

(Age 16 & up) May be strenuous. Learn how to set the seat, proper form, and technique to safely use the strength equipment. Schedule changes monthly. Contact Mitchell.frid@loudoun.gov or call 571-258-3600.

473524-01 Included with admission
M-Su 6/15-8/28

YOUTH FITNESS ORIENTATION

(Ages 12-15) May be strenuous. Two, one-hour sessions to learn proper form, technique, and safety on the cardiovascular and weight machines. Schedule changes monthly. Contact Mitchell.frid@loudoun.gov or call 571-258-3600.

473723-01 \$15
M-Su 6/15-8/28

MARTIAL ARTS/SELF DEFENSE PROGRAMS**TAI CHI 4 ADULTS**

(Ages 18 & up) Tai chi is an ancient Chinese form of mind, body, and spirit exercise that uses slow, circular movements. Low-impact and great for adults and seniors. Instructor: Lorraine Kelley.

473510-01 \$89.00
F 6/15-8/10 7:30P-8:30P

FENCING PROGRAMS

Fencing classes for all levels of ability are offered in partnership with "Have Blade Will Travel". Equipment fee is payable to the instructor at the first class.

PRIVATE LESSONS

(Ages 8 & up) Twenty minutes of personal instruction with Coach Geoff Butler, arranged by advanced appointment. Contact Alexa at 571-258-3600, or alexa.fuerth@loudoun.gov.

FENCING: RECREATIONAL

(Ages 8 & up) Designed for students new to the sport, still need to grasp the fundamentals, or are not interested in becoming competitive fencers.

473326-01 \$89.00 (+\$20 equipment)
W 7/11-8/15 5:15P-6:15P
473326-02 \$89.00 (+\$20 equipment)
W 7/11-8/15 6:30P-7:30P

FENCING: GENERAL

(Ages 8 & up) Class helps prepare students for competitive fencing classes. Focuses on furthering basic parries, attacks, and drills. All three fencing disciplines are welcome. Prior experience required. Must be approved by a Have Blade Coach.

473331-01 \$111.00 (+\$20 equipment)
W 7/11-8/15 5:15P-6:15P
473331-02 \$111.00 (+\$20 equipment)
W 7/11-8/15 6:30P-7:30P

FENCING: COMPETITIVE

(Ages 11 & up) Requires approval by Coach Geoff Butler, Dan Taylor-McNally, or proof of a minimum E ranking by USFA. Designed for fencers who want to improve their USFA ranking or become a ranked fencer. All 3 fencing disciplines are welcome.

473332-01 \$166.00 (+\$20 equipment)
W 7/11-8/15 6:00P-8:00P

DANCE**TINY TUTUS**

(Ages 3-5) Learn vocabulary and technique, improve coordination, flexibility, balance, and focus. Instructor: Lorraine Kelley.

473100-01 \$97.00
Sa 6/16-8/11 10:30A-11:15A

BALLET FOR YOUTH

(Ages 5-7) Explore classical and contemporary ballet. Improve coordination, balance, flexibility, and focus while learning to love the art of dance. Instructor: Lorraine Kelley.

473236-01 \$97.00
Sa 6/16-8/11 11:30A-12:15P

DOUGLASS COMMUNITY CENTER

405 East Market Street
Leesburg, VA 20176

703-771-5913

M-F 8:00A-9:00P Sa 8:00A-4:00P

Supply & material fees are payable to the instructor at the first class.

LICENSED PRESCHOOL 2012/2013 SCHOOL YEAR

(Ages 2½-5) We offer a nine-month preschool program that follows the Loudoun County school calendar. The State Department of Social Services requires proof of current immunizations, proof of age, and an application form. Our program follows Creative Curriculum Approach to Learning. Call for available openings in classes that start in September.

TODDLER & PRESCHOOL AGE PROGRAMS**SUMMER LUNCH BUDDIES**

(Ages 3½-7) Extend your camp day or drop in to meet new friends. We'll have lunch and enjoy special summer activities. Bring a bagged lunch. Every Friday, we will have a pizza lunch. No class 7/4.

404155-01 \$25.00
M,Tu,W,Th,F 6/11-6/15 12:00P-1:00P
404155-02 \$25.00
M,Tu,W,Th,F 6/18-6/22 12:00P-1:00P
404155-03 \$25.00
M,Tu,W,Th,F 6/25-6/29 12:00P-1:00P
404155-04 \$20.00
M,Tu,Th,F 7/2-7/6 12:00P-1:00P
404155-05 \$25.00
M,Tu,W,Th,F 7/9-7/13 12:00P-1:00P
404155-06 \$25.00
M,Tu,W,Th,F 7/16-7/20 12:00P-1:00P
404155-07 \$25.00
M,Tu,W,Th,F 7/23-7/27 12:00P-1:00P
404155-08 \$25.00
M,Tu,W,Th,F 7/30-8/3 12:00P-1:00P
404155-09 \$25.00
M,Tu,W,Th,F 8/6-8/10 12:00P-1:00P

SUMMER CRAFTS FOR TOTS

(Ages 12-18 mos) Celebrate the summer by creating crafts with your toddler. This is a great chance to meet other families and make new friends. Parent participation required.

404102-01 \$20.00
Tu 6/19-7/10 9:00A-9:30A

PATRIOTIC TOTS

(Ages 12-24 mos) Have fun making crafts and playing games in celebration of the Fourth of July! Parent participation required.

404109-01 \$15.00
Tu 6/19-7/3 9:45A-10:15A

TODDLER OUTDOOR GAMES

(Ages 12-36 mos) Get moving and shaking outside playing fun games with your toddler. Parent participation required.

404117-01 \$5.00
Tu 6/19-6/19 10:30A-11:00A
404117-02 \$5.00
Tu 7/10-7/10 10:30A-11:00A
404117-03 \$5.00
Tu 7/24-7/24 10:30A-11:00A
404117-04 \$5.00
Tu 8/14-8/14 10:30A-11:00A

THINGS THAT MOVE

(Ages 2-3) VROOM, VROOM, VROOM! Make trans-

portation crafts for each weekly theme to include cars, trains, boats, and planes. No class 7/4.

404103-01 \$20.00
W 6/20-7/18 9:45A-10:15A

OUTSIDE WATER PLAY

(Ages 12-18 mos) Cool off this summer by splashing and playing in our little pools. No class 7/4.

404110-01 \$20.00
W 6/20-7/18 10:30A-11:00A
404110-02 \$15.00
W 8/1-8/15 10:30A-11:00A

WE SCREAM FOR ICE CREAM

(Ages 4-6) Extend your camp day or treat your child to this delicious class! We'll create a new tasty ice cream based dessert each week along with a craft.

404106-01 \$10.00 Sundae
W 6/20-6/20 1:00P-2:00P
404106-02 \$10.00 Ice Cream Sandwich
W 7/11-7/11 1:00P-2:00P
404106-03 \$10.00 Banana Split
W 7/18-7/18 1:00P-2:00P
404106-04 \$10.00 Snow Cone
W 8/8-8/8 1:00P-2:00P

SIDEWALK CHALK FUN

(Ages 2-3) Picasso has nothing on us! We'll teach art techniques while creating chalk masterpieces on our sidewalks.

404105-01 \$10.00
F 6/22-6/29 9:30A-10:00A
404105-02 \$10.00
F 7/6-7/13 9:30A-10:00A

GALLERY OF ART

(Ages 2-3) Children are introduced to a variety of materials to create astonishing artwork. Each Friday, we'll introduce a new medium and theme.

404107-01 \$5.00 Sand Art
F 6/22-6/22 10:30A-11:00A
404107-02 \$5.00 Canvas Art
F 6/29-6/29 10:30A-11:00A
404107-03 \$5.00 Sponge Art
F 7/6-7/6 10:30A-11:00A
404107-04 \$5.00 Squishy Art
F 7/13-7/13 10:30A-11:00A

DOWN ON THE FARM

(Ages 2-3.5) Get down on the farm, listen to stories, and create crafts about farm animals.

404104-01 \$25.00
Tu 7/17-8/14 9:30A-10:00A

TEDDY BEAR PICNIC

(Ages 2-3) Join us for a picnic with your teddy bear. This exciting event will include making a teddy bear

craft and your very own teddy bear snack. Bring a lunch, your blanket, and, of course, your favorite teddy bear.

404127-01 \$10.00
Tu 7/17-7/17 11:00A-11:45A

UNDER THE DEEP BLUE SEA

(Ages 2-3) Discover what animals reside under the sea. Each week, we'll create sea creatures, listen to stories, and learn about our favorite sea animals.

404116-01 \$20.00
F 7/20-8/10 9:30A-10:00A

PRETTY PRINCESS

(Ages 3-5) You are cordially invited to our princess school! Princesses in training will make princess crafts, dance, sing songs, have tea parties, and play princess games.

404108-01 \$40.00
F 7/20-8/17 10:30A-11:15A

DINO-MITE DAYS

(Ages 18-24 mos) Calling all dinosaur lovers! DCC will explore the exciting prehistoric world of dino's by creating their own dinosaurs, listening to dino tales, and playing dino games.

404149-01 \$15.00
W 8/1-8/15 9:15A-9:45A

ELEMENTARY AGE PROGRAMS

CHILLIN' & CHOW'N

(Ages 7-14) Need some extra time before or after summer camp? Let your camper chill with us during lunch. Kids get a chance to make new friends and enjoy some down time before their next fun adventure. Bring a lunch. No class 7/4.

404202-01 \$25.00
M,Tu,W,Th,F 6/11-6/15 12:00P-1:00P
404202-02 \$25.00
M,Tu,W,Th,F 6/18-6/22 12:00P-1:00P
404202-03 \$25.00
M,Tu,W,Th,F 6/25-6/29 12:00P-1:00P
404202-04 \$20.00
M,Tu,Th,F 7/2-7/6 12:00P-1:00P
404202-05 \$25.00
M,Tu,W,Th,F 7/9-7/13 12:00P-1:00P
404202-06 \$25.00
M,Tu,W,Th,F 7/16-7/20 12:00P-1:00P
404202-07 \$25.00
M,Tu,W,Th,F 7/23-7/27 12:00P-1:00P
404202-08 \$25.00
M,Tu,W,Th,F 7/30-8/3 12:00P-1:00P
404202-09 \$25.00
M,Tu,W,Th,F 8/6-8/10 12:00P-1:00P

DULLES SOUTH MULTI PURPOSE CENTER

24950 Riding Center Drive
South Riding, VA 20152

571-258-3456

M, F 7:00A-6:30P

Tu, W, Th 7:00A-9:00P

SA 8:00A-2:00P

Supply & material fees are payable to the instructor at the first class.

PRESCHOOL AGE PROGRAMS

MOMMIE AND ME YOGA

(Ages 6 wks-1yr) Reconnect with yoga in a fun, new way or try it for the first time. You will start to strengthen your core after childbirth and release tension in the shoulders and neck. Yoga poses for babies engage them in poses that introduce cross lateral patterns for whole brain function, promote tummy time, help baby sleep longer and aid digestion.

405125-01 \$60.00
F 6/1-6/29 9:45A-10:45A
405125-02 \$60.00
F 7/6-7/27 9:45A-10:45A
405125-03 \$60.00
F 8/3-8/31 9:45A-10:45A

PRESCHOOL YOGA

(Ages 3-5) Children are naturals at creating their own poses, making yoga a fun, non-competitive and approachable activity that quickly builds important skills.

405108-01 \$60.00
F 6/1-6/29 1:00P-2:00P
405108-02 \$60.00
F 7/6-7/27 1:00P-2:00P
405108-03 \$60.00
F 8/3-8/31 1:00P-2:00P

TEA PARTIES AND TIARA

(Ages 2½-5) A royal introduction to ballet! This is a class for the fun loving prince or princess! We will do a mix of creative movement and pre-ballet, and finish our session with a magical tea party.

405191-01 \$72.00
M 6/4-7/9 10:00A-10:30A

UNDER THE BOARDWALK

(Ages 4-5) Join and join Ms. Gail and Ms. Jamie for fun as we discover the many treasures that can be found buried in the sand! We will make crafts and a special treat. Pack a peanut-free lunch and drink.

505115-01 \$82.00
Tu,W,Th 6/5-6/7 9:00A-1:00P

PONY PALOOZA W/MS. HOLLY

(Ages 3-5) Learn about the daily life of horses with Ms. Holly through crafts, stories and interaction with horses! Waiver required for riding. Pack a lunch and drink. Students may bring one small apple or large carrot. Instructor: Ms. Holly Croney.

505142-02	\$85.00		
Tu,W,Th	6/5-6/7	9:30A-12:30P	
505142-03	\$85.00		
Tu,W,Th	6/19-6/21	9:30A-12:30P	
505142-04	\$85.00		
Tu,W,Th	7/10-7/12	9:30A-12:30P	
505142-05	\$85.00		
Tu,W,Th	7/24-7/26	9:30A-12:30P	
505142-06	\$85.00		
Tu,W,Th	8/7-8/9	9:30A-12:30P	

COWBOYS & COWGIRLS

(Ages 3-5) Yeehaw! Grab your hat and lasso up some fun! Bring your boots and bandanas and have the time of your life! Pack a healthy peanut-free snack and drink daily. Instructors: Ms. Lenise.

505104-01	\$64.00		
Tu,W,Th	6/5-6/7	9:30A-12:30P	

SPORTS MA3DNESS

(Ages 3-5) This class will introduce your child to a new sport each day. They will learn the fundamentals of each sport in a fun non-competitive setting. Pack a snack and water bottle each day. Instructor: Coach Carol.

505100-03	\$34.00		
Tu,W,Th	6/5-6/7	12:30P-3:30P	

CRAFTY DANCERS

(Ages 4-6) Let's dance and make a craft! We will be darling dancing lady bugs the first Saturday and Ballerina Princesses the second.

405118-01	\$45.00		
Sa	6/9-6/16	10:30A-11:30A	

UNDER THE SEA

(Ages 4-5) Dive with Gail and Jamie down into the deep blue sea, to discover the beauty of the underwater! Pack a peanut-free lunch and drink.

505116-01	\$82.00		
Tu,W,Th	6/12-6/14	9:00A-1:00P	

PONY PALS W/MS. VICKIE

(Ages 3-5) Learn about the daily life of an equestrian through crafts, stories and interaction with horses! Waiver required for riding. Pack a peanut-free lunch and drink. Students may bring one small apple or large carrot. Instructor: Vickie Croney.

505143-01	\$85.00		
Tu,W,Th	6/12-6/14	9:30A-12:30P	
505143-02	\$85.00		
M,Tu,W	6/25-6/27	9:30A-12:30P	

505143-03	\$85.00		
Tu,W,Th	7/17-7/19	9:30A-12:30P	
505143-04	\$85.00		
Tu,W,Th	7/31-8/2	9:30A-12:30P	

UNDER THE BIG TOP

(Ages 4-7) Join Ms. Katherine for circus crafts, games, and activities. Please pack a nut-free snack and water for outdoor play.

505151-01	\$59.00(+\$15 supplies)		
M,Tu,W	6/25-6/27	9:00A-12:00P	

PAY IT FORWARD

(Ages 4-7) Feel the satisfaction from giving to others. Through crafts and community projects, we'll appreciate the art of giving for a great cause! Pack a healthy, peanut-free snack daily. Instructors: Ms. Lenise & Ms. Shawn.

505107-01	\$64.00		
M,Tu,W	6/25-6/27	9:30A-12:30P	

MUSIC TOGETHER

(Ages Birth-4yrs) Music Together is a research-based early childhood music and movement program for children and a parent or caregiver.

405124-01	\$115.00(+\$39 supplies)		
Th	7/5-8/30	9:00A-9:45A	
405124-02	\$115.00(+\$39 supplies)		
Th	7/5-8/30	10:00A-10:45A	

UNDER THE STARS

(Ages 5-6) Climb aboard a space ship as we blast off into outer space to explore the stars and planets. We will be making a special treat to eat and crafts. Pack a peanut-free lunch and drink every day. Instructors: Ms. Gail & Ms. Jamie.

505117-01	\$108.00		
M,Tu,W,Th	7/9-7/12	9:00A-1:00P	

KINDERCOOKS

(Ages 4-6) Learn to measure, mix and stir up fun. Children will make their lunch for the day and create a cook book to bring home. Instructor: Jane Kestner.

505171-01	\$115.00		
M,Tu,W,Th,F	7/9-7/13	9:00A-1:00P	

JUNIOR REMBRANDT'S

(Ages 3-5) Young Rembrandts instructors provide a nurturing and strong learning environment that expands preschoolers' image vocabulary. We'll concentrate on drawing and coloring while we develop fine motor skills, focus, listening, staying on task, patience and spatial organization. Always new lessons!

505174-01	\$83.00		
M,Tu,W,Th,F	7/9-7/16	1:30P-2:30P	
505174-02	\$83.00		
M,Tu,W,Th,F	7/23-7/27	1:30P-2:30P	

505174-03	\$83.00		
M,Tu,W,Th,F	8/6-8/10	1:30P-2:30P	
505174-04	\$83.00		
M,Tu,W,Th,F	8/13-8/17	1:30P-2:30P	

PRE-ENGINEERING WITH LEGO®

(Ages 5-6) Let your imagination run wild with over 100,000 LEGO® pieces! In this fun-filled, creative class, kids learn building techniques that help make their ideas a reality, with the guidance of an experienced Play-Well instructor. Instructors demonstrate new projects daily and provide inspiration for students to take their creations further. Bring a snack.

505119-01	\$165.00		
M,Tu,W,Th,F	7/16-7/20	9:00A-12:00P	
505119-02	\$165.00		
M,Tu,W,Th,F	8/20-8/24	9:00A-12:00P	

ISLAND EXPLORER

(Ages 4-7) Join Ms. Katherine for crafts and fun at the seaside. Please pack a nut-free snack and water for outdoor play.

505153-01	\$59.00(+\$15 supplies)		
Tu,W,Th	7/17-7/19	9:00A-12:00P	

RECYCLED FUN

(Ages 4-7) Make crafts and play games using recycled materials. Learn about keeping the Earth clean. Pack a healthy, peanut-free snack daily. Instructors: Ms. Lenise & Ms. Shawn.

505109-01	\$64.00		
Tu,W,Th	7/24-7/26	9:30A-12:30P	

EXPLORE THE RAIN FOREST

(Ages 4-6) Come with us on a great adventure as we learn about the rain forest. We will make crafts, special snacks, and new friends. Bring a peanut-free lunch with drink and extra water bottle. Instructors: Ms. Gail & Ms. Jane K.

505118-01	\$144.00		
M,Tu,W,Th,F	7/30-8/3	9:00A-1:00P	

FIRST KICKS

(Ages 3-4) A friendly, low-key introduction to the basics of soccer through ball familiarization, games and FUN! British Soccer professionals patiently encourage young players to take their first soccer steps in a way they'll love! Soccer ball, t-shirt, player evaluation and gift included.

505173-01	\$89.00		
M,Tu,W,Th,F	7/30-8/3	9:00A-10:00A	

MINI SOCCER (1½ hr)

(Ages 4-6) A unique way for kids to learn the fundamentals of soccer. Fun games, competitions and skill-building activities taught in small groups by British Soccer professionals will captivate and enlighten your child. Soccer ball, t-shirt, player

evaluation and free gift included.

505176-01 \$110.00
M,Tu,W,Th,F 7/30-8/3 10:15A-11:45A

DR. SEUSS

(Ages 4-7) Join Ms. Katherine for three fun-filled days of Dr. Seuss inspired stories, crafts, and games. Please pack a nut-free snack and water for outdoor play.

505154-01 \$59.00(+ \$15 supplies)
Tu,W,Th 7/31-8/2 9:00A-12:00P

CLOWNING AROUND

(Ages 4-6) Enjoy circus fun including, dressing up, performing, face painting and crafts. Instructor: Jane Kestner

505172-01 \$100.00
M,Tu,W,Th,F 8/6-8/10 9:00A-1:00P

ERIC CARLE

(Ages 4-7) Join Ms. Katherine for three fun-filled days of Eric Carle-inspired stories, art and games. Please pack a nut-free snack and water for outdoor play.

505155-01 \$59.00(+ \$15 supplies)
Tu,W,Th 8/7-8/9 9:00A-12:00P

ELEMENTARY & MIDDLE SCHOOL AGE PROGRAMS

KIDS YOGA

(Ages 5-7) Teaching yoga to children is an effective way to help build the physical, social, emotional, and intellectual skills needed for them to develop into healthy adults.

405216-01	\$60.00	Ages 5-7
M	6/4-6/25	3:30P-4:30P
405216-02	\$60.00	Ages 5-7
M	7/2-7/30	3:30P-4:30P
405216-03	\$60.00	Ages 5-7
M	8/6-8/27	3:30P-4:30P
405217-01	\$60.00	Ages 8-11
M	6/4-6/25	4:45P-5:45P
405217-02	\$60.00	Ages 8-11
M	7/2-7/30	4:45P-5:45P
405217-03	\$60.00	Ages 8-11
M	8/6-8/30	4:45P-5:45P

GIRL POWER CAMP

(Ages 6-12) Girl Power is all about reaching out and teaching girls about the importance of self-esteem, goal setting, friendship, and giving back to the community! Pack a peanut-free lunch, extra snack and water bottle. Instructor: Ms. Bria & Ms. Royal.

405201-01 \$38.00
M,Tu,W,Th 6/11-6/14 9:00A-2:00P

405201-02	\$38.00		
M,Tu,W,Th	7/23-7/26	9:00A-2:00P	
405201-03	\$32.00		
M,Tu,W,Th	7/30-8/2	9:00A-1:00P	

SCIENCE SENSATION

(Ages 5-7) Join us to explore the world of science through hands-on experiments and observations in our classroom laboratory. Please send a lunch and snack every day. Instructor: Megan Kestner.

505277-01 \$120.00
M,Tu,W,Th 6/11-6/14 9:30A-2:30P

OUTSIDE FUN

(Ages 6-9) Come meet new friends and learn popular 'old' games like Red Rover, Mother May I, Dodge ball and more. Bring a peanut-free lunch, drink and extra water bottle. Wear shoes and clothes suitable for running and playing outdoors. Instructor: Ms. Ann H.

505211-01	\$41.00		
Tu,W,Th	6/12-6/14	9:30A-1:30P	
505211-02	\$41.00		
Tu,W,Th	6/19-6/21	9:30A-1:30P	
505211-03	\$41.00		
Tu,W,Th	7/10-7/12	9:30A-1:30P	
505211-04	\$41.00		
Tu,W,Th	7/17-7/19	9:30A-1:30P	

AIDA'S SUMMER FUN

(Ages 6-8) Enjoy summer fun activities with wild and wonderful arts, crafts, sports, walking field trips and more. Instructor: Ms. Aida.

505212-01	\$105.00		
Tu,W,Th	6/12-6/14	9:30A-3:30P	
505212-02	\$105.00		
Tu,W,Th	6/19-6/21	9:30A-3:30P	
505212-03	\$105.00		
M,Tu,W	6/25-6/27	9:30A-3:30P	
505212-04	\$105.00		
Tu,W,Th	7/10-7/12	9:30A-3:30P	
505212-05	\$105.00		
Tu,W,Th	7/17-7/19	9:30A-3:30P	
505212-06	\$105.00		
Tu,W,Th	7/24-7/26	9:30A-3:30P	
505212-07	\$105.00		
Tu,W,Th	7/31-8/2	9:30A-3:30P	
505212-08	\$105.00		
Tu,W,Th	8/7-8/9	9:30A-3:30P	
505212-09	\$105.00		
Tu,W,Th	8/14-8/16	9:30A-3:30P	

KIDS IN THE KITCHEN

(Ages 5-7) Learn about kitchen safety while creating a new and fun dish for lunch. Children will make their lunch every day. Please send a snack. Instructor: Megan Kestner.

505278-01	\$120.00		
M,Tu,W,Th	6/18-6/21	9:30A-2:30P	
505278-02	\$120.00		
M,Tu,W,Th	7/23-7/26	9:30A-2:30P	

SUMMER SPORTS CRAZE

(Ages 5-10) Develop kicking, running, catching and good sportsmanship skills! Instructor: Coach Ronny.

505213-01	\$50.00		
Tu,W,Th	6/19-6/21	9:30A-12:30P	
505213-02	\$50.00		
Tu,W,Th	6/19-6/21	1:00P-4:00P	
505213-03	\$50.00		
M,Tu,W	6/25-6/27	9:30A-12:30P	
505213-04	\$50.00		
M,Tu,W	6/25-6/27	1:00P-4:00P	
505213-05	\$50.00		
Tu,W,Th	7/17-7/19	9:30A-12:30P	
505213-06	\$50.00		
Tu,W,Th	7/17-7/19	1:00P-4:00P	
505213-07	\$50.00		
Tu,W,Th	7/24-7/26	9:30A-12:30P	
505213-08	\$50.00		
Tu,W,Th	7/24-7/26	1:00P-4:00P	
505213-09	\$50.00		
Tu,W,Th	8/7-8/9	9:30A-12:30P	
505213-10	\$50.00		
Tu,W,Th	8/7-8/9	1:00P-4:00P	

AMERICAN SKATEBOARD CAMP

(Ages 6-13) Radical, dude! Learn to push, ride, tac turn, ollie, ride ramps, ride fakie, switch turn, drop in, grind, get air, and more. American Inline Skating presents a safe curriculum in a positive environment. Participants are grouped by ability and must provide their own skateboard, helmet, elbow and knee pads. Wrist guards highly recommended. Bring two bottle of water and snack in cooler with name. T-shirt and skate sticker included.

505274-01	\$215.00		
M,Tu,W,Th,F	6/18-6/22	9:00A-12:30P	
505274-02	\$215.00		
M,Tu,W,Th,F	7/23-7/27	9:00A-12:30P	
505274-03	\$215.00		
M,Tu,W,Th,F	8/13-8/17	9:00A-12:30P	

New! CHEER CAMP

(Ages 7-11) Cheerleading is more than a sport...it's an attitude! Increase stamina, flexibility and discipline while learning different cheers, chants, and dance routines each day-learn the correct stunting, jumping, and motion techniques that will prepare you for a possible future in cheerleading! Pack a healthy, peanut-free snack with drink and extra water bottle, everyday. Instructor: Coach Danielle.

505214-01 \$39.00
Tu,W,Th 6/19-6/21 1:00P-4:00P

505214-02	\$39.00	
M,Tu,W	6/25-6/27	1:00P-4:00P
505214-03	\$39.00	
Tu,W,Th	7/10-7/12	1:00P-4:00P
505214-04	\$39.00	
Tu,W,Th	7/17-7/19	1:00P-4:00P
505214-05	\$39.00	
Tu,W,Th	7/24-7/26	1:00P-4:00P
505214-06	\$39.00	
Tu,W,Th	7/31-8/2	1:00P-4:00P
505214-07	\$39.00	
Tu,W,Th	8/7-8/9	1:00P-4:00P

New! SPLASH INTO SUMMER CAMP

(Ages 6-9) Enjoy water play on the hot summer days. Water activities will include various games, relays, and inflatable water slide. Pack a peanut-free lunch, two snacks with drinks and extra bottle, bathing suit, towel and sun block. Instructor: Ms. Danielle.

405200-01	\$39.00	
F	6/22-6/22	8:00A-6:00P
405200-02	\$39.00	
F	6/29-6/29	8:00A-6:00P
405200-03	\$39.00	
M	7/2-7/2	8:00A-6:00P
405200-04	\$39.00	
Th	7/5-7/5	8:00A-6:00P
405200-05	\$39.00	
F	7/6-7/6	8:00A-6:00P
405200-06	\$39.00	
M	7/16-7/16	8:00A-6:00P
405200-07	\$39.00	
M	7/30-7/30	8:00A-6:00P
405200-08	\$39.00	
F	8/3-8/3	8:00A-6:00P
405200-09	\$39.00	
M	8/6-8/6	8:00A-6:00P

SKATEBOARDING: LEVEL 1

(Ages 6-8) Extreme for the first-time skater and young beginner. Emphasis is on skate park safety, increasing confidence and riding within one's ability. Learn proper foot placement, how to push, ride, tack-turn, avoid falling down, roll into ramp transitions, ride fakie, skate park etiquette and more. Class includes instruction and skate board games. Participants must bring skateboard, helmet, knee and elbow pads, water. Wrist guards recommended.

405275-01	\$72.00	Ages 6-8
Sa	6/23-7/28	9:00A-10:00A
405276-01	\$72.00	Ages 9-13
Sa	6/23-7/28	10:15A-11:15A

CIRCUS FUN

(Ages 5-7) Get ready to clown around with circus inspired games, crafts, and much more fun! Please

send a lunch and snack every day. Instructor: Megan Kestner.

505279-01	\$120.00	
M,Tu,W,F	6/25-6/29	9:30A-2:30P

ShEO ACADEMY

(Ages 6-12) Do you have a lemonade stand or want to set one up and make some shopping money? Let's talk about the three key steps to make sure your lemonade is sweet, your stand is safe, and your sales are successful!

405218-01	\$18.00	
Th	6/21-6/21	6:30P-8:00P

ShEO ACADEMY

(Ages 6-12) You are a unique young lady, with unique skills and dreams. How does your style represent your uniqueness? What is your brand? What logo would represent you? If you were a business, what would your business card look like and say?

405219-01	\$18.00	
Tu	6/26-6/26	6:30P-8:00P

SILVER KNIGHTS CHESS

(Ages 6-12) Learn to play chess from highly-rated professional Silver Knights chess instructors. Class time is evenly split between lesson and play. Lessons range from learning the rules to advanced tournament strategies. Play time is structured to pair each student against an opponent of similar skill. Students will have the opportunity to play in tournaments. All chess supplies provided.

405274-01	\$110.00	
Tu	6/26-8/28	6:00P-7:00P

SILVER KNIGHTS CHESS CAMP

(Ages 6-13) See previous description for Silver Knights Chess. T-shirt and a tournament-style chess set included. Activities include learning openings, tactics, end games, studying master games, playing and analyzing games. Full-day sessions have lunch/recess from 12:00P-1:00P.

505273-01	\$264.00	
M,Tu,Th,F	7/2-7/6	9:00A-4:00P
505273-02	\$154.00	
M,Tu,Th,F	7/2-7/6	9:00A-12:00P
505273-03	\$154.00	
M,Tu,Th,F	7/2-7/6	1:00P-4:00P
505273-04	\$330.00	
M,Tu,W,Th,F	7/30-8/3	9:00A-4:00P
505273-05	\$193.50	
M,Tu,W,Th,F	7/30-8/30	9:00A-12:00P
505273-06	\$193.50	
M,Tu,W,Th,F	7/30-8/30	1:00P-4:00P

STARS AND STRIPES

(Ages 5-7) Come show your spirit and celebrate America while playing games, making crafts, and

having so much fun! Please bring a lunch and snack. Instructor: Megan Kestner.

505281-01	\$120.00	
M,Tu,Th,F	7/2-7/6	9:30A-2:30P

CANDY SHOP

(Ages 5-7) Join us for a week packed full of sweet candy fun. All games, crafts and activities will be candy inspired. Candy making included. Please bring a lunch and snack. Instructor: Megan Kestner

505282-01	\$120.00	
M,Tu,W,Th	7/9-7/12	9:30A-2:30P

ANIMAL CARTOONING & DRAWING WORKSHOP

(Ages 6-13) We will imagine ourselves at the zoo as we learn to draw a variety of different animals. A variety of animals will inspire us. Expressions, human characteristics, movement, action and joke sequencing will be centered on different animals. Instruction by Young Rembrandt's.

505285-01	\$83.00	
M,Tu,W,Th,F	7/9-7/13	4:00P-5:00P

FUN WITH CARTOONING

(Ages 6-13) This workshop focuses on Anime, monsters, animals, transportation, Masters, etc. Create silly cartoon characters and funny expressions and convey moods, sounds and drawing sequences that tell a joke! The workshop combines innovative step-by-step drawing methods with light-hearted subject matter that engages children, their sense of humor, and vivid imaginations. Instruction by Young Rembrandt's.

505284-01	\$83.00	
M,Tu,W,Th,F	7/9-7/13	2:45P-3:45P
505284-02	\$83.00	
M,Tu,W,Th,F	7/23-7/27	2:45P-3:45P
505284-03	\$83.00	
M,Tu,W,Th,F	8/6-8/10	2:45P-3:45P
505284-04	\$83.00	
M,Tu,W,Th,F	8/13-8/17	2:45P-3:45P

CREATE YOUR SPACE

(Ages 6-10) Get out of the heat and make some cool things to brighten your room (e.g., personalized switch plate cover, Your Name sculpture). Pack a healthy, peanut-free snack. Instructor: Ms. Nancy.

505204-01	\$53.00(+\$15 supplies)	
Tu,W,Th	7/10-7/12	1:00P-4:00P

ENGINEERING WITH LEGO®

(Ages 7-11) Power-up your engineering skills with Play-Well TEKologies and over 100,000 LEGO pieces! Apply real-world concepts in physics, engineering, and architecture through projects designed by engineers. Each day's projects are geared uniquely to challenge each student's abilities. Bring a snack.

505215-01	\$165.00	
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M,Tu,W,Th,F	7/16-7/20	1:00P-4:00P
505215-02	\$165.00	
M,Tu,W,Th,F	8/20-8/24	1:00P-4:00P

EXPLORATIONS IN ART

(Ages 6-10) Explore the color wheel, warm & cool colors, foreground/background, perspective and more through hands-on projects and crafts, with time leftover for playground fun! Pack a healthy, peanut-free snack. Meest requirement for Junior G.S. Visual Arts Badge, and C.S. Art Belt Loop. Instructor: Ms. Nancy.

505205-01	\$53.00(+ \$15 supplies)	
Tu,W,Th	7/17-7/19	1:00P-4:00P

MONSTER CARTOONING WORKSHOP

(Ages 6-13) Boys and girls are going to love these inventive, original and playful monsters! They'll learn to draw wild faces, exaggerated features and scary bodies! Instruction by Young Rembrandt's.

505286-01	\$83.00	
M,Tu,W,Th,F	7/23-7/27	4:00P-5:00P

SUMMER BASH

(Ages 5-7) Let's enjoy the summer with an action-packed and exciting week. Activities will be chosen by children. We'll play games, make crafts, and much more! Please bring a lunch and snack every day. Instructor: Megan Kestner.

505283-01	\$120.00	
M,Tu,W,Th	7/30-8/2	9:30A-2:30P

PLAYER DEVELOPMENT

(Ages 6-9) This program, coached by a specialized British Soccer instructor, provides technical and tactical instruction with emphasis on skill development, fundamental tactical awareness, and FUN. Bring cleats and water bottle daily. Soccer ball, T-shirt, player evaluation, and gift included.

505275-01	\$155.00	Ages 6-9
M,Tu,W,Th,F	7/30-8/3	9:00A-12:00P
505276-01	\$155.00	Ages 10-14
M,Tu,W,Th,F	7/30-8/3	1:00P-4:00P

3-DAY MINUTE 2 WIN IT

(Ages 6-10) Come out of the heat for some zany indoor fun. Compete against the clock in this high energy, hilarious games. Pack a healthy, peanut-free snack. Instructor: Ms. Nancy.

505206-01	\$53.00(+ \$15 supplies)	
Tu,W,Th	7/31-8/2	1:00P-4:00P

EGYPTIAN WORKSHOP

(Ages 6-13) This summer, explore the mysterious world of Egypt! We will spend five days digging into how the Egyptians lived. We will investigate decorative objects in the treasured tombs including sarcophagi, hieroglyphics and more. Instruction by Young Rembrandt's.

505287-01	\$83.00	
M,Tu,W,Th,F	8/6-8/10	4:00P-5:00P

CASTLE WORKSHOP

(Ages 6-13) Jump into medieval times as we explore the land of castles, knights and dragons. We will draw a variety of characters and items familiar to this time, including knights in armor, jesters juggling, jousters, catapults and more. We will even enter the funny land of cartoons as we illustrate the humor of the time. Instruction by Young Rembrandt's.

505288-01	\$83.00	
M,Tu,W,Th,F	8/13-8/17	4:00P-5:00P

ADULT PROGRAMS**FITNESS FUSION**

(Ages 16 & up) This is a fitness program filled with fun exercise routines and motivational training designed to improve cardiovascular endurance, core and muscular strength, balance, and stability. You will need a mat, therapy ball, resistive bands, a 4-6 Lb medicine ball and dumbbells (5, 8 and/or 10 lb).

405508-01	\$99.00	
M,W,F	6/1-6/29	8:30A-9:30A
405508-02	\$99.00	
M,W,F	7/2-7/31	8:30A-9:30A
405508-03	\$99.00	
M,W,F	8/1-8/31	8:30A-9:30A
405508-04	\$65.00	
Tu,Th	6/5-6/28	7:00P-8:00P
405508-05	\$65.00	
Tu,Th	7/3-7/31	7:00P-8:00P
405508-06	\$65.00	
Tu,Th	8/2-8/30	7:00P-8:00P

YOGA

(Ages 16 & up) Every class has a peak pose and we slowly build up to help you reach that posture. During the class, we flow from pose to pose in breath-synchronized movement. The latter part of each class includes more seated postures to stretch the body and ends with breathing exercises (pranayama) and a full-body relaxation. Bring yoga mat.

405506-01	\$60.00	
W	6/6-6/27	7:30P-8:45P
405506-02	\$60.00	
W	7/11-7/25	7:30P-8:45P
405506-03	\$60.00	
W	8/1-8/29	7:30P-8:45P
405506-04	\$60.00	
W	6/9-6/30	8:00A-9:15A
405506-05	\$60.00	
W	7/7-7/28	8:00A-9:15A
405506-06	\$60.00	
W	8/4-8/25	8:00A-9:15A

PILATES

(Ages 16 & up) Pilates Mat Basic I/II: Designed to strengthen and improve core stability while increasing flexibility and lengthening the muscles. Bring a mat to class. No Class 7/3. Instructor: Mary Henley.

405500-01	\$38.00	
Tu	6/26-7/31	6:15P-7:15P
405500-02	\$45.00	
Tu	8/7-9/11	6:15P-7:15P

ZUMBA!

(Ages 18 & up) A hi-lo impact dance class with Latin style. Learn Salsa, Samba, Merengue and more while getting a great workout. Instructors: Alexa Tsui & Ileana Aaroyo.

405501-01	\$38.00	
Tu	7/10-7/31	7:30P-8:30P
405501-02	\$38.00	
Tu	8/7-8/28	7:30P-8:30P

FRANKLIN PARK

17401 Franklin Park Drive
Purcellville, VA 20132

540-338-7603

Park Hours: Daily 7:00A-Dusk
Office Hours: M-F 9:00A-5:00P
Pool Hours: Daily 11:00A-8:00P

Please call for a complete schedule of summer camps and programs at Franklin Park.

FRANKLIN PARK PERFORMING & VISUAL ARTS CENTER

36441 Blueridge View Lane
Purcellville, VA 20132

540-338-7973

Office Hours: M-F 9:00A-5:00P

Please call for a complete schedule of summer programs. Refer to Special Events section for summer performances at the Arts Center.

ELEMENTARY & MIDDLE SCHOOL AGE PROGRAMS**JUNIOR THEATRE: TOURING SHOW**

(Ages 6-12) Join Heather Stillings in a production of "Babe, the Sheep Pig," which will be performed at sites around the county, including Franklin Park Arts Center. Locations for touring rehearsals/ performances: Week 1&2- Franklin Park Arts Center, Week 3- On tour throughout the county day starts

and ends at the Arts Center unless otherwise specified.. Reading skills required. Bring bag lunch. Transportation waver must be signed. No class on July 4th. \$5 Supply free paid to instructor.

863206-01 \$230.00
M-F 7/02-7/20 10:00A-2:30P

LOUDOUN VALLEY COMMUNITY CENTER

320 West School Street
Purcellville, VA 20132

540-338-4122

M, Tu, W, Th, 7:00A-9:30P

F 7:00A-6:00P

Sa 8:00A-4:00P

Supply & material fees are payable to the instructor at the first class.

LICENSED CHILDCARE PROGRAM

(Ages 3-5) Looking for the perfect childcare solution? Our full and half-time childcare program provides a safe, healthy learning environment. Full-time:\$215/week, Half-time: \$189 or \$165/week depending on schedule. Call for space availability.

LICENSED PRESCHOOL 2012-13 SCHOOL YEAR

(Ages 2-4) We offer a nine-month preschool program that follows the Loudoun County school calendar. The Virginia Department of Social Services requires proof of current immunizations, proof of age and a childcare application form. Our program follows Creative Curriculum Approach to Learning. Call for available openings in classes that start in September.

PRESCHOOL & KINDER- GARTEN AGE PROGRAMS

MORNING PLAYTIME CLUB

(Ages 1½-5 yrs.) Your child can play while you take a class or exercise. Maximum one hour per day. Parent must stay on site during this program. Register in person. Instructor: Sandy Nave.

401101-01 \$50.00/15-punch card
M,Tu,W,Th,F 6/18-8/31 8:30A-10:30A

SUMMER FUN

(Ages 1½-3) Let's make some fun summer crafts to celebrate the season. Instructor: Genie Rovang.

401102-01 \$11.00
Tu 7/24-7/24 10:00A-10:45A

PAINTING PARTY

(Ages 1½-3) Get the mess out of your house and come paint with us at the community center! We'll have all different types of brushes, stamps, and lots of colors. Instructor: Genie Rovang.

401103-01 \$11.00
M 7/2-7/2 10:00A-10:45A

MOMMY & ME

(Ages 18mos-3 yrs) Great first class for kids. Parents will assist their child with making a seasonal craft. Instructor: Genie Rovang.

401105-01 \$11.00
W 7/18-7/18 10:00A-10:45A

401105-02 \$11.00
W 8/15-8/15 10:00A-10:45A

LITTLE CHEFS

(Ages 3-5) Bring a lunch from home. Learn to make a simple, kid friendly recipe. Instructor: Eugenia Rovang.

401106-01 \$21.00
Tu 8/7-8/7 12:00P-2:00P

WATER & BUBBLE FUN

(Ages 9-33mos) Toddlers will love playing in our sprinklers and cooling off in our small pools. Wear a swimsuit and bring a towel, foot wear and sunscreen. Instructor: Kitty Hughes.

401108-01 \$6.00
F 6/29-6/29 1:00P-1:45P

401108-02 \$6.00
F 7/20-7/20 1:00P-1:45P

DIETRICH'S NINJA'S

(Ages 3-5) Features an action-packed curriculum that disguises learning life skills as fun-filled Ninja games that teach children to focus, increase coordination and prepare for the listening challenges of elementary school.

401109-01 \$66.00
Sa 6/9-6/30 9:30A-10:00A

401109-02 \$66.00
Sa 7/7-7/28 9:30A-10:00A

401109-03 \$66.00
Sa 8/4-8/25 9:30A-10:00A

TODDLER TIME

(Ages 1½-3) Socialization and sharing are stressed. Children will play with toys, be exposed to music and make a craft while meeting new friends. Parents are asked to attend. Instructor: Eugenia Rovang.

401110-01 \$11.00
M 7/23-7/23 10:00A-10:45A

401110-02 \$11.00
M 7/30-7/30 10:00A-10:45A

401110-03 \$11.00
M 8/6-8/6 10:00A-10:45A

FATHER'S DAY T-SHIRTS

(Ages 3-9) Make an original gift for Dad! We'll use fabric to decorate a t-shirt to help dad celebrate his

special day. Instructor: Stephanie Royhab.

401112-01 \$21.00
Th 6/14-6/14 10:00A-11:30A

FIRE WORKS T-SHIRT

(Ages 3-9) Show your patriotic spirit with your very own fireworks t-shirt! We'll use glitter fabric paint to decorate a t-shirt fit for Uncle Sam. Instructor: Stephanie Royhab.

401113-01 \$21.00
M 7/2-7/2 10:00A-11:30A

MESSES & MASTERPIECES

(Ages 1½-3) Let's make a few messes and some masterpieces too! Instructor: Eugenia Rovang.

401114-01 \$11.00
F 7/13-7/13 10:00A-10:45A

401114-02 \$11.00
F 7/20-7/20 10:00A-10:45A

401114-03 \$11.00
F 7/27-7/27 10:00A-10:45A

PRINCESS FOR A DAY

(Ages 2½-4) Dress-up clothes are provided. A craft project, posing for a princess photo, and decorating a snack round out the day's activities. Instructor: Kitty Hughes.

401115-01 \$16.00
Tu 7/10-7/10 10:00A-11:15A

BEACHY BAGS

(Ages 3-5) Decorate a tote bag to carry all your stuff to the beach or swimming pool. We will decorate your beach bag with fabric paint and play some summer games. Fun for all! Instructor: Stephanie Royhab.

401204-01 \$21.00
M 6/4-6/4 10:00A-11:30A

New! CAMP GRASSHOPPERS

(Ages 3-4) Hop on over to "Camp Grasshoppers" for your first preschool camp experience with playtime, stories, songs, role-playing, and special projects. Of course, we'll have time for snacks and playground fun too. Please bring a snack. Children must be potty trained. Instructor: Dena Garcia.

401210-01 \$80.00 Let's go to the beach
M,W,F 6/11-6/15 9:00A-12:00P

401210-02 \$80.00 Let's visit the zoo
M,W,F 6/18-6/22 9:00A-12:00P

401210-03 \$80.00 Nature Camp
M,W,F 6/25-6/29 9:00A-12:00P

401210-04 \$80.00 Let's go on a treasure hunt
M,W,F 7/9-7/13 9:00A-12:00P

401210-05 \$80.00 Creepy bugs
M,W,F 7/16-7/20 9:00A-12:00P

401210-06 \$80.00 To the moon
M,W,F 7/23-7/27 9:00A-12:00P

401210-07	\$80.00	Let's go to the circus
M,W,F	7/30-8/3	9:00A-12:00P
401210-08	\$80.00	Down on the farm
M,W,F	8/6-8/10	9:00A-12:00P
401210-09	\$80.00	All about me
M,W,F	8/13-8/17	9:00A-12:00P

ELEMENTARY AGE PROGRAMS**GAMES CAMP**

(Ages 5-12) A variety of games will reinforce good sportsmanship and fair play while having fun. All day, morning and/or afternoon sessions are available. Pack a lunch and an afternoon snack each day.

401201-01	\$151.00	
M,Tu,W,Th,F	6/11-6/15	8:30A-5:30P
401201-02	\$81.00	
M,Tu,W,Th,F	6/11-6/15	8:30A-1:00P
401201-03	\$81.00	
M,Tu,W,Th,F	6/11-6/15	1:00P-6:00P

KICKBALL/HOTDOG LUNCH

(Ages 8-12) Battle with your friends for kickball bragging rights. We will enjoy a hotdog lunch. Rain date: July 13th at the same time.

401202-01	\$13.00	
F	7/6-7/6	11:00A-1:00P

New! SCRAPI KID'S CAMP

(Ages 5-10 coed) Join Ms Traci and your scrapie friends for fun-filled, summertime scrapbooking. You'll design a two-page summer-themed layout for your own 12"x12" scrapbook. We'll also make a fun take-home craft each day. Instructor: Traci Pasqualone.

401203-01	\$60.00	
W,Th	7/18-7/19	9:30A-12:30P

DIETRICH'S DRAGONS

(Ages 6-12) Dragons learn games that teach them to protect their personal spaces, work on their focus and speak up for themselves. Classes promote important life and character building skills. Dragons play daily games that teach them to use body language, their voice and reflex skills.

401205-01	\$66.00	
M	6/4-6/25	3:00P-3:30P
401205-02	\$66.00	
M	7/2-7/23	3:00P-3:30P
401205-03	\$66.00	
M	7/30-8/20	3:00P-3:30P

FANCY FLIP FLOPS

(Ages 5-10) Sport your own style with your very own decorated flip-flops with fancy fabric, ribbons and jewels. We'll play some wacky summer games too. Instructor: Stephanie Royhab.

401209-01	\$19.00	
Tu	6/12-6/12	10:00A-11:30A

AMERICAN GIRL DOLLS

(Ages 4-10) Come along on an American Girl doll journey! We will travel through time with historical dolls, discuss the "girls-of-the-year," and explore "Lanie," who loves the outdoors! Time for games, crafts, and a snack. Bring your American Girl doll. Instructor: Elizabeth Licciardone.

401211-01	\$40.00	Ages 4-6
Tu,W	7/10-7/11	12:00P-2:00P
401211-02	\$40.00	Ages 7-10
Tu,W	7/17-7/18	12:00P-2:00P

TYE DYE TOGETHER

(Ages 8 & up) Reinvent an old t-shirt or make an original design for a new one. Each shirt takes about 30 minutes to design and dye. Participants must bring all items to be dyed, with a limit of three items. Young children must have adult supervision. Instructor: Kitty Hughes.

401214-01	\$13.00	
Th	6/21-6/21	12:00P-1:30P

EXTENDED DAY ACTIVITIES

(Ages 4-12) Games and crafts will entertain and challenge your child. Participants must bring meals, drinks and snacks. No peanut products allowed.

401703-01	\$151.00	25- hour punch card
M,Tu,W,Th,F	6/11-8/24	7A-9A & 12P-6P
401703-02	\$71.00	10-hour punch card
M,Tu,W,Th,F	6/11-8/24	7A-9A & 12P-6P
401703-03	\$9.00	Drop-in
M,Tu,W,Th,F	6/11-8/24	7A-9A & 12P-6P

MIDDLE & HIGH SCHOOL AGE PROGRAMS**TEEN SPLASHDOWN**

(Ages 12-16) Enjoy an afternoon with your friends floating on the Lazy River. Fee covers transportation and admission. You must buy your own food and drinks. Depart/Return: Loudoun Valley Community Center.

401405-01	\$46.00	
W	7/25-7/25	10:30A-5:00P

CAMERON RUN WAVE POOL

(Ages 12 & up) Come along to Cameron Run Wave Pool in Alexandria, VA. Children under 12 must be supervised by an adult, who also registers.

401406-01	\$36.00	
F	8/10-8/10	10:00A-4:00P

ADULT PROGRAMS**TAI CHI**

(Ages 16 & up) Tai Chi increases relaxation awareness, as well as mind and body coordination while improving posture, breathing and balance. Instructor: Bob Gardner.

401503-01	\$111.00	Beginner
M,W	6/4-7/30	10:30A-11:30A
401503-02	\$111.00	Intermediate
M,W	6/4-7/30	9:30A-10:30A
401503-03	\$111.00	Advanced
M,W	6/4-7/30	8:30A-9:30A

PERSONAL TRAINING

Members of the LVCC Fitness Center can work with a certified personal trainer. Your trainer will help you learn proper use of the fitness equipment, set up a fitness program, and stay motivated to reach your goals. Individual sessions or packages may be purchased; appointments are made in advance. Call 540-338-4122 or e-mail Sara Johnson at sara0920@gmail.com

PUNCH CARD FITNESS

(Ages 18 & up) Purchase your punch card at LVCC or online. \$100/15 classes. You can also pay a \$9 drop-in fee for any PUNCH CARD FITNESS class.

401507-01	\$100.00	Cardio, core & more
Tu	6/16-9/1	9:15A-10:15A
401507-02	\$100.00	Strength
Th	6/16-9/1	9:15A-10:15A
401507-03	\$100.00	Cardio, strength/fusion
Th	6/16-9/1	6:30P-7:30P
401507-04	\$100.00	Zumba-Mon
M	6/16-9/1	7:30P-8:40P
401507-05	\$100.00	Zumba-Wed
Tu,W	6/16-9/1	7:30P-8:40P
401507-06	\$100.00	Zumba-Fri
F	6/16-9/1	8:15A-9:15A
401507-08	\$100.00	Yoga-Tue
Tu	6/16-9/1	6:30P-7:30P
401507-09	\$100.00	Yoga-Sat
Sa	6/16-9/1	8:05A-9:20A

MAKE-UP RENEWAL

(Ages 16 & up) Have a professional makeup artist show you an easy way to perfect your everyday look! Learn tricks to transform your daytime look for an evening out. Come without makeup for your private 45-minute session. Instructor: Nancy Mark.

401509-01	\$16.00	
F	6/29-6/29	9:00A-9:45A
401509-02	\$16.00	
F	6/29-6/29	10:00A-10:45A
401509-03	\$16.00	
F	6/29-6/29	11:00A-11:45A
401509-04	\$16.00	

W	7/25-7/25	9:00A-9:45A
401509-05	\$16.00	
W	7/25-7/25	10:00A-10:45A
401509-06	\$16.00	
W	7/25-7/25	11:00A-11:45A
401509-07	\$16.00	
W	8/15-8/15	9:00A-9:45A
401509-08	\$16.00	
W	8/15-8/15	10:00A-10:45A
401509-09	\$16.00	
W	8/15-8/15	11:00A-11:45A

PRESCHOOL ORIENTATION PICNIC

(Ages 2 & up) Meet your child's teacher, check out the classroom, and have a hotdog lunch (12:00P-1:00P). Please notify us of food allergies at registration.

401700-01	Free	
Th	8/30-8/30	11:30A-1:00P

MULTIAGE PROGRAMS**FITNESS CENTER**

(Ages 16 & up) Come in and work out, get back in shape or just tone up. Must sign up in person at LVCC.

401706-01	\$125.00	6 months
M,Tu,W,Th,F,Sa	6/1-9/1	7:00A-9:30P
401706-02	\$225.00	12 months
M,Tu,W,Th,F,Sa	6/1-9/1	7:00A-9:30P
401706-03	\$125.00	12 mos/seniors/students
M,Tu,W,Th,F,Sa	6/1-9/1	7:00A-9:30P

FITNESS SUPER PASS

(Ages 16 & up) The super pass includes fitness center membership AND any of our \$100 punch-card fitness programs. Five different classes are available. Must register in person at LVCC.

401709-01	\$325.00	6 months
M,Tu,W,Th,F,Sa	6/1-9/1	7:00A-9:30P
401709-02	\$325.00	6 mos/senior/student
M,Tu,W,Th,F,Sa	6/1-9/1	7:00A-9:30P



register now for summer camp

www.loudoun.gov/camps

LOVETTSVILLE COMMUNITY CENTER

57 E. Broad Way
Lovettsville, VA 20180

540-822-5284

M-Th 7:00A-7:00P F 7:00A-6:30P

Supply & material fees are due to the instructor at the first class.

LICENSED CHILDCARE

(Ages 3-5) Looking for the perfect childcare solution? Our full and half-time childcare program provides a safe, healthy learning environment. Full-time: \$215/week. Half-time: \$189 or \$165/week depending on schedule. Call for space availability.

LICENSED PRESCHOOL: 2012-13 SCHOOL YEAR

(Ages 3-5) We offer a nine-month preschool program that follows the Loudoun County school calendar. The Virginia Department of Social Services requires proof of current immunizations, proof of age, and a childcare application form. Our program follows Creative Curriculum Approach to Learning. Call for available openings in classes that start in September.

PRESCHOOL AGE PROGRAMS**KIDZ KREW**

(Ages 3½-5) Have a blast with your friends this summer! Arts, crafts, sports, music, and more.

402101-01	\$46.00	
Tu,W,Th	6/19-6/21	10:30A-12:00P
402101-02	\$46.00	
Tu,W,Th	6/26-6/28	10:30A-12:00P
402101-03	\$46.00	
Tu,W,Th	7/10-7/12	10:30A-12:00P
402101-04	\$46.00	
Tu,W,Th	7/17-7/19	10:30A-12:00P
402101-05	\$46.00	
Tu,W,Th	7/24-7/26	10:30A-12:00P
402101-06	\$46.00	
Tu,W,Th	7/31-8/2	10:30A-12:00P
402101-07	\$46.00	
Tu,W,Th	8/7-8/9	10:30A-12:00P

STAY & PLAY

(Ages 3½-5) Bring a lunch and continue the fun of Kidz Krew. Playground time and gym time.

402102-01	\$26.00	
Tu,W,Th	6/19-6/21	12:00P-1:00P
402102-02	\$26.00	
Tu,W,Th	6/26-6/28	12:00P-1:00P
402102-03	\$26.00	
Tu,W,Th	7/10-7/12	12:00P-1:00P
402102-04	\$26.00	

Tu,W,Th	7/17-7/19	12:00P-1:00P
402102-05	\$26.00	
Tu,W,Th	7/24-7/26	12:00P-1:00P
402102-06	\$26.00	
Tu,W,Th	7/31-8/2	12:00P-1:00P
402102-07	\$26.00	
Tu,W,Th	8/7-8/9	12:00P-1:00P

SUMMER TWO'S AND THREE'S

(Ages 2½-3½ w/o parent) Introduce your child to a group setting through music, art and games. Pack a small snack.

402105-01	\$45.00	
Tu,W	6/19-6/27	8:30A-10:00A
402105-02	\$45.00	
Tu,W	7/10-7/18	8:30A-10:00A
402105-03	\$45.00	
Tu,W	7/24-8/1	8:30A-10:00A

MAKE IT MONDAYS!

(Ages 4-6) Make It Mondays is a great way to start off the week! Enjoy making fun crafts, spending time with friends and playing outside! See themes and ages below. Instructor: Annamarie Scalia.

402103-01	\$16.00	Green Slime/4-6
M	6/4-6/4	10:30A-12:00P
402103-02	\$16.00	Dad's Rock/4-6
M	6/11-6/11	10:30A-12:00P
402103-03	\$16.00	Circus Fun/5-6
M	7/2-7/2	10:30A-12:00P
402103-04	\$16.00	Teddy Bear Picnic/4-6
M	7/9-7/9	10:30A-12:00P
402103-05	\$16.00	Sand Play/4-6
M	7/16-7/16	10:30A-12:00P
402103-06	\$16.00	Back to School/5-6
M	7/23-7/23	10:30A-12:00P

ELEMENTARY AGE PROGRAMS**KIDZ ZONE**

(Grades 1-5) Swimming, sports, arts, crafts, and more. Please pack a lunch. Instructor: Denise Dant.

402200-01	\$81.00	
Tu,W,Th	6/12-6/14	9:30A-1:30P
402200-02	\$81.00	
Tu,W,Th	6/19-6/21	9:30A-1:30P
402200-03	\$81.00	
Tu,W,Th	6/26-6/28	9:30A-1:30P
402200-10	\$81.00	
M,Tu,Th	7/2-7/5	9:30A-1:30P
402200-04	\$81.00	
Tu,W,Th	7/10-7/12	9:30A-1:30P
402200-05	\$81.00	
Tu,W,Th	7/17-7/19	9:30A-1:30P
402200-06	\$81.00	
Tu,W,Th	7/24-7/26	9:30A-1:30P

402200-08	\$81.00	
Tu,W,Th	8/7-8/9	9:30A-1:30P
402200-09	\$81.00	
Tu,W,Th	8/14-8/16	9:30A-1:30P

DIP & DODGE

(Ages 6-11) Classic, Scramble, War, Dr. Dodge, Ultra Ball, Battleship - we'll play all these versions of dodgeball! Once we are done, we'll cool off at the pool. Cost includes pool admission. Instructor: Denise Dant.

402242-01	\$26.00	
F	6/15-6/15	10:00A-1:30P
402242-03	\$26.00	
F	7/6-7/6	10:00A-1:30P
402242-04	\$26.00	
F	8/3-8/3	10:00A-1:30P
402242-05	\$26.00	
F	8/17-8/17	10:00A-1:30P

New! BASEBALL CAMP

(Ages 6-12) Players will learn, proper throwing and catching mechanics, fielding, base running, hitting, sportsmanship, and how to love the game of baseball!

Coach Pitch

402215-01	\$121.00	Ages 6-8
M,Tu,W,Th,F	6/18-6/22	8:30A-10:30A

Kid Pitch

402215-02	\$121.00	Ages 9-12
M,Tu,W,Th,F	8/13-8/17	8:30A-10:30A

CAMP NERF

(Ages 6-11) Spend a couple hours completing missions, obstacle courses, swimming, and more! Bring your own Nerf Gun.

402214-01	\$26.00	
M	6/25-6/25	12:30P-4:00P
402214-02	\$26.00	
M	7/30-7/30	12:30P-4:00P

TENNIS

(Ages 6-12) Learn the basic fundamentals of tennis, while having fun. Participants will learn grip, strokes, serve, how to keep score and how to play a game. Bring a racquet and water. Instructor: Lucia Jacangelo.

402224-01	\$107.00	Beginner
M,Tu,W,Th	7/9-7/12	9:00A-11:00A
402224-02	\$107.00	Beginner
M,Tu,W,Th	7/16-7/19	9:00A-11:00A
402224-03	\$107.00	Advanced Beginner
M,Tu,W,Th	8/6-8/9	9:00A-11:00A

402224-04	\$107.00	Advanced Beginner
M,Tu,W,Th	8/13-8/16	9:00A-11:00A

PRE-ENGINEERING WITH LEGO®

(Ages 5-6) Students will build cities, bridges, and motorized cars/planes and explore the many creative possibilities of engineering with the LEGO® system. Your child will have the opportunity to build what they have only dreamed of with access to over 100,000 pieces, and the support of an experienced Play-Well Engineering instructor.

402226-01	\$161.00	
M,Tu,W,Th,F	7/23-7/27	9:00A-12:00P
402226-02	\$161.00	
M,Tu,W,Th,F	8/6-8/10	9:00A-12:00P

ENGINEERING FUNDAMENTALS

(Ages 7-11) Students take on real-life engineering challenges that explore concepts in physics, architecture, mechanical and structural engineering with over 100,000 LEGO pieces. Designed by engineers, the curriculum challenges both new and returning students to reach the next level while having fun.

402225-01	\$161.00	
M,Tu,W,Th,F	7/23-7/27	1:00P-4:00P
402225-02	\$161.00	
M,Tu,W,Th,F	8/6-8/10	1:00P-4:00P

MIDDLE & HIGH SCHOOL AGE PROGRAMS**TEEN LOVCC**

(Ages 13-17) Give back to your community by volunteering. Assist our center with special events, event set-up and take down, children's arts, crafts and games. Application and interview is required. Please email Patty.Edleblute@loudoun.gov for more information.

TEEN OPEN GYM

(Grades 6-12) Get out of the HEAT and gather your friends for drop-in basketball or other gym activities. Drop-in times are subject to change. No registration required.

Pay at door	\$1.00	
M, W	6/11-8/15	4:00P-6:00P

MULTIAGE PROGRAMS**FAMILY POOL NIGHT**

(All ages) Bring the whole family for a refreshing

good time. Enjoy games, music, and other fun pool-side activities!

Pay at door	\$3/Ages 3 & up, \$.50/Ages 2 & under	
W	6/13-6/13	7:15P-9:00P
Pay at door	\$3/Ages 3 & up, \$.50/Ages 2 & under	
W	6/20-6/20	7:15P-9:00P
Pay at door	\$3/Ages 3 & up, \$.50/Ages 2 & under	
W	6/27-6/27	7:15P-9:00P
Pay at door	\$3/Ages 3 & up, \$.50/Ages 2 & under	
W	7/11-7/11	7:15P-9:00P

ADULT FITNESS PROGRAMS**ZUMBA**

(Ages 18 & up) Zumba is a Latin-inspired, "feel happy" fitness class that tones the body with easy-to-follow steps for any fitness level! Bring water and wear comfortable clothing. For more information or to be added to the Adult Fitness email list, contact Patty.Edleblute@Loudoun.gov.

\$100/punch card, \$8.00/drop-in		
M,W	6/4-7/30	7:00P-8:00P

TENNIS SINGLES LADDER

(Ages 18 & up) A tennis ladder is a way for tennis enthusiasts to meet other similarly-skilled players for matches at mutually convenient times. The goal of the ladder is to have fun, meet new players and improve your level of play by issuing or accepting as many challenges as you can handle. Email Patty.Edleblute@loudoun.gov for information or to join the ladder.

SENIOR PROGRAMS**SOCIAL SENIORS**

(Ages 55 & up) Home cooked meals and great socialization on the first and third Thursday of the month. Occasional guest speakers.

302620-01	\$5.00	
Th	6/21-8/2	12:00P-1:30P

BLOOD PRESSURE CHECKS

(Ages 18 & up) The Loudoun Hospital Mobile Care Unit will be at the center on the third Thursday for Blood Pressure Checks. No registration required.

Free event		
Th	6/21-8/2	11:30A-12:00P

LOUDOUN COUNTY PRCS**LIKE US ON****facebook**

LUCKETTS COMMUNITY CENTER

42361 Lucketts Road
Leesburg, VA 20176
703-771-5281

M, Tu, W, Th F 7:00A-6:00P

Supply & material fees are payable to the instructor at the first class.

LICENSED CHILDCARE

(Ages 3-5) Looking for the perfect childcare solution? Our full and half-time childcare program provides a safe, healthy learning environment. Full-time: \$215/week. Half-time: \$189 or \$165/week depending on schedule. Call for space availability.

LICENSED PRESCHOOL: 2012-13 SCHOOL YEAR

(Ages 3-4) We offer a nine-month preschool program that follows the Loudoun County school calendar. The Virginia Department of Social Services requires proof of current immunizations, proof of age, and a childcare application form. Our program follows Creative Curriculum Approach to Learning. Call for available openings in classes that start in September.

PRESCHOOL AGE PROGRAMS

PAUL BUNYAN DAY

(Ages 4-6) Meet your friends and have fun learning about this giant of a man and his blue ox "Babe". We'll celebrate his day in a GIANT way with wonderful stories, crafts and a snack.

Pay at door \$10.00
Th 6/28-6/28 10:00A-12:00P

TEDDY BEAR PICNIC

(Ages 3-6) Bring your favorite bear and a picnic lunch. We'll supply drinks and dessert. We'll also make a teddy bear craft and read teddy bear stories.

Pay at door \$10.00
Tu, 7/10-7/10 11:00A-12:00P

MOON DAY

(Ages 4-6) Celebrate the anniversary of the day a man first walked on the moon. Space stories, crafts and a snack.

Pay at door \$10.00
F 7/20-7/20 10:00A-12:00P

LEGOS AND LUNCH

(Ages 4-6) Mom can catch up on her errands while you have fun building with our LEGOs. After all that work, we'll relax with an "Eggo" lunch.

Pay at door \$10.00
Tu 7/31-7/31 11:00A-1:00P

ICE CREAM SANDWICH DAY

(Ages 4-6) It's National Ice Cream Sandwich Day! We'll celebrate by making our own with cookies and waffles.

Pay at door \$10.00
Th 8/2-8/2 12:00P-1:00P

BOOK LOVER'S DAY

(Ages 3-6) It's story time! We have our special books to read. Bring your favorites as well. A book-related craft and a snack round out this program.

Pay at door \$10.00
Th 8/9-8/9 10:00A-12:00P

ELEMENTARY AGE PROGRAMS

ART IN THE PARK

(Ages 6-11) Let your imagination run wild as we look at the many types of media that can be used to express visual art. This is a time to play and let your creative juices flow!

Pay at door \$15.00
Th 7/5-7/5 2:00P-4:00P

Pay at door \$15.00
Th 7/12-7/12 2:00P-4:00P

Pay at door \$15.00
Th 7/19-7/19 2:00P-4:00P

Pay at door \$15.00
Th 7/26-7/26 2:00P-4:00P

Pay at door \$15.00
Th 8/2-8/2 2:00P-4:00P

Pay at door \$15.00
Th 8/9-8/9 2:00P-4:00P

MULTIAGE PROGRAMS

SENIOR POT LUCK PICNIC IN THE PAVILION

(Ages 55 & up) Enjoy a picnic with friends on our lovely pavilion. Bring a picnic dish to share.

Free event
W 6/20, 7/18, 8/15 11:00A-1:00P

MIDDLEBURG COMMUNITY CENTER

300 West Washington Street 3rd floor, P.O. Box 888

Middleburg, VA 20118

540-687-6375

Mon-Friday 8:30A-5:00P

Supply & material fees are payable to the instructor at the first class

LICENSED PRESCHOOL: 2012-13 SCHOOL YEAR

(Ages 2-4) We offer a nine-month preschool program that follows the Loudoun County school calendar. The Virginia Department of Social Services requires proof of current immunizations, proof of age, and a childcare application form. Our program follows Creative Curriculum Approach to Learning. Call for available openings in classes that start in September.

PRESCHOOL AGE PROGRAMS

See summer camp guide for all summer preschool programs.

ELEMENTARY AGE

See summer camp guide for additional elementary age programs.

New! PLAY-WELL ENGINEERING CAMPS

(Ages 5-11) Students take on real-life engineering challenges that explore concepts in physics, architecture, mechanical and structural engineering with over 100,000 LEGO pieces. This curriculum challenges both new and returning students to reach new levels of creativity.

408212-01	\$150.00	Ages 5-6
M, Tu, W, Th, F	7/2-7/6	9:00A-12:00A
408212-02	\$150.00	Ages 7-11
M, Tu, W, Th, F	7/2-7/6	1:00P-4:00P
408212-03	\$150.00	Ages 5-6
M, Tu, W, Th, F	7/30-8/3	9:00A-12:00P

Don't get left out...

**Pick up a copy of the 2012
Summer Camp Guide
at PRCS Centers and Parks**



408212-04 \$150.00 Ages 7-11
M,Tu,W,Th,F 7/30-8/3 1:00P-4:00P

PHILIP A. BOLEN MEMORIAL PARK

42405 Claudia Drive
Leesburg, VA 20175

571-258-3487

Park Hours: Daily dawn – dusk
Office: M-F 8:30A-5:00P

**Supply & material fees are payable to the
instructor at the first class**

INSTRUCTORS WANTED!

We're looking for instructors who are willing to share their talents with the community in nature and education. Please call 571-258-3744.

VOLUNTEER OPPORTUNITIES

Eagle Scout Projects – We welcome Eagle Scouts for trail building, blue bird trail development and other projects. Call for details and to schedule.

Community Services For High School

Students – It's never too early to get started on collecting your community service hours. Please contact us for current volunteer projects.

Invasive Weed Removal - Go to war against invasive weeds! Work out by pulling garlic mustard and stomping Japanese honeysuckle into the mud. Instead of ripping your hair out from stress, take it out on invasive pests. Join the fight at Philip Bolen Memorial Park.

NEW TRAILS OPEN!

Did you know our park includes 200 acres of woods, meadows, and stream valleys? The first of our woodland and meadow trails are now open. Bring the family and see what we've done so far!

MULTIAGE HIKES AND INTERPRETIVE PROGRAMS

For the following programs, children under six must be accompanied by an adult, unless noted. Minimum numbers required to run programs; please call or register in advance. All programs may include outside activities or a hike, please dress appropriately.

CAMPFIRES AT BOLEN

(All ages) Enjoy an evening in the park with the whole family. All of our campfires include a short interactive program or hike. You'll definitely want to attend more than one! Come early and have a picnic. Bring blankets or chairs. We'll bring the marshmallows and toasting sticks. Call 571-258-3487 to register.

\$4/person, \$10/family, Free/ages 2 & under

Night Hike and Storytelling

F 6/29-6/29 7:00P-9:00P

Astronomy

F 7/27-7/27 7:00P-9:00P

STROLLIN' AT BOLEN

(Ages 5 & up) Whether you want to walk in a creek, check out the butterflies and flowers, look to see who is using the birdhouses along the Bluebird Trail, or just check out nature, join the Bolen Strollers. Children under 6 must be accompanied by an adult. All classes start at 4:30 p.m. at the park office. Please call or check out park kiosks for the current schedule. Additional classes may be offered, subject to demand. Walk-ins are welcome, but minimum numbers are required to run programs. Please call or register in advance.

\$4/person, \$10/family

Wild Woods

M 6/18-6/18 4:30P-5:15P

T 6/26-6/26 4:30P-5:15P

Creek Walk

W 6/20-6/20 4:30P-5:15P

F 6/22-6/22 4:30P-5:15P

Flitter, Flutter, Flying Critters

Th 6/28-6/28 4:30P-5:15P

Climb, Swing, Zip Line

(Ages 9 & up) Bring your friends and family for Upward Enterprise's Challenge Course. Enjoy three hours of fun and excitement. Ride our 600-foot zip line through the trees and continue the adventure through our tree top canopy tour. Tackle the 50-foot climbing tower and check out the awesome view! Will you be able to catch the trapeze bar when you leap from the 22-foot pumper pole? Come and find out! Depart/Return: Philip Bolen Memorial Park office.

475780-01 \$55.00
Sa 7/7-7/7 8:00A-2:00P

475780-02 \$55.00
Sa 8/4-8/4 8:00A-2:00P

475780-03 \$55.00
Su 8/19-8/19 8:00A-2:00P

TEEN & ADULT PROGRAMS

Participants under 14 must be accompanied by a registered adult unless otherwise noted. Minimum numbers required to run programs; please call or register in advance. All programs may include outside activities or a hike.

TUBING ON THE ANTIETAM

(Ages 8 & up) This 4-5 hour tubing trip has it all! You will begin your trip a quarter mile below the historic Burnside Bridge, and float through sections of Antietam National Battlefield. Your cares will float away on the riffles and ledges of this scenic, begin-

ner whitewater stream. Transportation provided from Philip Bolen Memorial Park office. Bring lunch and water. No prior experience necessary.

475731-01 \$39.00
M 7/9-7/9 9:00A-5:00P

INTRODUCTION TO KAYAKING

(Ages 10 & up) This four-hour lesson combines on-land and on-water activities for teaching the fundamentals of kayaking. River & Trail Outfitters provide experienced instructors and all necessary gear. Lunch and transportation is provided from the Philip Bolen Memorial Park office. No prior experience necessary.

475732-01 \$79.00
M 7/30-7/30 8:00A-3:00P

DISCOVER SIT-ON-TOP KAYAKING

(Ages 12 & up) This four-hour kayak lesson will teach you to maneuver in whitewater. River & Trail Outfitters provide experienced instructors and all necessary gear. Lunch and transportation provided from Philip Bolen Memorial Park office. No prior experience necessary.

475733-01 \$79.00
M 7/23-7/23 8:00A-3:00P

475733-02 \$79.00
M 8/13-8/13 8:00A-3:00P

RIVER & TRAIL ECO TOUR

(Ages 12 & up) We'll study the health of the Potomac River on this seven-mile canoe trip. Program includes macro-invertebrate study, water testing and riparian reptile exploration. River & Trail Outfitters provide experienced instructors and all necessary gear. Transportation provided from Philip Bolen Memorial Park office. Bring lunch and water. No prior experience necessary.

475735-01 \$65.00
M 6/25-6/25 9:00A – 4:00P

475735-02 \$65.00
M 7/9-7/9 9:00A – 4:00P

475735-03 \$65.00
M 8/6-8/6 9:00A – 4:00P

REGISTER ONLINE!

Visit [www.loudoun.gov/
webtrac](http://www.loudoun.gov/webtrac).

PHILOMONT COMMUNITY CENTER

36592 Jeb Stuart Road
Philomont, VA 20131

540-338-5882

M-F 8:30A-5:00P

Supply & material fees are payable to the instructor at the first class

Pre-registration is required a minimum of 48-hrs prior to an event, unless otherwise stated.

LICENSED PRESCHOOL: 2012-13 SCHOOL YEAR

(Ages 2½-5) We offer a nine-month preschool program that follows the Loudoun County school calendar. The Virginia Department of Social Services requires proof of current immunizations, proof of age, and a childcare application form. Our program follows Creative Curriculum Approach to Learning. Call for available openings in classes that start in September.

PRESCHOOL AGE PROGRAMS

TOTS 3 DAY THEME CAMPS

(Ages 3-5) Enjoy our exciting new themed summer day camps. Extended days available.

411101-01	\$85.00	Dinosaur
Tu,W,Th	5/29-5/31	9:30A-1:00P
411101-02	\$85.00	Down on the Farm
Tu,W,Th	6/5-6/7	9:30A-1:00P
411101-03	\$85.00	At The Beach
Tu,W,Th	6/12-6/14	9:30A-1:00P
411101-04	\$85.00	Junk Food
Tu,W,Th	6/19-6/21	9:30A-1:00P
411101-05	\$85.00	Insects
Tu,W,Th	6/26-6/28	9:30A-1:00P
411101-06	\$60.00	4 th of July
M,Tu	7/2-7/3	9:30A-1:00P
411101-07	\$85.00	Christmas in July
Tu,W,Th	7/10-7/12	9:30A-1:00P
411101-08	\$85.00	Pass The Spaghetti
Tu,W,Th	7/17-7/19	9:30A-1:00P
411101-09	\$85.00	A Campin' We Will Go
Tu,W,Th	7/24-7/26	9:30A-1:00P
411101-10	\$85.00	Cooking
Tu,W,Th	7/31-8/2	9:30A-1:00P
411101-11	\$85.00	Playdough & Mixes
Tu,W,Th	8/7-8/9	9:30A-1:00P
411101-12	\$85.00	Bookworm
Tu,W,Th	8/14-8/16	9:30A-1:00P

SUMMER LUNCH BUNCH

(Ages 3-5) Yummy in your tummy and a good time with friends! Bring a bag lunch and stay and play after camp or drop in for fun.

411102-01	\$10.00	
Th	5/31-5/31	1:00P-2:30P
411102-02	\$10.00	
Th	6/7-6/7	1:00P-2:30P
411102-03	\$10.00	
Th	6/14-6/14	1:00P-2:30P
411102-04	\$10.00	
Th	6/21-6/21	1:00P-2:30P
411102-05	\$10.00	
Th	6/28-6/28	1:00P-2:30P
411102-06	\$10.00	
Th	7/12-7/12	1:00P-2:30P
411102-07	\$10.00	
Th	7/19-7/19	1:00P-2:30P
411102-08	\$10.00	
Th	7/26-7/26	1:00P-2:30P
411102-09	\$10.00	
Th	8/2-8/2	1:00P-2:00P
411102-10	\$10.00	
Th	8/9-8/9	1:00P-2:30P
411102-11	\$10.00	
Th	8/16-8/16	1:00P-2:30P

BUTTON ART & GAMES

(Ages 3-6) Button, button, who's got the button? Crafting with buttons is fun for all ages and a fun way to recycle.

411103-01	\$12.00	
W	6/6-6/6	1:00P-2:30P

DOUGHNUTS FOR DADS

(Ages 3-6) Celebrate National Doughnut Day playing games and making doughnuts for you and Dad! Dads are welcome to sit in at no additional cost.

411104-01	\$15.00	
F	6/15-6/15	10:45A-12:15P

WET 'N WILD DAY

(Ages 3-6) Cool off in our turtle pool and sprinklers. Pack a towel & lunch for an outdoor picnic. Come in suit & sunscreen.

411105-01	\$10.00	
W	6/13-6/13	1:00P-2:00P
411105-02	\$10.00	
W	7/18-7/18	1:00P-2:00P
411105-03	\$10.00	
W	8/15-8/15	1:00P-2:00P

TREASURE HUNT

(Ages 3-6) A hunting we will go on this fun pirate adventure!

411106-01	\$12.00	
W	6/20-6/20	1:00P-2:30P

NATURE WALK

(Ages 3-6) Discover the wonders of Philomont as we explore a few of the things this great town has

to offer!

411107-01	\$15.00	
F	6/29-6/29	9:00A-11:30A

FLOWER POWER

(Ages 3-6) Dig in & get dirty at this eco-friendly party.

411108-01	\$18.00	
F	7/6-7/6	9:00A-11:30A

BLOCKS & LEGOS

(Ages 3-6) Let your imagination soar building & discovering the possibilities of Legos.

411110-01	\$10.00	
W	7/11-7/11	1:00P-2:30P

SAND ART

(Ages 3-6) You don't have to go to the beach to create great Sand Art! Kids of all ages will love creating colorful, beautiful art work.

411111-01	\$18.00	
F	7/20-7/20	9:00A-11:30A

TRIKES, BIKES, & SCOOTERS

(Ages 3-6) Get off the couch and get active on our trikes, bikes & scooters!

411112-01	\$10.00	
W	7/25-7/25	1:00P-2:30P

CHALK ART

(Ages 3-6) This class is chalk full of artsy, outdoor fun - don't miss it!

411113-01	\$12.00	
W	8/1-8/1	1:00P-2:30P

SNAKES!

(Ages 3-6) Slither and slide, jump and wiggle while learning all about these slippery, slimy creatures.

411114-01	\$18.00	
F	8/3-8/3	9:00A-11:30A

SUN CATCHERS

(Ages 3-6) Soak up the sun as we wrap up the summer making gorgeous sun catchers.

411115-01	\$12.00	
W	8/8-8/8	1:00P-2:30P

ELEMENTARY & MIDDLE SCHOOL AGE PROGRAMS

3-DAY THEME CAMPS

(Ages 6-9) Enjoy our exciting new themed summer day camps. Extended days available.

411201-01	\$85.00	At The Beach
Tu,W,Th	6/12-6/14	9:30A-1:00P

411201-02	\$85.00	Junk Food
Tu,W,Th	6/19-6/21	9:30A-1:00P
411201-03	\$85.00	Insects
Tu,W,Th	6/26-6/28	9:30A-1:00P
411201-04	\$60.00	4 th of July
M, Tu	7/2-7/3	9:30A-1:00P
411201-05	\$85.00	Christmas in July
Tu,W,Th	7/10-7/12	9:30A-1:00P
411201-06	\$85.00	Pass the Spaghetti
Tu,W,Th	7/17-7/19	9:30A-1:00P
411201-07	\$85.00	A Campin' We Will Go
Tu,W,Th	7/24-7/26	9:30A-1:00P
411201-08	\$85.00	Cooking
Tu,W,Th	7/31-8/2	9:30A-1:00P
411201-09	\$85.00	Playdough & Mixes
Tu,W,Th	8/7-8/9	9:30A-1:00P
411201-10	\$85.00	Bookworm
Tu,W,Th	8/14-8/16	9:30A-1:00P

New! RUGBY MINI CAMP

(Ages 9 & up) This two week camp will teach physical endurance, skills of passing and handling, various drills and game plays along with safety and rules of the game. Bring snack and water bottle. Combine this with other Philomont camps for a full day. Instructor: Trevor Dawson.

411202-01	\$100.00	
Tu,Th,F	6/12-6/22	1:00P-4:00P
411202-02	\$100.00	
Tu,Th,F	6/26-7/6	1:00P-4:00P
411202-03	\$100.00	
Tu,Th,F	7/10-7/20	1:00P-4:00P
411202-04	\$100.00	
Tu,Th,F	7/24-8/3	1:00P-4:00P
411202-05	\$100.00	
Tu,Th,F	8/6-8/17	1:00P-4:00P

DOUGHNUTS FOR DADS

(Ages 6-10) See description for Ages 3-6.

411203-01	\$15.00	
F	6/15-6/15	10:45A-12:15P

LEGO MY EGGO

(Ages 6-10) Enjoy a hearty breakfast while you compete in a LEGO Mania Competition. Bring your own LEGOs.

411204-01	\$15.00	
Tu	6/12-6/12	9:30A-11:30A
411204-02	\$15.00	
Tu	7/10-7/10	9:30A-11:30A
411204-03	\$15.00	
Tu	8/14-8/14	9:30A-11:30A

New! SCIENCE MAKES THE WORLD GO 'ROUND

(Ages 7-9) Discover what's going on around you and why. Hands-on experiments with fun projects and activities help you understand our fascinating physical world. Topics include simple machines,

energy, forces, air and water, and sound. Bring a snack and a change of clothes. Combine this with other Philomont camps for a full day. Instructor: Jim Boal.

411205-01	\$50.00	
Tu,Th	6/19-6/21	9:00A-12:00P
411205-02	\$50.00	
Tu,Th	6/26-6/28	9:00A-12:00P
411205-03	\$50.00	
Tu,Th	7/3-7/5	9:00A-12:00P
411205-04	\$50.00	
Tu,Th	7/10-7/12	9:00A-12:00P
411205-05	\$50.00	
Tu,Th	7/17-7/19	9:00A-12:00P
411205-06	\$50.00	
Tu,Th	7/24-7/26	9:00A-12:00P
411205-07	\$50.00	
Tu,Th	7/31-8/2	9:00A-12:00P
411205-08	\$50.00	
Tu,Th	8/7-8/9	9:00A-12:00P

WET 'N WILD

(Ages 6-10) Cool off after camp on our turtle pool and sprinklers. Pack a towel & lunch for an outdoor picnic. Come in suit & sunscreen.

411206-01	\$10.00	
W	6/13-6/13	1:00P-2:00P
411206-02	\$10.00	
W	7/18-7/18	1:00P-2:00P
411206-03	\$10.00	
W	8/15-8/15	1:00P-2:00P

SCIENCE MAKES THE WORLD GO 'ROUND

(Ages 10-12) See description for Ages 7-9.

411207-01	\$70.00	
M,W,F	6/18-6/22	9:00A-12:00P
411207-02	\$70.00	
M,W,F	6/25-6/29	9:00A-12:00P
411207-03	\$50.00	
M,F	7/2-7/6	9:00A-12:00P
411207-04	\$70.00	
M,W,F	7/9-7/13	9:00A-12:00P
411207-05	\$70.00	
M,W,F	7/16-7/20	9:00A-12:00P
411207-06	\$70.00	
M,W,F	7/23-7/27	9:00A-12:00P
411207-07	\$70.00	
M,W,F	7/30-8/3	9:00A-12:00P
411207-08	\$70.00	
M,W,F	8/6-8/10	9:00A-12:00P

SILVER KNIGHTS CHESS CAMP

(Ages 5-14) Spend a week playing and learning about chess from the Silver Knights chess coaches! Campers are broken up into groups by skill level. Each camper receives a T-shirt and a tournament style chess set. Activities include learning openings, tactics, endgames, studying master games, and

playing against fellow students. Instructor: Silver Knights Chess Company

411208-01	\$330.00	
M-F	8/6-8/10	9:00A-4:00P
411208-02	\$150.00	
M-F	8/6-8/10	9:00A-12:00A
411208-03	\$150.00	
M-F	8/6-8/10	1:00P-4:00P

STERLING COMMUNITY CENTER

120 Enterprise Street
Sterling, VA 20164

703-430-9480

Fax: 703-421-3118

M-F 9:00A-9:00P, Sa 9:00A-5:00P

Supply & material fees are payable to the instructor at the first class.

PRESCHOOL AND ELEMENTARY AGE PROGRAMS**PET TIME STORIES**

(Ages 5-7) An instructor will assist each child with writing a story or poem for his/her favorite pet or animal. A trained companion dog will listen to each child's story. This is a great way to help beginner and shy readers and writers enjoy language.

403230-01	\$8.00	
Sa	6/16-6/16	10:00A-12:00P

New! YOUNG ANGLER CAMP

(Ages 7-10) Learn the basics of fresh and saltwater fishing including casting and rigging, knot tying, selecting tackle and lures, and identifying fish. Campers learn by example and observation, and work on skills through repetition. All fishing gear and lifejackets are provided. Campers should dress to get wet, wear closed toe shoes, a hat and sun block, and bring a packed lunch. Camp meets at SCC and travels to private lakes, rivers and the bay.

403203-01	\$551.00	
M-F	6/18-6/22	8:00A-4:00P

TEA PARTIES & TIARAS

(Ages 2½-4 coed) This is a class for the fun loving Prince or Princess! We will learn a mixture of creative movement and pre-ballet, and finish our session with a magical tea party.

403104-01	\$71.00	
Sa	6/23-7/14	10:30A-11:00A
403104-02	\$71.00	
Sa	7/28-8/18	10:30A-11:00A

CRAFTY DANCERS

(Ages 4-9) We'll be darling, dancing lady bugs in

June and ballerina princesses in July! We'll dance for half of the class and make a craft for the other half.

403204-01	\$42.00	
Sa	6/23-6/30	11:00A-12:00P
403204-02	\$42.00	
Sa	7/28-8/4	11:00A-12:00P

HIGHLAND DANCE

(Ages 4 & up) Come learn the basics of Scottish Highland Dance.

403205-01	\$71.00	
M	7/9-8/13	6:45P-7:20P

MULTIAGE PROGRAMS

DROP-IN ACTIVITIES CARD

(All ages) Purchase a SCC Drop In Activities card and never worry about drop in money again! Drop In card can be used for Tot Drop In and Adult Volleyball Drop In. Each card is good for 10 visits.

403700-01	\$25.00	
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New! KIDS CAN WRITE, PIRATES CAN'T

(Ages 8-12) This new, third Thursday creative writing series is for kids who love to write, as well as those who are still finding their writer's voice. An instructor leads a warm-up and brainstorming session; then a costumed actor joins the group to be interviewed about being a pirate. Session ends with a free-write (prose, poetry, or graphic novel).

403210-01	\$9.00	
Th	6/21-6/21	6:30P-8:00P

MOONBOUNCE FRIDAYS

(Ages 10 & under) The SCC Gym will be transformed into a moonbounce paradise! Drop in for a night of fun.

403701-01	\$6.00	
F	6/22-6/22	5:30P-7:30P
403701-02	\$6.00	
F	7/13-7/13	5:30P-7:30P
403701-03	\$6.00	
F	8/10-8/10	5:30P-7:30P

New! WILDERNESS SURVIVAL WEEK

(Ages 12 & up) Are you a survivor? Learn techniques to keep yourself alive in the wild including archery, navigation, first aid, finding and purifying water, identifying edible and poisonous plants, tying knots, tracking animals, and more. Field trips to Banshee Reeks Nature Preserve.

403380-01	\$81.00	
M-F	7/9-7/13	1:00P-5:00P
403380-02	\$81.00	
M-F	8/6-8/10	1:00P-5:00P

New! HERO'S JOURNEY

(Ages 8-12) Aspiring heroes and heroines learn about the role of a hero in literature with their favorite series. Activities from Harry Potter, Percy Jackson, Artemis Fowl, and The Spiderwick Chronicles (duel with infrared wands, brew potions, battle monsters, and more) are featured. Introduces concepts of archetypes, the everyman, and anti-hero.

403265-01	\$51.00	
M,W	7/9-7/25	6:30P-8:00P

FLOOR BARRE AND MORE

(Ages 16 & up) Enjoy 30 minutes of ballet exercise and ab workouts and stretching.

403208-01	\$71.00	
M	7/9-8/13	7:25P-7:55P

New! KIDS CAN WRITE, ZOMBIES CAN'T

(Ages 8-12) New third Thursday creative writing series! See description for June session.

403211-01	\$9.00	
Th	7/19-7/19	6:30P-8:00P

BEGINNER ARCHERY

(Ages 10-15) Archery is gaining popularity fast! This introductory class teaches safety and different techniques. Participants will be given a lot of hands-on experience and individual attention. A variety of targets and games will be used to test/enhance skills. Attendance at first class is mandatory.

403250-01	\$46.00	
Sa	7/21-8/18	10:00A-11:15A

New! KIDS CAN WRITE, ALIENS CAN'T

(Ages 8-12) New third Thursday creative writing series! See description for June session.

403212-01	\$9.00	
Th	8/16-8/16	6:30P-8:00P

New! BIG FISH CAMP

(Ages 11-15) Camp covers the basics of fresh and saltwater fishing (casting and rigging, knot tying, selecting tackle and lures, and identifying fish). This intensive program includes targeting specific species of fish, reading the water, and navigation safety. Scouts may earn their fishing merit badge. All fishing gear and lifejackets provided. Campers should dress to get wet, wear closed toe shoes, a hat and sun block, and bring a packed lunch. Camp meets at SCC and travels to private lakes, rivers, and the bay.

403304-01	\$551.00	
M-F	8/20-8/24	8:00A-4:00P

MOVE & GROOVE BIRTHDAY PACKAGE

(All ages) Includes two hours of gym fun with

indoor equipment, juice, basic partyware, one decorated head table, and a party coordinator. Price includes 15 youth admissions. \$5.00 for each additional child. Must come into SCC to fill out a party packet.

403585-01	\$175.00
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BIRTHDAY FUN W/ MOONBOUNCES

(All ages) Birthday Fun with Moonbounces includes two hours in our Moonbounce mania gym, juice, basic party ware with one decorated head table, and a party coordinator. Price includes 15 youth admissions. \$5 each additional child. Must come into SCC to pick your date and fill out a party packet.

403586-01	\$190.00
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PRINCESS BIRTHDAY PARTY

(All ages) What better way to celebrate your birthday than with SCC's new themed party packs! Your little ladies will love our Princess Party Pack. This party includes two hours of birthday fun, one decorated head table, basic party ware, and a party coordinator to run a princess craft and games, including a princess obstacle course. Call to schedule your party today!

403587-01	\$175.00
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PIRATE BIRTHDAY PARTY

(All ages) What better way to celebrate your birthday than with one of SCC's new birthday party packs! Your little adventurer will love our Pirate Birthday Party Pack. This party includes two hours of birthday fun, a decorated head table, basic partyware, and a party coordinator to run a pirate craft and pirate games including a scavenger hunt. Price includes 15 youth admissions, \$5 for each additional child. Call to schedule your party today!

403588-01	\$175.00
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DANCE-A-RAMA PJ PARTY

(All ages) What better way to celebrate your birthday than with one of SCC's new birthday party packs! Your children will love our Dance-a-rama PJ Birthday Party Pack. This party includes two hours of birthday fun, a decorated head table, basic partyware, and a party coordinator to run dance-a-rama games and activities. Kids will love dressing in their favorite PJ's for this interactive, playful experience. Price includes 15 youth admissions, \$5 for each additional child. Call to schedule your party today!

403589-01	\$175.00
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DODGEBALL BIRTHDAY PARTY

(All ages) What better way to celebrate your birthday than with one of SCC's new birthday party packs! Your sporty kids will love our Dodge-Podge Dodgeball Birthday Party Pack. This party includes

two hours of birthday fun, a decorated head table, basic partyware, and a party coordinator to run a variety of Dodgeball games and activities. Price includes 15 youth admissions, \$5 for each additional child. Call to schedule your party today!

403590-01 \$175.00

MAD SCIENTIST BIRTHDAY PARTY

(All ages) What better way to celebrate your birthday than with one of SCC's new birthday party packs! Your future scientist will love our Mad Scientist Party Pack. This party includes two hours of birthday fun, a decorated head table, basic partyware, and a party coordinator to run age-appropriate science experiments and building toy activity centers. Experiments can be customized for your child's favorite sciences. Price includes 15 youth admissions, \$5 for each additional child. Call to schedule your party today!

403591-01 \$215.00

ADULT PROGRAMS

SCC PRIVATE LESSONS

(Ages 16 & up) Can't make a class you really want to try? SCC is offering private or small group lessons in Ballroom Dance, Tai Chi, Archery, Cheerleading, Basketball, Self Defense and Personal Fitness. Class fees are based on class and number of lessons. Must register in person at SCC.

403510-01 Price/date varies

DROP-IN VOLLEYBALL

(Ages 18 & up) Drop in on Tuesday and Thursday nights for coed volleyball! Purchase an SCC drop-in activities card (under 403700-01) for \$25 and never worry about drop in money again!

403509-01 \$2.50
Tu,Th 6/5-8/30 7:00P-9:00P

FLOOR BARRE AND MORE

(Ages 16 & up) Enjoy 30 minutes of ballet exercise and ab workouts and stretching.

403208-01 \$71.00
M 7/9-8/13 7:25P-7:55P

TAI CHI

(Ages 16 & up) Tai Chi is well-known as a moving meditation exercise that reduces stress. It is suitable for most ages and fitness levels and improves flexibility, strength, and balance.

403501-01 \$46.00
Sa 7/14-8/18 10:00A-11:00A

SELF DEFENSE

(Ages 18 & up) Beginner self defense focuses on general awareness of surroundings, "hit and run" techniques, and use of personal objects as self defense tools.

403506-01 \$11.00
Sa 7/14-7/14 11:15A-12:30P

BALLROOM DANCE

(Ages 16 & up) Improve your mind and body with ballroom dance. This course covers fox trot, waltz, tango, rumba, swing, and cha-cha! Beginners with

start with basic steps, while experienced students learn variations.

403505-01 \$46.00
Sa 7/14-8/18 1:00P-2:00P

ADULT BEGINNER ARCHERY

(Ages 16 & up) If you have never shot a bow, or the last time you did was summer camp, this introductory class is for you! Safety and different techniques will be emphasized. Participants will be given a lot of hands-on experience and individual attention. A variety of targets and games will be used to test/enhance skills. Attendance at 1st class is mandatory. No class 8/4.

403520-01 \$46.00
Sa 7/21-8/25 11:30A-12:45P

ZUMBA

(Ages 18 & up) Get in shape this summer with Zumba! High tempo music and Latin inspired dance moves will whip your body into shape. This is a great workout for all skill levels.

403502-01 \$36.00
M 7/30-8/20 7:30P-8:30P
403502-02 \$36.00
W 8/1-8/22 7:30P-8:30P

YOGA

(Ages 18 & up) Explore the world of Yoga! This class will draw from Power and Vinyasa yoga, and participants will gain strength, improve flexibility, and learn meditation skills. Wear comfortable clothes.

403500-01 \$36.00
M 7/30-8/20 7:30P-8:45P



2012 NORTHERN VIRGINIA SENIOR OLYMPICS

*Adults 50 and older compete by gender and age group in recreational and athletic events. The 2012 games will be held September 15-26 throughout Northern Virginia. Loudoun County events include **Golf** at Lansdowne Resort and **Badminton** at K-2.*

Register at www.nvso.us. For more information, email ron.yopp@loudoun.gov or call 703-777-0343.



Questions? Give us a call!



Administrative Office

Main Number	703-777-0343
TDD/for deaf or hearing impaired	703-771-5352

Programs and Services

Adaptive Recreation	703-737-8042
Adult Day Services	
Leesburg	703-771-5334
Purcellville	571-258-3402
After School Programs	
CASA	703-737-8042
YAS	703-777-0343
Area Agency on Aging	703-777-0257
Children's Programs and Camps	703-737-8042
Facilities Planning and Development	703-777-0343
Preschool	703-737-8006
Sports, Youth and Adult	703-777-0343
Sports Postponement/Cancellation	703-777-0456
Youth Services	703-777-0343

Centers

Bluemont Community Center	540-338-4485
Carver Center	571-258-3400
Claude Moore Community Center	571-258-3500
Claude Moore Recreation Center	571-258-3600
Douglass Community Center	703-771-5913
Dulles South Multipurpose Center	571-258-3456
Dulles South Senior Activity Center	571-258-3883
Franklin Park Arts Center	540-338-7973
Loudoun Valley Community Center	540-338-4122
Lovettsville Community Center	540-822-5284
Lucketts Community Center	703-771-5281
Middleburg Community Center	540-687-6375
Philomont Community Center	540-338-5882
Senior Activity Center at Leesburg	703-737-8039
Senior Center at Cascades	703-430-2397
Sterling Community Center	703-430-9480

Park Sites (manned)

Banshee Reeks Nature Preserve	703-669-0316
Claude Moore Park	571-258-3700
Franklin Park	540-338-7603
Philip A. Bolen Memorial Park	571-258-3487
Potomack Lakes Sportsplex	703-444-1459



Like us on Facebook at www.facebook.com/loudounprcs

PRCS facilities are Perfect for family or group events and meetings.

Plan your next

family gathering, company picnic, birthday party, wedding or other special occasion
at one of our outdoor pavilions or indoor spaces.

For more information,
visit www.loudoun.gov/pavilions, contact your local
PRCS center or park, or call 703-777-0343.



Ashburn Park	703-777-0343	Banshee Reeks Nature Preserve	703-669-0316
Briar Patch Park	703-777-0343	Bluemont Community Center	540-338-4485
Claude Moore Park	571-258-3700	Carver Center	571-258-3400
Douglass Community Center	703-771-5913	Cascades Senior Center	703-430-2397
Franklin Park	540-338-7603	Claude Moore Community Center	571-258-3500
Lansdowne Sports Park	703-777-0343	Claude Moore Recreation Center	571-258-3500
Loudoun Valley Community Center	540-338-4122	Douglass Community Center	703-771-5913
Lucketts Community Center	703-771-5281	Dulles South Multipurpose Center	571-258-3456
Mickie Gordon Memorial Park	703-777-0343	Heritage Farm Museum	571-258-3800
Old Arcola Community Center	703-777-0343	Leesburg Senior Center	703-737-8039
Philomont Community Center	540-338-5882	Loudoun Valley Community Center	540-338-4122
Potomack Lakes Sportsplex	703-777-0343	Lovettsville Community Center	540-822-5284
Sterling Community Center	703-430-9480	Lucketts Community Center	703-771-5281
		Philomont Community Center	540-338-5882
		Sterling Community Center	703-430-9480

LOUDOUN COUNTY AREA AGENCY ON AGING 2012 CAREGIVER EDUCATIONAL SEMINARS

*Open to caregivers, professionals working in the field, and anyone interested
in learning more about these topics.*



Register for these free events by
calling the Loudoun County Area
Agency on Aging at 703-777-0257
or contacting aaa@loudoun.gov.

You can also register online at
www.loudoun.gov/aaa.

Know the 10 Warning Signs: Early Detection Matters

***Guest Speaker: Nancy Niswander with the
Alzheimer's Association***

**Loudoun County Government Center-
Lovettsville Room**

1 Harrison Street, S.E., Leesburg, VA 20175

Wednesday, July 11, 2012 12:00-1:00 p.m.

Memory loss that disrupts your everyday life is not a typical part of aging. It may be a sign of Alzheimer's, a fatal brain disease that worsens over time and causes changes in memory, thinking and reasoning behavior. Knowing the warning signs of Alzheimer's is vital to being diagnosed early and receiving the best care possible.

Insuring the Safety of People Who Have Alzheimer's

***Guest Speaker: Nancy Niswander with the
Alzheimer's Association***

**Loudoun County Government Center-
Lovettsville Room**

1 Harrison Street, S.E., Leesburg, VA 20175

Friday, July 20, 2012 12:00-1:00 p.m.

Safety begins at home- What should you do? What do you need to know? How do you protect while still allowing independence? Techniques and issues will be discussed.



The Loudoun County Area Agency on Aging is a division of Loudoun County
Department of Parks, Recreation and Community Services

LICENSED PRESCHOOL, AFTER KINDERGARTEN PROGRAM, & PM KIDS CLUB



Our state-licensed, nine-month preschool program follows the Loudoun County public school calendar. Classes are offered for 2½-5 year olds, but ages vary by location. The Virginia Department of Social Services requires proof of current immunizations, proof of age and a childcare application form. Please contact the center for current availability.



PRESCHOOL LOCATIONS

Bluemont Community Center	540-338-4485
Claude Moore Community Center	571-258-3500
Douglass Community Center	703-771-5913
Dulles South Multipurpose Center	571-258-3456
Loudoun Valley Community Center	540-338-4122
Lovettsville Community Center	540-822-5284
Lucketts Community Center	703-771-5281
Middleburg Community Center	540-687-6375
Philomont Community Center	540-338-5882

AFTER K LOCATIONS

Bluemont Community Center	540-338-4485
Dulles South Multipurpose Center	571-258-3456
Loudoun Valley Community Center	540-338-4122
Middleburg Community Center	540-687-6375

PM KIDS CLUB LOCATIONS

Bluemont Community Center	540-338-4485
Lucketts Community Center	703-771-5281
Middleburg Community Center	540-687-6375

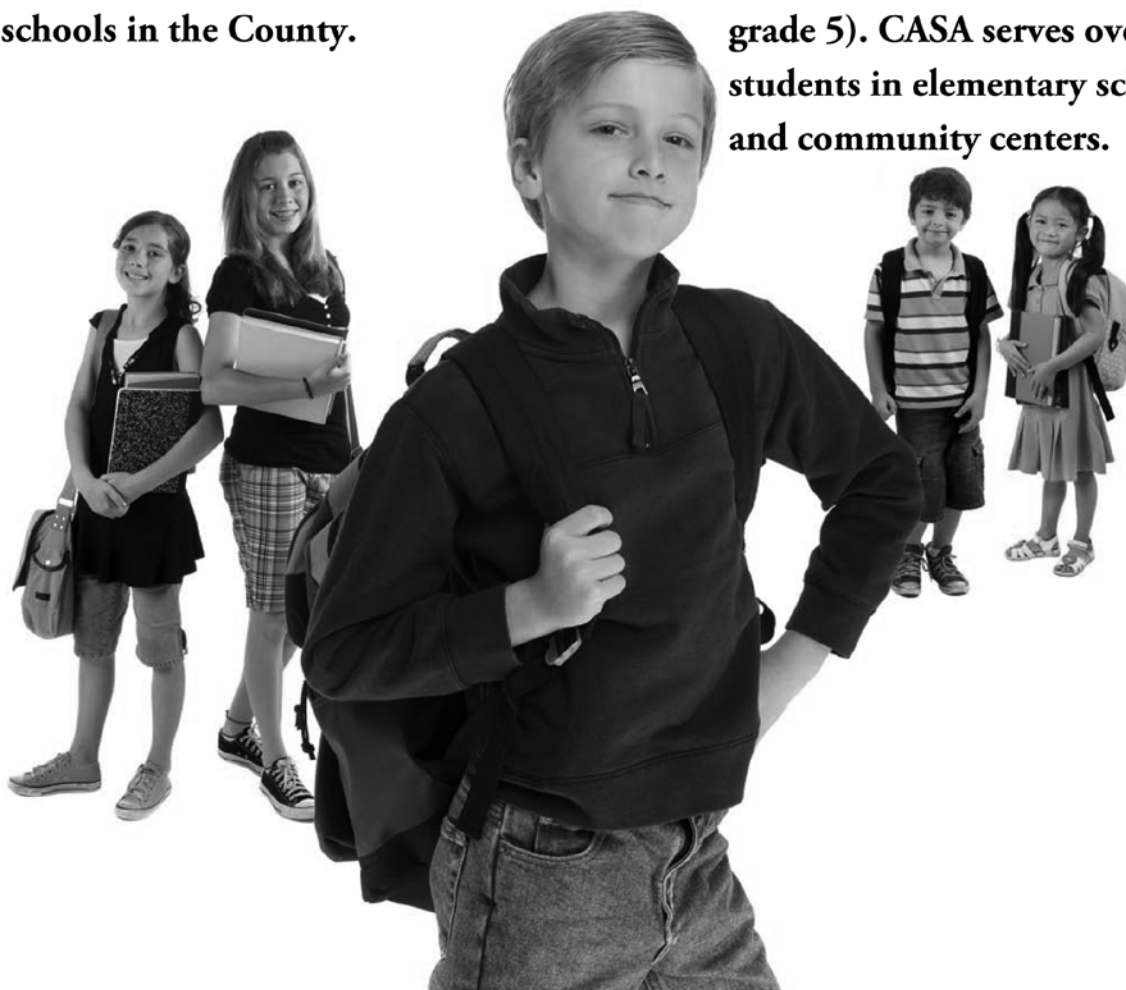


**See the "Licensed Children's Programs" section in this guide for more information.*

Look To PRCS For Your After School Care Needs!

YAS (Youth After School Program) is designed for students in grades 6-8. YAS is available at most middle schools in the County.

CASA (County After School Activities Program) is a state-licensed program for elementary school children (age 5 through grade 5). CASA serves over 1,600 students in elementary schools and community centers.



CASA & YAS offer:

Experienced staff · A safe, healthy environment · Challenging activities
Sports, games, arts & crafts · Music, drama & life skills
Reading & homework time · Special events & lots of fun



For more information, refer to "Licensed Children's Programs" and "Youth Services" in this guide, visit www.loudoun.gov/prcs or call 703-777-0343.

Make a splash this summer with PRCS Outdoor Aquatics Programs

Franklin Park Pool

17501 Franklin Park Drive
Purcellville, VA

540-338-7492 (Pool season)

540-338-7603 (Park office)

May 26 – June 10

M-F 4:00P-8:00P, Sa & Su 11:00A-8:00P

June 11-September 3

Daily 11:00A-8:00P

www.loudoun.gov/franklinpark

Lovettsville Community Pool

57 E. Broad Way
Lovettsville, VA

540-822-5508 or 540-822-5284

May 26-June 10

M-Th 4:00P-7:00P, F 4:00P-6:30P

Sa & Su 12:00P-6:30P

June 11-September 3

M-Th 11:00A-7:00P, F 11:00A-6:30P

Sa & Su 12:00P-6:30P

www.loudoun.gov/lovettsvillecc

Middleburg Community Pool

300 Washington Street
Middleburg, VA 20117

540-687-5130 (Pool)

540-687-6375 (Lessons)

M-Su 12:00P-7:00P

Spring Lakes Community Pool

18351 Orchid Drive
Leesburg, VA

703-777-0343

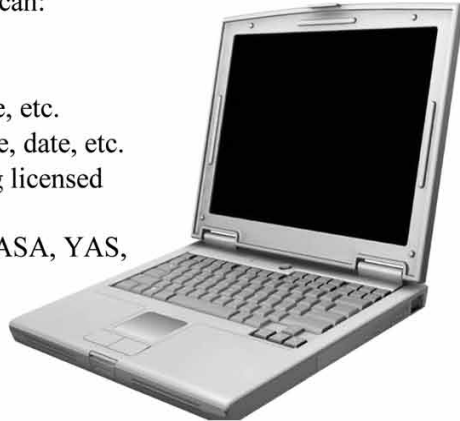
Private pool available only for swimming lessons.



DO YOU WEBTRAC?

With WebTrac, our online registration system, you can:

- Request a new household account
- Retrieve ID and password
- Search for activities by type, location, age range, etc.
- Look up details about an activity including price, date, etc.
- Enroll for most classes and activities (excluding licensed programs)
- Pay existing balances for licensed programs (CASA, YAS, Preschool, etc.)
- Print a transaction history
- Print a childcare statement
- Print old receipts



Visit www.loudoun.gov/webtrac to search for activities or register online.



Winter registration begins
November 17 at 12:01am

Member Login

Username:

Password:


Login

Need an Account? **Click Here**
To retrieve your ID and password
Click Here
Need extra help? **Click Here**


PRCS
215 Depot Ct.
Tax ID# 54-094-8306
Leesburg, VA 20175
Email: prcs@loudoun.gov
Telephone: (703) 777-0343

Welcome to Online Registration

To search for a class:

Choose the class type or location from the list(s).
Use the search functions provided.
Click  (Add to Wishlist) to mark the desired classes.
Log into WebTrac to register.

To register for a class:

Log into WebTrac with your household ID and password.
Your default password is your home phone number with
area code and no dashes.
Select your wishlist or enter the appropriate class
number.
Click  (Add to cart) to proceed.
Proceed to checkout.

Once logged in you can:

Make a payment on an existing balance
Update household information (address, email, etc...)
Update family members (Add new, change ages)
View your shopping history
Reprint receipts
Print a Child Care Statement
Print a roster or calendar of current enrollments

Purchase Theater Tickets Now!



Search for a class

By Type *(click to see all)*

Adaptive Recreation
Aquatics
Fine Arts
Camps
Craft Related
Dance
Drama
Educational
Fitness/Wellness
Cooking/Food
Music
Nature
Sports
Special Events
Teen Programs
Trips/Tours

By Location *(click to see all)*



Loudoun County Department of Parks, Recreation & Community Services Activity Registration

Enrollment for classes and activities is on a first-come, first-served basis. Please have your payment information or check available at the time of registration. Do not send credit card information or cash by mail. Mail-in registrations must include check or money order made out to "County of Loudoun." Send mail-in registrations at least one week before class start day to: *Loudoun County PRCS, 215 Depot Court SE, Leesburg, VA 20175, Attn: Registration*. Licensed programs, camps and adaptive recreation programs require additional forms and/or on-site registration. Consult program description for details. One registration form can be used for multiple household members. Non-county residents are assessed an additional 50% of fees. For more information, visit www.loudoun.gov/prcs or call **703-777-0343**.

HOUSEHOLD INFORMATION

Mother/Guardian _____	Driver's License # or SS # _____	DOB _____
Or Adult Participant (18 & over)	Driver's License # or SS # _____	DOB _____
Father/Guardian _____	SS # _____	DOB _____
Household/Adult Street Address _____		
City _____	State _____	Zip _____
e-mail Address _____	Loudoun County Resident <input type="checkbox"/> yes <input type="checkbox"/> no	
Home Phone _____	Cell Phone _____	
Work Phone _____	Pager _____	
Employer Name & Address _____		
Emergency Contact Name (1) _____	Phone # _____	
Emergency Contact Name (2) _____	Phone # _____	

ADA – The Loudoun County Department of Parks, Recreation and Community Services (PRCS) is committed to complying with the Americans with Disabilities Act (ADA). If you need accommodations in order to participate in PRCS activities, please contact the program or location manger (or PRCS administrative office) two weeks prior to the start of the activity.

PARTICIPANT (S) INFORMATION

Family Member's Name	M or F	DOB	Grade/Age	Activity #	Section	Activity Name	Start Date	Time	Fee
<i>EXAMPLE: John Smith</i>	<i>M</i>	<i>5-2-93</i>	<i>3rd/9</i>	<i>421745</i>	<i>01</i>	<i>Soccer Camp, half-day</i>	<i>6/24</i>	<i>9:00a</i>	<i>\$135</i>

TOTAL ACTIVITY FEES ONLY*: _____

***Supply fees are payable to instructor at first class**

HOW DID YOU FIRST LEARN ABOUT THE ABOVE ACTIVITY(S) OR EVENT(S)?

_____ **PRCS Activity Guide** _____ **County Website** _____ **Facebook** _____ **Newspaper** _____ **Word of Mouth** _____
 PRCS Newsletter/flyer _____ Other (Please list source): _____

PARTICIPANT AGREEMENT

I wish to register my child(ren) and/or myself for the activity(ies) listed above. I recognize that all classes and activities of a physical nature involve some risk and, by registering for a specific activity, I am representing that I understand the possible risks involved with this type of activity. Furthermore, I understand that Loudoun County Department of Parks, Recreation and Community Services will not be responsible for the participant when he/she is traveling to and from said activity via transportation not provided by the County of Loudoun. I understand that registration minimums will be assessed to determine whether or not the activity will be held. Also, by signing below, I give permission for Loudoun County PRCS to use photographs and videos of me or my children for publicity in order to increase community awareness of PRCS programs and in all publications and other media without limitation.

Signature of Parent/Guardian/Participant

Date

Please do not fax registrations. If you have previously registered with PRCS, you can use your household ID number and password to register online at www.loudoun.gov/webtrac.

LOUDOUN COUNTY DEPARTMENT OF PARKS, RECREATION AND COMMUNITY SERVICES

215 Depot Court, SE • Leesburg, VA 20175

Ph: 703-777-0343/TTY 711 • Fax: 703-771-5354

Monday-Friday • 8:30 AM - 5:00 PM

El Departamento de Parques, Recreación y Servicios a la Comunidad puede brindarle asistencia en Español. Por favor, llame al 703-777-0343 y solicite un intérprete.

Our mission is to provide outstanding recreational and leisure opportunities, outcome-focused community services, and stewardship of our natural resources to promote quality of life for Loudoun's residents and visitors. This activity guide highlights the programs, classes and events scheduled from June 15 through August 31, 2012. It is designed with you and your family in mind. We appreciate your comments and suggestions.

**Please feel free to call 703-777-0343
or visit www.loudoun.gov/prcs.**



**Like us on
Facebook!**

